

3 COURSES + COCKTAIL £35

COCKTAIL



Peach + Raspberry Mojito Dead Man's Fingers Spiced Rum, peach puree, raspberry syrup, lime juice, soda + fresh mint (1.9 units)

RECOMMENDED WINES

Favola Extra Dry Prosecco (ve) Italy | 11%

Crisp, refreshing and irresistibly fruity

Sauvignon Blanc, Saint Clair (ve) New Zealand | 13%

Gooseberry, passion fruit and grapefruit

Rioja Reserva, Bodegas Ondarre (ve) Spain | 13.5%

Leather, vanilla and spice, elegant and textured

Côtes de Provence, Château de l'Aumérade France | 12.5%

Cranberry, cherry and a touch of grenadine

SMALL PLATES

Salt + Pepper Squid[~] with Spicy Mayo (423kcal) **+1**

🍷 **Beef Burnt Ends** (377kcal)

🍷 **Garlic King Prawns^{**} with Stonebaked Flatbread** (419kcal) **+1**

Chimichurri Flatbread (ve) (414kcal)

🍷 **BBQ Sticky Chicken Wings[^]** (353kcal)

HAND-CUT STEAKS

MATURED FOR 30 DAYS FOR THE BEST FLAVOUR AND TEXTURE, ALL SERVED WITH SAMPHIRE AND YOUR CHOICE OF OUR HOUSE SALAD (148KCAL) OR BEEF DRIPPING TRIPLE-COOKED CHUNKY CHIPS (400KCAL). WE ARE PASSIONATE ABOUT SOURCING AND SERVING UP CAREFULLY SELECTED STEAKS FROM BRITISH AND IRISH ANGUS BREEDS.

1 CHOOSE YOUR CUT

Rump 8oz^{*}

A prime cut from the rump heart, full of flavour with a firm texture (325kcal)

Sirloin 8oz^{*} +3

Succulent and tender with delicate flavour (355kcal)

Ribeye 10oz^{*} +4

Marbling gives this great steak a soft texture and rich flavour (503kcal)

Fillet 8oz^{*} +5

The most lean and tender of all the steaks (341kcal)

+ Add 4oz^{*} to any cut for +6

+ Add Truffle & Porcini Butter to any steak, just ask! (+183kcal)

2 SURF YOUR TURF

🍷 **Add Garlic King Prawns^{**}** (+184kcal) **+6**

🍷 **Add Garlic Canadian King Scallops^{**}** 🍷 (+223kcal) **+6**

Or top with both^{}** (+404kcal) **+10**

3 ADD SAUCE

Peppercorn (+39kcal) **+2**

Signature Block Steak Sauce (ve) (+72kcal) **+2**

Chimichurri (ve) (+134kcal) **+2**

Diane[^] (+61kcal) **+2**

4 ADD EXTRA SIDES

Mexican Loaded Skin-on Chips (v) **+5.75**

Mexican seasoning, cheese sauce, Pico de Gallo (416kcal)

Beer-Battered Onion Rings[^] (v) (280kcal) **+4.75**

Garlic Mushrooms (v) (119kcal) **+4.25**

Grilled Asparagus (v) (36kcal) **+4.75**

House Salad (ve) (148kcal) **+4.25**

SPECIALITY CUT

Steak Sampler +7

4oz^{*} fillet, 4oz^{*} rump and 4oz^{*} sirloin. Beer-battered onion rings[^], beef dripping triple-cooked chunky chips, samphire and your choice of steak sauce (1,050kcal without steak sauce)

MAINS

TACO BOARDS

Soft corn tacos served alongside your choice of filling, to build as you like with chunky guacamole, Pico de Gallo and pickled red onion. Served with Mexican loaded skin-on chips

Fish Tacos^{}** 🍷

Beer-battered fish goujons, spicy mayo (1,282kcal)

🍷 **Chicken Tacos**

Mango, peach and habanero chicken breast (971kcal)

