



Allergy Information Guide Information:

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any “**may contains**” information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before.

Our allergen information covers the following major allergens: Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut) , Pecan, Pistachio, Walnut) and products thereof.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

KEY FOR BAR + BLOCK STEAKHOUSE ALLERGY INFORMATION GUIDE

Yes The allergen is present

Yes Suitable for ovo-lacto vegetarians/ vegans

No Not suitable for ovo-lacto vegetarians/ vegans



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BAR + BLOCK MAIN MENU								
STARTERS								
BEEFY GRILLED FLATBREAD	1656	395	18.6	7.3	46.1	2.8	9.5	1.7
MAC & CHEESE BITES	1727	413	21.6	6.3	41.0	1.4	13.3	1.1
HONEY & MUSTARD MINI SAUSAGES	1780	425	29.3	10.1	18.4	7.2	21.9	2.2
BURNT ENDS	1659	396	28.4	4.7	6.1	2.2	28.8	0.9
ASIAN CRISPY BEEF	2264	541	34.1	3.3	21.8	15.5	36.0	0.9
JUMBO GARLIC PRAWNS	2662	636	47.7	27.9	26.5	2.6	24.7	2.0
SALT + PEPPER SQUID	2015	481	36.2	3.0	24.8	1.7	13.5	3.5
LOADED NACHOS	2957	706	34.1	7.9	77.6	9.8	16.4	2.2
UPGRADE PULLED BEEF ADD	507	121	4.7	1.8	0.1	0.1	19.3	0.1
TANDOORI CHICKEN WINGS X5	2578	616	38.5	6.2	23.1	5.2	42.3	1.9
TANDOORI CHICKEN WINGS X10 TOTAL	5152	1231	76.9	12.4	46.2	10.4	84.5	3.8
TANDOORI CHICKEN WINGS X10 PER PERSON (2 SHARING)	2576	615	38.4	6.2	23.1	5.2	42.2	1.9
TANDOORI CHICKEN WINGS X15 TOTAL	7727	1845	115.3	18.6	69.3	15.6	126.7	5.8
TANDOORI CHICKEN WINGS X15 PER PERSON (3 SHARING)	2576	615	38.4	6.2	23.1	5.2	42.2	1.9
STICKY CHICKEN WINGS X5	1811	433	26.6	5.5	10.6	6.2	37.8	2.0
STICKY CHICKEN WINGS X10 TOTAL	3621	865	53.1	11.0	21.2	12.4	75.7	3.9
STICKY CHICKEN WINGS X10 PER PERSON (2 SHARING)	1810	432	26.5	5.5	10.6	6.2	37.8	2.0
STICKY CHICKEN WINGS X15 TOTAL	5430	1297	79.6	16.5	31.8	18.5	113.5	5.9
STICKY CHICKEN WINGS X15 PER PERSON (3 SHARING)	1810	432	26.5	5.5	10.6	6.2	37.8	2.0
KOREAN CHICKEN WINGS X5	1584	378	19.2	4.4	13.7	7.4	37.5	2.2
KOREAN CHICKEN WINGS X10 TOTAL	3164	756	38.4	8.8	27.3	14.8	74.9	4.3
KOREAN CHICKEN WINGS X10 PER PERSON (2 SHARING)	1582	378	19.2	4.4	13.7	7.4	37.4	2.2
KOREAN CHICKEN WINGS X15 TOTAL	4745	1133	57.6	13.2	41.0	22.2	112.3	6.5
KOREAN CHICKEN WINGS X15 PER PERSON (3 SHARING)	1582	378	19.2	4.4	13.7	7.4	37.4	2.2
CAULI WINGS	1259	301	15.2	1.6	35.5	7.7	4.5	1.8
HOUSE SHARING BLOCK TOTAL	6287	1502	73.0	18.9	121.9	26.8	86.5	6.8
HOUSE SHARING BLOCK PER PERSON (2 SHARING)	3144	751	36.5	9.5	61.0	13.4	43.2	3.4

