

LUNCH + EARLY DINNER

11:30AM-5PM MON-FRI | A SELECTION OF MAINS FOR **£10.00**
+ A SECOND COURSE FOR **£3.50**

STARTERS

+3.50

BBQ Sticky Chicken Wings[^] 🌿 (351kcal)

Mac + Cheese Bites (v) (413kcal)

Padron Peppers (ve) 🌿 (38kcal)

Salt + Pepper Squid^{~^}
Lemon aioli (515kcal)

Hand-Cut Halloumi Fries (v) (423kcal)

MAINS

10.00

Served with a choice of either skin-on chips (+316kcal)
or house salad (+144kcal) excluding sea bass or salad.

Classic 6oz* Beef Burger

6oz* beef patty, brioche-style bun, lettuce, tomato,
fried red onions, burger sauce (775kcal)

+ 6oz* Beef Burger Patty (+461kcal) **+3.00**

+ Cheddar Cheese Slice (v) (+83kcal) **+1.00**

+ Dry-Cured Oak-Smoked Streaky Bacon (+63kcal) **+1.00**

Plant-Based Burger (ve)

GARDEN GOURMET[®] Sensational[™] patty, brioche-style bun,
lettuce, tomato, fried red onions, burger sauce (515kcal)

+ Violife slice (ve) (+57kcal) **+1.00**

+ THIS[™] Isn't Bacon (ve) (+57kcal) **+1.00**

Steak Sandwich

Rump steak, fried red onions, tomato, rocket, mayo,
stonebaked flatbread (518kcal)

+ Cheddar Cheese Slice (v) (+83kcal) **+1.00**

Open Club Sandwich

Stonebaked flatbread, dry-cured oak-smoked bacon,
chicken breast, guacamole, tomato, lettuce, mayo,
soft boiled egg (644kcal)

Steak + Frites

Rump steak, garlic butter (668kcal)

+ Upgrade to an 8oz* sirloin (792kcal) **+4.50**

Beer Battered Fish + Chips^{***}

Garden peas, tartare sauce (1,008kcal)

Chargrilled Sea Bass Fillet^{**}

With a tomato, red onion, cucumber + feta salad, harissa
red pepper sauce, stonebaked flatbread (422kcal)

Bar + Block House Salad (ve)

Sweetcorn, avocado, mixed tomatoes, red onion,
cucumber, cos lettuce, French dressing (220kcal)

+ 4oz* Sirloin (+175kcal) **+2.00**

+ Sea Bass Fillet^{**} (+127kcal) **+2.00**

+ Chicken Breast (+156kcal) **+2.00**

Red Pepper + Harissa Chicken Burger 🌿

Marinated chicken breast, feta, roasted red onions,
rocket (531kcal)

+2.00

Beef, Mushroom + Truffle Burger

6oz* beef patty, grilled flat mushroom, truffle mayo,
truffle + porcini butter, crispy onions (930kcal)
Go veggie, swap your patty for halloumi (v) (821kcal)

+2.00

SIDES

Beer-Battered Onion Rings[^] (v) (436kcal) **4.75**

Truffle-Flavoured Mac + Cheese (v) (536kcal) **4.75**

House Salad (ve) (144kcal) **4.25**

Grilled Asparagus (v) (36kcal) **4.75**

Garlic Mushrooms (v) (119kcal) **4.25**

Upgrade your skin-on chips on any main:

**Beef Dripping Triple-Cooked
Chunky Chips** (400kcal) **+0.50**

Loaded Skin-On Chips (v) (416kcal) **+1.50**

DESSERTS

+3.50

Triple Chocolate Brownie (v)

Vanilla ice cream, dulce de leche sauce (620kcal)

Belgian Chocolate Cookie Dough (v) 🌿

Vanilla ice cream, speculoos crumb (772kcal)

Lemon + Raspberry Semifreddo (ve) (428kcal)

Peach Melba Eton Mess[°] (v) (387kcal)

Sticky Toffee Pudding (v)

Vanilla ice cream (594kcal)

Adults need around 2,000kcal a day

BAR+BLOCK

STEAKHOUSE

LUNCH + EARLY DINNER

We've teamed up with Pennies, the digital charity box, to help support our partner GOSH Charity. Just press 'yes' when you pay by card to donate 25p. Every penny you give goes to charity: 95% to Great Ormond Street Hospital Children's Charity (registered charity no. 1160024) and 5% to Pennies (registered charity no. 1122489).



Adults need around 2,000kcal a day

Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Menu descriptions may not list every individual ingredient, so please ask for more information. Ingredients can occasionally be substituted or changed at short notice, so please review the allergy information on the website at the time of your visit and ask your server when you arrive. The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information. "v" = suitable for vegetarians. "ve" = suitable for vegans and vegetarians. Our vegan dishes are made to a vegan recipe, but we cannot guarantee that they are suitable for those with MILK or EGG allergies. *Approximate weight uncooked. **May contain bones or shell pieces. *Contains tentacles and rings. *May contain small traces of alcohol. *May contain fruit stones/stone fragments. Fish, meat and poultry dishes may contain bones. Dishes do not list every ingredient, please ask for more information. Enjoy our complimentary beef-seasoned popcorn (117kcal) while browsing through the menu. All prices include VAT. GARDEN GOURMET® - Reg. Trademark used in agreement with the Trademark owner. Terms and conditions: Management reserves the right to withdraw/change offers (without notice), at any time.



Seafood with this mark comes from an MSC certified sustainable fishery. www.msc.org MSC-C-55716