🍷 **Mushroom Tacos (V)**

Flat mushrooms, crumbled white cheese (1,010kcal)

Mighty Block Burger

6oz^{*} beef patty, mature Cheddar cheese sauce, crispy onions, beef burnt ends, pickled cucumber, burger sauce. Served in a brioche-style bun with lettuce, tomato and fried red onion, with skin-on chips on the side (1,248kcal)

Chargrilled Seabass Fillets^{}**

Mediterranean vegetables, roasted potatoes, red pepper and harissa sauce (530kcal)

🍷 **Chimichurri Mixed Vegetables (ve)**

Red peppers, flat mushroom, asparagus, tomato, potatoes, corn on the cob, harissa & red pepper sauce (775kcal)

+ 4oz^{*} Sirloin (+175kcal) **+5**

+ Seabass Fillet^{}** (+127kcal) **+5**

+ Chicken Breast (+155kcal) **+4**



DISCOVER OUR CHARCOAL OVEN

Look out for the Kopa symbol across the menu

Charcoal oven cooking creates full flavour + great taste. We use smouldering charcoal to sear our meat + keep our cuts juicy. The purest form of cooking for the ultimate flavour, the Bar + Block experience.

SUNDAY ROAST 12-6PM

WITH A YORKIE, BEEF DRIPPING ROASTIES, HONEY-GLAZED PARSNIPS, ROASTED CARROTS, MIXED GREENS, GRAVY

Roast Sirloin of Beef

30-day-aged Aberdeen Angus sirloin. Cooked medium (1,165kcal)

Pigs in Blankets (279kcal) **+4.75**

Slow-Cooked Rib of Beef +7

With oak-smoked paprika seasoning (1,738kcal)

Truffle-Flavoured Cauliflower Cheese (v) (306kcal) **+4.75**

Roast Chicken Breast

With Pigs in Blankets (1,204kcal)

Truffle-Flavoured Mac + Cheese (v) (536kcal) **+4.75**

DESSERTS

Chocolate Torte[°] (ve)

With freeze-dried raspberries, mixed berries (284kcal)

+ Vanilla Ice Cream (v) (+70kcal) **+1**

+ Vanilla Vegan Ice Cream (ve) (+90kcal) **+1**

Eton Mess[°] (v)

Meringue, mixed berries, whipped cream (258kcal)

Churro Dulce De Leche Sundae (v) +1

Cinnamon sugar churros, vanilla ice cream, dulce de leche, corn flakes, cream (843kcal)

Mini Pud + Hot Drink (v)

Mini triple chocolate brownie, your choice of hot drink (261kcal without hot drink)

Cheddar Cheeseboard (v)

Single +1 / Sharer +2

Crackers, onion confit, crisp celery and apple

Single (886kcal) / Sharer (1,772kcal) Serves 2

Adults need around 2,000 kcal a day



MOTHER'S DAY SET MENU £35

SUNDAY 30TH MARCH



BAR+BLOCK
STEAKHOUSE

Scan the QR code to see
our Non-Gluten-Containing
Ingredients menu



Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Menu descriptions may not list every individual ingredient, so please ask for more information. Ingredients can occasionally be substituted or changed at short notice, so please review the allergy information on the website at the time of your visit and ask your server when you arrive. "V" = suitable for vegetarians. "Ve" = suitable for vegans and vegetarians. Our vegan dishes are made to a vegan recipe, but we cannot guarantee that they are suitable for those with MILK or EGG allergies. *Approximate weight uncooked. **May contain small traces of alcohol. ***May contain bones or shell pieces. Fish, meat and poultry dishes may contain bones. *May contain fruit stones. ~Contains tentacles and rings. The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information. Three courses comprise of a Starter, Main and Dessert. Any additional sides, upgrades or add-ons will be charged at full price. Management reserves the right to withdraw this offer at any time and without prior notice. Products subject to availability. For more information, please refer to our menu. Enjoy our complimentary beef-seasoned popcorn (117kcal) while browsing through the menu.

be **drinkaware**.co.uk