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
HAND CUT STEAKS								
SPECIALITY CUTS								
12OZ* SPIRAL CUT RIBEYE	6977	1666	125.4	26.2	51.8	4.6	79.3	3.4
SURF & TURF	3448	824	41.6	21.4	47.2	1.0	62.8	4.0
16OZ* BONE IN STEAK	5944	1420	99.1	36.5	46.8	1.1	81.1	3.8
DINOSAUR SHORT RIB	5714	1365	93.7	38.8	46.6	8.0	86.6	4.3
10OZ* SPIRAL CUT FILLET STEAK	4121	984	58.2	17.0	48.9	1.7	63.4	3.3
STEAK SAMPLER WITH PEPPERCORN SAUCE	4059	970	42.7	16.8	65.8	5.2	78.8	4.7
STEAK SAMPLER WITH MUSHROOM BACON JUS	4048	967	42.8	16.5	65.0	4.8	78.7	4.5
STEAK SAMPLER WITH HOLLANDAISE SAUCE	4568	1091	56.8	25.5	64.8	3.7	78.2	4.6
STEAK SAMPLER WITH BLUE CHEESE DRESSING	4994	1193	67.9	19.6	65.2	5.3	78.7	4.7
STEAK SAMPLER WITH SIGNATURE B+B SAUCE	4256	1016	42.0	16.4	78.5	10.7	78.1	6.5
CHATEAUBRIAND FOR TWO	6804	1625	82.8	41.1	100.5	5.4	118.0	11.1
SAUCES ADD-								
MUSHROOM, RED WINE & PANCETTA	112	27	0.8	0.2	3.3	1.8	1.4	0.5
PEPPERCORN	123	29	0.7	0.4	4.1	2.2	1.5	0.7
BEARNAISE	632	151	14.8	9.2	3.1	0.7	0.9	0.6
BLUE CHEESE	1058	253	25.9	3.2	3.4	2.2	1.4	0.7
SIGNATURE SAUCE	319	76	0.0	0.0	16.8	7.7	0.8	2.5
CLASSIC CUTS								
8OZ* RUMP	2620	626	25.3	11.2	45.8	0.7	54.3	3.6
8OZ RUMP WITH SALAD	1732	414	19.4	6.5	10.2	7.8	51.5	3.5
12OZ* RUMP	3252	777	31.7	14.1	45.9	0.9	78.8	4.0
12OZ RUMP WITH SALAD	2365	565	25.9	9.4	10.3	7.9	76.0	3.9
8OZ* RIBEYE	3013	720	33.9	15.7	47.5	2.3	53.8	3.2
8OZ RIBEYE WITH SALAD	2126	508	28.0	11.0	11.9	9.3	51.0	3.0
12OZ* RIBEYE	3842	918	44.7	20.8	48.5	3.2	78.1	3.4
12OZ RIBEYE WITH SALAD	3236	773	44.4	16.7	17.0	13.5	75.4	3.7
8OZ* SIRLOIN	2657	635	27.0	12.2	45.8	0.6	49.9	3.4
8OZ SIRLOIN WITH SALAD	1769	423	21.1	7.5	10.2	7.6	47.1	3.2
12OZ* SIRLOIN	3308	790	34.4	15.6	45.9	0.7	72.2	3.6
12OZ SIRLOIN WITH SALAD	2421	578	28.5	11.0	10.3	7.7	69.4	3.4
8OZ* FILLET	2755	658	28.8	13.3	46.1	0.9	51.1	3.2
8OZ FILLET WITH SALAD	1867	446	22.9	8.7	10.5	8.0	48.3	3.0
12OZ* FILLET	3455	825	37.0	17.3	46.4	1.2	74.0	3.4
12OZ FILLET WITH SALAD	2567	613	31.1	12.6	10.8	8.2	71.2	3.2

