



Allergy Information Guide Information:

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any “**may contains**” information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before as ingredients may be substituted or changed at short notice.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut) , Pecan, Pistachio, Walnut) and products thereof.**

Items that are added as a choice, upgrade or addition must be checked and the allergen information considered in addition to the main meal.

Our vegan dishes are made to a vegan recipe but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Please speak to your server if you any dietary requirements.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

KEY FOR BAR + BLOCK STEAKHOUSE ALLERGY INFORMATION GUIDE

Yes The allergen is present

Yes Suitable for ovo-lacto vegetarians/ vegans

No Not suitable for ovo-lacto vegetarians/ vegans



Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
2024 BAR AND BLOCK VALENTINES MENU ALLERGY DATA																											
BEEF POPCORN																											
Popcorn BB CP (10001658)																										No	No
Beef Dripping (54419)																										No	No
Beef Seasoning (10003386)																										Yes	Yes
STARTERS																											
SALT + PEPPER SQUID																											
Calamari (10000512)	Yes					Yes				Yes																No	No
Cracked Black Peppercorns (10004196)	Yes									Yes																No	No
Lemon Garlic Mayo (10004009)						Yes																				Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Lemons (54602, 54722)																										No	Yes
Chillies Red (54235)																										Yes	Yes
CANADIAN KING SCALLOPS																											
MSC Canadian Scallops (10001110)							Yes			Yes																No	No
Samphire (10068447)										Yes																No	No
Garlic Butter BB (10004423)						Yes																				Yes	Yes
Lemons (54602, 54722)																										No	Yes
BEEF BURNT ENDS																											
Burnt Ends		Yes														Yes										No	No
Chillies Red (54235)		Yes																								No	No
Crushed Chillies (54721)																										Yes	Yes
Dried Oregano (10000421)																										Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10004413)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
White Wine Vinegar (10002893)																Yes										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
CHIMICHURRI FLATBREAD	Yes															Yes									Yes	Yes	
Chillies Red (54235)																									Yes	Yes	
Crushed Chillies (54721)																									Yes	Yes	
Dried Oregano (1000421)																									Yes	Yes	
Fresh Herbs Parsley (54241)																									Yes	Yes	
Garlic Peeled (10004413)																									Yes	Yes	
Onions Red (10002596)																									Yes	Yes	
White Wine Vinegar (10002893)																Yes									Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
Vegan Flatbread (10003953)	Yes																								Yes	Yes	
TRUFFLE-FLAVOURED CHEESE FONDUE	Yes	Yes	Yes				Yes						Yes			Yes									No	Yes	
Onion Confit (10003037)																Yes									No	Yes	
Cheddar (54446)							Yes																		No	Yes	
Extra Virgin Olive Oil (54377)																									Yes	Yes	
Truffle Oil (10003650)																									Yes	Yes	
Cheese Fondue Sauce							Yes						Yes												No	Yes	
Ciabatta Loaf Vegan (10004118)	Yes	Yes	Yes																						Yes	Yes	
Fresh Herbs Rosemary (54244)																									Yes	Yes	
STEAKS WITH SALAD OR CHIPS																											
SALAD													Yes			Yes										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
Avocado (10001861)																										Yes	Yes
French Dressing (53514)												Yes				Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
CHIPS																										No	No
Beef Dripping (54419)																										No	No
Premium Chip (10001031)																										Yes	Yes
RUMP ALL SIZES																										No	No
BB Angus Rump Heart (10002146)																										No	No
Samphire (10068447)																										Yes	Yes
Table Salt (54744)																										Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SIRLOIN ALL SIZES																										
BB Angus Sirloin (10002145)																									No	No
Samphire (10068447)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
RIBEYE ALL SIZES																										
BB Angus Ribeye (10002148)																									No	No
Samphire (10068447)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
FILLET ALL SIZES																										
BB Angus Fillet (10002144)																									No	No
Samphire (10068447)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
TOP ANY STEAK WITH TRUFFLE-FLAVOURED BUTTER - JUST ASK																										
Truffle Oil (10003650)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
SURF YOUR TURF																										
UPGRADE ANY DISH AND TOP WITH GARLIC KING PRAWNS																										
Samphire (10068447)							Yes		Yes																No	No
Garlic Butter BB (10004423)							Yes																		Yes	Yes
Jumbo Tiger Prawn (10004094)									Yes																No	Yes
UPGRADE ANY DISH AND TOP WITH GARLIC CANADIAN SCALLOPS																										
Samphire (10068447)							Yes			Yes															No	No
Garlic Butter BB (10004423)							Yes																		Yes	Yes
MSC Canadian Scallops (10001110)										Yes															No	No
UPGRADE ANY DISH AND TOP WITH BOTH GARLIC KING PRAWNS + GARLIC CANADIAN SCALLOPS																										
Samphire (10068447)							Yes		Yes	Yes															No	No
Garlic Butter BB (10004423)							Yes																		Yes	Yes
MSC Canadian Scallops (10001110)										Yes															No	No
Jumbo Tiger Prawn (10004094)									Yes																No	No

