



Allergy Information Guide Information:

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any “**may contains**” information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before as ingredients may be substituted or changed at short notice.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut) , Pecan, Pistachio, Walnut)** and products thereof.

Items that are added as a choice, upgrade or addition must be checked and the allergen information considered in addition to the main meal.

Our vegan dishes are made to a vegan recipe, but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Please speak to your server if you any dietary requirements.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

KEY FOR BAR + BLOCK STEAKHOUSE ALLERGY INFORMATION GUIDE

Y	The allergen is present
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Product Description	Allergens Present																	
	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
	Wheat Products	Rye Products	Barley Products	Oat Products														
SPRING SUMMER 2025																		
COCKTAILS																		
(SANGRIA) CLASSICA SANGRIA											Y							
(SANGRIA) BLANCA SANGRIA											Y							
(SANGRIA) ROSA SANGRIA											Y							
(SIGNATURE) THE FLAMENCO																		
(SIGNATURE) THE MATADOR																		
(SIGNATURE) AGUA DE VALENCIA											Y							
(SIGNATURE) TIKI TINI																		
(SIGNATURE) JUNGLE BIRD											Y							
(TWIST) HENDRICK'S BRAMBLE																		
(TWIST) PEACH & RASPBERRY MOJITO																		
(TWIST) PINEAPPLE CHILLI MARGARITA																		
(TWIST) RASPBERRY MARGARITA																		
(CLASSIC) APEROL SPRITZ											Y							
(CLASSIC) PORNSTAR MARTINI											Y							
(CLASSIC) ESPRESSO MARTINI																		
(CLASSIC) FRENCH MARTINI																		
(CLASSIC) COSMOPOLITAN																		
(CLASSIC) MOJITO											Y							
(CLASSIC) LONG ISLAND ICED TEA											Y							
(CLASSIC) TOMMY'S MARGARITA																		
(CLASSIC) NEGRONI											Y							
SHOTS																		
(SHOT-TAILS) BABY GUINNESS											Y							
(SHOT-TAILS) JAM DOUGHNUT											Y							
(SHOT-TAILS) NEAPOLITAN											Y							
TEQUILA ROSE											Y							
EL JIMADOR TEQUILA BLANCO																		
EL JIMADOR TEQUILA REPOSADO																		
ANTICA CLASSIC SAMBUCA																		
ANTICA BLACK SAMBUCA																		

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	Wheat Products	Rye Products	Barley Products	Oat Products														
SPIRITS																		
GIN																		
TARQUIN'S BLOOD ORANGE																		
WARNER'S RHUBARB																		
WARNER'S LONDON DRY																		
HENDRICK'S																		
WHITLEY NEILL BLACK CHERRY																		
WHITLEY NEILL RASPBERRY																		
WHITLEY NEILL DISTILLER'S CUT LONDON DRY																		
BOMBAY SAPPHIRE LONDON DRY																		
JJ PINK																		
JJ LONDON DRY																		
VODKA																		
TRASH & TREASURE CITRUS																		
ABSOLUT® PASSION FRUIT																		
ABSOLUT® RASPBERRI																		
ABSOLUT® VANILIA																		
ABSOLUT® ORIGINAL																		
JJ ARTISANAL																		
WHISKEY / WHISKY																		
TALISKER 1 YO																		
JOHNNIE WALKER BLACK LABEL																		
GLENFIDDICH 12 YO																		
JACK DANIEL'S NO.7 BOURBON																		
JOHNNIE WALKER RED LABEL																		
JAMESON IRISH WHISKEY																		

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	Wheat Products	Rye Products	Barley Products	Oat Products														
RUM																		
TWIN FIN SPICED																		
TRASH & TREASURE TROPICAL																		
DEAD MAN'S FINGERS SPICED																		
BACARDI											Y							
CAPTAIN MORGAN DARK																		
CAPTAIN MORGAN WHITE																		
LIQUEURS & SPECIALITIES																		
ARCHERS																		
SOUTHERN COMFORT																		
DISARONNO AMARETTO																		
APEROL																		
CAMPARI																		
CHAMBORD RASPBERRY																		
COINTREAU																		
JAGERMEISTER																		
COURVOISIER VS																		
MARTINI ROSSO											Y							
BAILEYS IRISH CREAM										Y								
PIMMS NO.1																		
DE KUYPER TRIPLE SEC																		
DRAMBUIE																		
LOW & NO																		
WARNER'S % SERVES - G% NAKED																		
WARNER'S % SERVES - SKINNY DIP																		