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
GRILLS								
CHARCOALED HALF CHICKEN ONLY	2060	492	22.3	5.7	7.8	3.7	64.6	3.2
CHARCOALED WHOLE CHICKEN ONLY	4105	980	44.5	11.3	15.2	7.3	128.9	6.5
ADD CHIPS	1326	317	12.2	5.3	44.7	0.3	4.7	0.6
ADD FRIES	1372	328	13.2	1.0	46.1	0.1	4.7	1.5
ADD BAKED POTATO	1124	269	10.7	1.1	35.2	3.9	5.4	0.3
ADD SWEET POTATO FRIES	1216	290	15.0	1.5	35.7	12.7	1.1	0.7
ADD HOUSE SALAD	438	105	6.3	0.6	9.1	7.4	1.9	0.5
ADD GRILLED CORN	638	152	5.5	2.5	14.9	5.8	7.8	0.4
ADD SPICY BEANS	1052	251	3.6	0.4	34.8	19.2	11.2	2.0
ADD COS WEDGE	970	232	12.0	5.1	16.1	3.2	13.4	1.4
ADD CAESAR DRESSING	711	170	16.8	1.7	2.9	1.6	1.7	0.7
ADD BLUE CHEESE	907	217	22.2	2.8	2.9	1.9	1.2	0.6
SMOKY MIXED GRILL	4820	1151	57.9	21.0	57.6	14.9	98.4	5.1
MINTED LAMB CHOPS	4156	993	62.7	32.9	55.6	15.5	48.8	2.6
HANDMADE BURGERS								
WITHOUT BUN MINUS	955	228	4.1	1.7	38.8	3.9	7.7	0.7
HOUSE SALAD	438	105	6.3	0.6	9.1	7.4	1.9	0.5
CLASSIC 6OZ* BEEF	4797	1146	57.5	15.8	91.7	9.4	60.3	4.3
ADD BURGER	1929	461	29.1	12.2	0.5	0.5	47.4	0.8
ADD BACON	132	31	2.0	0.6	0.1	0.0	3.2	0.5
ADD CHEESE	348	83	7.0	4.3	0.0	0.0	5.1	0.4
TANDOORI CHICKEN	5185	1238	56.2	6.7	124.2	14.8	52.9	3.8
THE MIGHTY BLOCK	6572	1570	93.6	19.9	100.8	14.1	75.5	5.0
UPGRADE EXTRA BURGER ADD	1929	461	29.1	12.2	0.5	0.5	47.4	0.8
GARDEN GOURMET® SLOPPY JOE BURGER	4427	1057	51.7	11.5	109.1	16.3	32.5	4.1
B+B SIRLOIN STACK	4932	1178	63.5	11.8	90.1	7.4	58.1	4.0
BEER-BATTERED COD & CHIPS	4084	975	46.4	8.5	90.6	6.1	45.3	3.9
CHARGRILLED SALMON	3961	946	59.2	24.9	50.0	7.7	50.0	1.7
SALADS								
CHIMICHURRI MIXED VEGETABLES	3298	788	44.5	3.4	69.6	17.8	19.1	3.0
UPGRADE HALLOUMI ADD	590	141	11.0	7.0	0.0	0.0	9.8	0.9
CHARGRILLED CHICKEN CAESAR SALAD	2555	610	34.1	10.5	17.2	3.8	56.6	3.3
HOUSE SALAD WITH RUMP & BLUE CHEESE DRESSING	2902	693	44.4	10.5	16.7	10.2	55.8	3.4
HOUSE SALAD WITH RUMP & FRENCH DRESSING	2558	611	33.4	8.7	22.1	14.8	54.8	3.7
HOUSE SALAD WITH SIRLOIN & BLUE CHEESE DRESSING	2940	702	46.1	11.5	16.7	10.1	51.4	3.1
HOUSE SALAD WITH WITH SIRLOIN & FRENCH DRESSING	2595	620	35.1	9.7	22.1	14.6	50.4	3.4