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
ADD YOUR SAUCE																										
PEPPERCORN							Yes					Yes													No	No
Peppercorn Sauce Small (10002920)							Yes					Yes													No	No
CHIMICHURRI																										
Chillies Red (54235)																Yes									Yes	Yes
Crushed Chillies (54721)																									Yes	Yes
Dried Oregano (10000421)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10004413)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
MUSHROOM + RED WINE																										
Mushroom Bacon Jus (10000619)																									No	No
																									No	No
SIDES																										
LOADED FRIES			Yes									Yes													No	No
Burnt Ends			Yes																						No	No
Signature B&B Sauce (10003284)												Yes													Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
BEER BATTERED ONION RINGS																										
Beer Battered Onion Rings (10001075)	Yes		Yes																						No	Yes
Beer Battered Onion Rings (10001075)	Yes		Yes																						Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
GARLIC MUSHROOMS																										
Mushroom Cup (54218)							Yes																		No	Yes
Mushroom Cup (54218)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Garlic Butter BB (10004423)							Yes																		No	Yes
TRUFFLE-FLAVOURED MAC + CHEESE																										
Cheddar (54446)	Yes						Yes																		No	Yes
Cheddar (54446)																									No	Yes
Mac & Cheese (10003296)	Yes						Yes																		No	Yes
Mac & Cheese (10003296)																									Yes	Yes
Truffle Oil (10003650)																									Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
HOUSE SALAD													Yes			Yes									Yes	Yes
Avocado (10001861)																									Yes	Yes
French Dressing (53514)													Yes			Yes									Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
Sweetcorn (10004024)																									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
GARLIC SPINACH																									Yes	Yes
Spinach (10001511)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
STEAK SAMPLER WITH CHIPS NO SAUCE	Yes	Yes																							No	No
BB Angus Fillet (10002144)																									No	No
BB Angus Rump Heart (10002146)																									No	No
BB Angus Sirloin (10002145)																									No	No
Beer Battered Onion Rings (10001075)	Yes	Yes																							Yes	Yes
Samphire (10068447)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Beef Dripping (54419)																									No	No
Premium Chip (10001031)																									Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
MAINS																											
MIGHTY BLOCK BURGER	Yes		Yes				Yes						Yes													No	No
Nacho Cheese Sauce (10001897)							Yes																			No	Yes
Pickled Cucumber Spears (10004312)													Yes													Yes	Yes
Table Salt (54744)																										Yes	Yes
Burnt Ends			Yes																							No	No
Burger Sauce 74 (10004097)													Yes													Yes	Yes
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Vegan Burger Bun New	Yes																									Yes	Yes
Burger Trim (10001694)																										No	No
Fat For Burger (10001695)																										No	No
Semi Skimmed Milk (10001941)							Yes																			No	Yes
Paprika Pepper (10004191)																										Yes	Yes
Plain Flour (52330)	Yes																									Yes	Yes
Table Salt (54744)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
CHARGILLED SEABASS																											
Tender Stem Broccoli (10003634)							Yes	Yes	Yes																	No	No
Jumbo Tiger Prawn (10004094)									Yes																	Yes	Yes
Seabass Fillet (10003632)								Yes																		No	No
Seafood & Prosecco Sauce (10004162)							Yes	Yes	Yes																	No	No
Garlic Butter BB (10004423)							Yes																			No	Yes
Table Salt (54744)																										Yes	Yes
Garlic Butter BB (10004423)							Yes																			No	Yes
Lemons (54602, 54722)																										No	Yes
Potato Mid (54227, 54255)																										Yes	Yes
Salted Block Butter (10001077)							Yes																			No	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
PLANT-BASED KOFTAS	Yes		Yes		Yes								Yes		Yes										Yes	Yes
Harissa & Red Pepper Sauce (10001427)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Garden Gourmet Vegan Burger (10002832)	Yes		Yes		Yes																				Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Vegan Flatbread (10003953)	Yes																								Yes	Yes
French Dressing (53514)													Yes			Yes									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
DESSERTS																										
CHOCOLATE TORTE	Yes																								Yes	Yes
Vegan Chocolate Torte (10003126)	Yes																								Yes	Yes
Fruit Berry Mix (10003254)																									Yes	Yes
ADD VANILLA ICE CREAM						Yes																			No	Yes
Vanilla Dairy Ice Cream (10003957)						Yes																			No	Yes
ADD VANILLA VEGAN ICE CREAM																									Yes	Yes
Vegan Ice Cream (10002813)																									Yes	Yes
ETON MESS					Yes	Yes																			No	Yes
Fruit Berry Mix (10003254)																									Yes	Yes
Meringue Nests (54613)					Yes																				No	Yes
UHT Whipping Cream (24097)						Yes																			No	Yes
Strawberries (54259)																									Yes	Yes
ETON MESS SHARER					Yes	Yes																			No	Yes
Fruit Berry Mix (10003254)																									Yes	Yes
Meringue Nests (54613)					Yes																				No	Yes
UHT Whipping Cream (24097)						Yes																			No	Yes
Strawberries (54259)																									Yes	Yes
MINI PUD	Yes				Yes	Yes	Yes																		No	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																		No	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
CHEESEBOARD SINGLE & SHARER	Yes						Yes					Yes				Yes									No	Yes	
Onion Confit (10003037)												Yes				Yes										No	Yes
Celery (54234)												Yes														Yes	Yes
Cheddar (54446)							Yes																			No	Yes
Salted Block Butter (10001077)							Yes																			No	Yes
Apples Green (54605)																										Yes	Yes
Cheese Selection (10003311)							Yes																			No	Yes
Crackers (10004089)	Yes																									Yes	Yes
YOU'RE ONE IN A MILLION CHOCOLATE & CARAMEL MELTING DOME SURPRISE	Yes	Yes	Yes	Yes	Yes	Yes	Yes																			No	Yes
Chocolate Dome (10002573)					Yes																					No	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																			No	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																			No	Yes
Caramel Sauce NEW (10003675)							Yes																			No	Yes
Lotus Crumb	Yes	Yes	Yes	Yes																						Yes	Yes