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	Wheat Products	Rye Products	Barley Products	Oat Products														
DRAUGHT BEERS & CIDERS																		
PRAVHA			Y															
STELLA ARTOIS			Y															
MADRI EXCEPCIONAL	Y		Y															
BIRRA MORETTI			Y															
ASAHI SUPER DRY			Y															
CAMDEN HELLS LAGER	Y		Y															
CAMDEN PALE ALE	Y		Y															
CORONA			Y															
ASPALL CYDER											Y							
GUINNESS			Y															
HARP			Y															
CARLSBERG			Y															
ROCKSHORE			Y															
SMITHWICK'S			Y															
HOP HOUSE			Y															
CITRA IPA			Y															
GUINNESS			Y															
MAGNERS ORIGINAL											Y							
PACKAGED BEERS & CIDERS - SEE BOTTLE LABEL FOR ALLERGENS																		
MIXERS - SEE PACKAGING LABEL FOR ALLERGENS																		
DRAUGHT SOFTS																		
COCA-COLA ZERO SUGAR																		
DIET COKE																		
COCA-COLA																		
SCHWEPES SLIMLINE LEMONADE																		
SUNPRIDE APPLE JUICE																		
SUNPRIDE MANDARIN JUICE																		
SUNPRIDE CRANBERRY JUICE																		
SUNPRIDE MANDARIN JUICE																		
SUNPRIDE APPLE JUICE																		
SCHWEPES BLACKCURRANT CORDIAL																		
SCHWEPES LIME CORDIL																		
SCHWEPES ORANGE CORDIAL																		
PACKAGED SOFT/KIDS DRINKS - SEE PACKAGING LABEL FOR ALLERGENS																		

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HOUSE SODAS																		
LEMON & LIME SHERBET																		
GRAPEFRUIT																		
PEACH & RASPBERRY																		
PASSION FRUIT											Y							
CHERRY & VANILLA											Y							
ICED TEAS																		
PEACH ICED TEA																		
RASPBERRY ICED TEA																		
HOT DRINKS																		
COFFEE / TEA																		
LATTE											Y							
CAPPUCCINO											Y							
FLAT WHITE											Y							
AMERICANO BLACK																		
AMERICANO WHITE											Y							
ESPRESSO																		
DOUBLE ESPRESSO																		
HOT CHOCOLATE											Y							
HOT CHOCOLATE WITH CREAM											Y							
PG TIPS ENGLISH BREAKFAST																		
PG TIPS PEPPERMINT																		
PG TIPS RASPBERRY																		
PG TIPS GREEN TEA																		
PG TIPS EARL GREY																		
PG DECAF																		
ALPRO SOYA DRINK					Y													
SEMI-SKIMMED MILK											Y							
AFTER DINNER DRINKS																		
IRISH COFFEE											Y							
BAILEYS LATTE											Y							
COFFEE SYRUPS																		
SWEETBIRD VANILLA SUGAR FREE SYRUP																		
SWEETBIRD HAZELNUT SUGAR FREE SYRUP																		
SWEETBIRD SALTED CARAMEL SUGAR FREE SYRUP																		

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	Wheat Products	Rye Products	Barley Products	Oat Products														
WINES																		
WHITE																		
RIESLING, JIM BARRY 'THE LODGE HILL'							Y				Y							
GAVI DEL COMUNE DI GAVI, SAN SILVESTRO 'FOSSIL'											Y							
SAUVIGNON BLANC, SAINT CLAIR											Y							
VIIGNIER, VIÑA EDMARA							Y				Y							
VERDEJO ORGANIC, MESTA, UCLÉS											Y							
CHARDONNAY UNOAKED, 'FOUNDSTONE', BERTON VINEYARD							Y				Y							
PINOT GRIGIO, NOVITÀ								Y			Y							
SAUVIGNON BLANC, TIERRA ANTICA											Y							
ROSE																		
CÔTES DE PROVENCE, CHÂTEAU DE L'AUMÉRADE, AUMÉRADE STYLE											Y							
TEMPRANILLO ROSÉ ORGANIC, MESTA, UCLÉS											Y							
PINOT GRIGIO BLUSH, NOVITÀ											Y							
ZINFANDEL BLUSH, ZIN HEAVEN											Y							
RED																		
BAROLO, SAN SILVESTRO 'PATRES'											Y							
CABERNET SAUVIGNON, JIM BARRY 'COVER DRIVE'							Y				Y							
ZINFANDEL, MAGGIO 'OLD VINES', LODI											Y							
RIOJA RESERVA, BODEGAS ONDARRE											Y							
CAMENÈRE, UNDURRAGA											Y							
GARNACHA ORGANIC, MESTA, UCLÉS											Y							
PINOT NOIR, VIÑA EDMARA											Y							
SHIRAZ, 'FOUNDSTONE', BERTON VINEYARD											Y							
MALBEC, EL CAMINO											Y							
MERLOT, TIERRA ANTICA											Y							
SPARKLING																		
CHAMPAGNE BERNARD REMY, CARTE BLANCHE BRUT											Y							
CHAMPAGNE BERNARD REMY, BRUT ROSÉ NV											Y							
PROSECCO, FAVOLA EXTRA DRY											Y							
PROSECCO ROSÉ, SACCHETTO BRUT											Y							