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
SIDES								
FRENCH FRIES	1372	328	13.2	1.0	46.1	0.1	4.7	1.5
BEEF DRIPPING TRIPLE-COOKED CHUNKY CHIPS	1326	317	12.2	5.3	44.7	0.3	4.7	0.6
DIRTY FRIES	1799	430	17.9	1.9	59.3	8.2	6.2	2.6
HAND-CUT CRISPY HALLOUMI FRIES	1796	429	35.2	15.0	3.6	1.1	23.8	2.5
SWEET POTATO FRIES	1216	290	15.0	1.5	35.7	12.7	1.1	0.7
BAKED POTATO	1124	269	10.7	1.1	35.2	3.9	5.4	0.3
ONION RING STACK	1172	280	15.0	1.2	31.3	4.2	3.8	0.7
ROASTED MINI JACKETS	1565	374	21.5	11.9	40.2	2.6	4.0	2.4
MIXED GARLIC MUSHROOMS	500	119	11.0	6.6	1.3	0.5	2.9	2.2
CHARCOAL-GRILLED CORN ON THE COB	638	152	5.5	2.5	14.9	5.8	7.8	0.4
JUMBO KING PRAWNS	803	192	14.7	9.2	1.9	0.4	13.1	0.7
TRUFFLE FLAVOURED MAC CHEESE	2362	564	41.7	21.9	25.0	3.5	21.2	1.6
GARLIC SPINACH	179	43	2.0	0.3	2.3	0.5	4.0	1.0
LOADED COS WEDGE WITH BLUE CHEESE DRESSING	1876	448	34.2	7.8	19.0	5.1	14.6	1.9
LOADED COS WEDGE WITH CAESAR DRESSING	1680	401	28.8	6.8	19.0	4.7	15.1	2.1
HOUSE SALAD	438	105	6.3	0.6	9.1	7.4	1.9	0.5
DESSERTS								
BLUEBERRY CHEESECAKE CRUMBLE PIE	2605	622	39.3	23.1	63.3	33.7	6.1	0.9
ZESTY LEMON TART	1725	412	18.3	8.1	55.0	37.2	6.1	0.3
TRIPLE CHOCOLATE BROWNIE	2732	652	25.7	13.7	93.1	73.8	8.9	0.3
ETON MESS SUNDAE	1427	341	18.9	12.2	35.2	33.8	6.9	0.2
STICKY TOFFEE PUDDING	2433	581	17.8	9.4	97.9	71.9	6.3	1.0
CHOCOLATE TORTE	1106	264	13.7	6.8	31.2	24.8	2.7	0.2
ADD A SCOOP OF VEGAN ICE CREAM	330	79	3.1	2.6	12.8	7.3	0.1	0.0
APPLE & BLACKBERRY CRUMBLE WITH ICE CREAM	2513	600	16.6	5.7	103.9	61.6	4.8	0.4
APPLE & BLACKBERRY CRUMBLE WITH CUSTARD	2649	633	16.7	5.5	111.0	64.8	5.9	0.5
MELTING CHOCOLATE DOME	3651	872	40.7	19.0	112.5	88.0	10.4	0.4
CHOCOLATE CHURROS SUNDAE	3411	815	39.6	17.3	99.5	54.8	12.9	0.5
SIGNATURE CHOCOLATE + HAZELNUT DOME	2220	530	39.6	21.6	37.1	25.0	5.2	0.2
CHEESEBOARD SINGLE	4067	971	75.6	48.4	32.0	20.7	38.4	3.4
CHEESEBOARD SHARING	7439	1777	137.4	87.8	63.5	41.4	67.0	6.1

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
KIDS								
KIDS STARTERS								
VEGGIE STICKS & DIPS	116	28	0.6	0.1	3.8	3.5	1.3	0.2
KIDS MAINS								
BEEF BURGER	2498	597	27.6	9.5	44.9	1.8	38.6	1.4
MINI COD & CHIPS	1745	417	21.2	1.6	41.3	1.9	14.2	1.7
STEAK & CHIPS	1223	292	12.2	3.4	19.8	0.2	26.6	1.0
GRILLED CHICKEN SALAD	1013	242	6.0	0.8	24.2	2.2	21.9	1.2
TOMATO PASTA	1576	376	7.7	0.9	62.2	7.8	11.8	1.0
SPAGHETTI BOLOGNESE	2077	496	9.7	2.5	73.4	8.3	25.8	0.6
HOUSE SALAD	276	66	3.4	0.4	6.6	5.5	1.5	0.2
VEG STICKS	67	16	0.1	0.0	2.8	2.7	0.4	0.0
CORN	200	48	1.1	0.2	5.7	1.5	2.2	0.0
BEANS	174	41	0.1	0.0	6.7	2.7	2.5	0.3
PEAS	197	47	0.4	0.1	6.3	3.3	3.1	0.0
KIDS DESSERTS								
VANILLA ICE CREAM	620	148	6.3	3.4	16.8	14.6	4.5	0.2
FRUIT SALAD	222	53	0.1	0.0	11.4	11.4	0.7	0.0
PANCAKES	770	184	3.2	0.4	33.8	18.9	4.1	0.3

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SUNDAY ROAST MENU								
ROAST BEEF	5496	1313	60.6	27.3	128.7	21.7	58.0	6.7
ADD AN EXTRA SLICE	320	76	3.6	1.7	0.0	0.0	11.0	0.1
ROAST CHICKEN	6540	1562	73.0	28.4	128.8	21.8	92.3	6.6
UPGRADES								
TRUFFLE FLAVOURED MAC + CHEESE	2362	564	41.7	21.9	25.0	3.5	21.2	1.6
PIGS IN BLANKETS	1284	307	21.3	7.7	8.1	1.3	20.7	2.2
BAR SNACKS								
GARLIC FLATBREAD	1656	395	18.6	7.3	46.1	2.8	9.5	1.7
HONEY + MUSTARD MINI SAUSAGES	1780	425	29.3	10.1	18.4	7.2	21.9	2.2
MAC + CHEESE BITES	1727	413	21.6	6.3	41.0	1.4	13.3	1.1
TANDOORI CHICKEN WINGS	2578	616	38.5	6.2	23.1	5.2	42.3	1.9
10 TANDOORI WINGS Total	5152	1231	76.9	12.4	46.2	10.4	84.5	3.8
10 TANDOORI WINGS PER PERSON (2 Sharing)	2576	615	38.4	6.2	23.1	5.2	42.2	1.9
15 TANDOORI WINGS Total	7727	1845	115.3	18.6	69.3	15.6	126.7	5.8
15 TANDOORI WINGS PER PERSON (3 Sharing)	2576	615	38.4	6.2	23.1	5.2	42.2	1.9
STICKY CHICKEN WINGS	1811	433	26.6	5.5	10.6	6.2	37.8	2.0
10 STICKY WINGS Total	3621	865	53.1	11.0	21.2	12.4	75.7	3.9
10 STICKY WINGS PER PERSON (2 Sharing)	1810	432	26.5	5.5	10.6	6.2	37.8	2.0
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15 KOREAN WINGS PER PERSON (3 Sharing)	1582	378	19.2	4.4	13.7	7.4	37.4	2.2
ASIAN CRISPY BEEF	2264	541	34.1	3.3	21.8	15.5	36.0	0.9
JUMBO KING PRAWNS	2662	636	47.7	27.9	26.5	2.6	24.7	2.0
LOADED NACHOS SHARER	2957	706	34.1	7.9	77.6	9.8	16.4	2.2
LOADED NACHOS SHARER PER PERSON (2 Sharing)	1479	353	17.1	3.9	38.8	4.9	8.2	1.1
ADD PULLED BEEF	507	121	4.7	1.8	0.1	0.1	19.3	0.1
SALT + PEPPER SQUID	2015	481	36.2	3.0	24.8	1.7	13.5	3.5
CAULI WINGS	1257	300	15.2	1.6	35.4	7.7	4.4	1.8
HOUSE SHARING BLOCK Total	6852	1637	87.4	28.0	123.0	27.1	86.8	7.1
HOUSE SHARING BLOCK PER PERSON (2 Sharing)	3426	818	43.7	14.0	61.5	13.5	43.4	3.5
THE MIGHTY BLOCK BURGER WITH FRIES	5668	1354	69.7	18.3	100.8	14.1	75.5	4.1
THE MIGHTY BLOCK BURGER WITH FRIES & SALAD & NO BUN	5151	1230	71.8	17.2	71.2	17.6	69.7	3.9
CLASSIC 6OZ BEEF BURGER WITH FRIES	4797	1146	57.5	15.8	91.7	9.4	60.3	4.3
CLASSIC 6OZ BEEF BURGER WITH FRIES & SALAD & NO BUN	4280	1022	59.7	14.7	62.0	12.9	54.6	4.1
ADD CHEESE & BACON	480	115	9.0	5.0	0.1	0.0	8.3	0.8
ADD 6OZ BURGER	1929	461	29.1	12.2	0.5	0.5	47.4	0.8
GARDEN GOURMET SLOPPY JOE BURGER WITH FRIES	4427	1057	51.7	11.5	109.1	16.3	32.5	4.1
GARDEN GOURMET SLOPPY JOE BURGER WITH FRIES & SALAD & NO BUN	3786	904	51.1	11.1	78.7	17.6	26.4	4.0
TANDOORI CHICKEN BURGER WITH FRIES	5185	1238	56.2	6.7	124.2	14.8	52.9	3.8
TANDOORI CHICKEN BURGER WITH FRIES & SALAD & NO BUN	4668	1115	58.4	5.6	94.6	18.3	47.1	3.6

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
FRENCH FRIES	1372	328	13.2	1.0	46.1	0.1	4.7	1.5
BEEF DRIPPING CHIPS	1326	317	12.2	5.3	44.7	0.3	4.7	0.6
HAND-CUT HALLOUMI FRIES	1796	429	35.2	15.0	3.6	1.1	23.8	2.5
SWEET POTATO FRIES	1216	290	15.0	1.5	35.7	12.7	1.1	0.7
LUNCHTIME SET MENU								
STARTERS								
GARLIC FLATBREAD	1656	395	18.6	7.3	46.1	2.8	9.5	1.7
CAULI WINGS	1257	300	15.2	1.6	35.4	7.7	4.4	1.8
MAC + CHEESE BITES	1727	413	21.6	6.3	41.0	1.4	13.3	1.1
MAINS SHOWN WITHOUT FRIES OR SALAD								
FRENCH FRIES	1372	328	13.2	1.0	46.1	0.1	4.7	1.5
HOUSE SALAD	438	105	6.3	0.6	9.1	7.4	1.9	0.5
CLASSIC 6OZ BEEF BURGER ONLY	3433	820	44.4	14.7	45.9	9.6	55.7	1.8
ADD CHEESE	348	83	7.0	4.3	0.0	0.0	5.1	0.4
ADD BACON	132	31	2.0	0.6	0.1	0.0	3.2	0.5
BUTTERMILK CHICKEN BURGER	3013	720	37.3	8.6	64.2	9.9	29.9	2.5
STEAK SANDWICH	2772	662	33.2	8.7	52.6	6.6	37.3	1.8
CHIMICHURRI MIXED VEGETABLES	3298	788	44.5	3.4	69.6	17.8	19.1	1.0
ADD HALLOUMI	590	141	11.0	7.0	0.0	0.0	9.8	0.9
OPEN CLUB SANDWICH	2746	656	31.8	6.0	49.3	5.5	39.9	2.9
RUMP STEAK ONLY	1460	349	23.6	13.3	1.1	0.4	35.0	0.9
8OZ SIRLOIN ONLY	1873	447	29.2	16.0	1.2	0.4	45.2	0.8
PLANT BASED BURGER	2564	612	33.1	6.1	49.8	12.5	24.9	1.7
ADD SLOPPY JOE	517	123	1.6	0.2	19.2	7.9	6.0	0.8
ADD VEGAN CHEEZE SLICE	240	57	4.6	4.2	4.0	0.0	0.0	0.5
FISH FINGER SANDWICH	2518	601	19.9	2.0	80.7	6.0	22.7	3.3
SCAMPI	1903	454	25.7	2.1	39.3	3.7	15.6	1.9
SIDES								
FRENCH FRIES	1372	328	13.2	1.0	46.1	0.1	4.7	1.5
BEEF DRIPPING CHIPS	1326	317	12.2	5.3	44.7	0.3	4.7	0.6
SWEET POTATO FRIES	1216	290	15.0	1.5	35.7	12.7	1.1	0.7
DIRTY FRIES	1799	430	17.9	1.9	59.3	8.2	6.2	2.6
HAND-CUT HALLOUMI FRIES	1796	429	35.2	15.0	3.6	1.1	23.8	2.5
BAKED POTATO	1124	269	10.7	1.1	35.2	3.9	5.4	0.3
BEER-BATTERED ONION RINGS	1172	280	15.0	1.2	31.3	4.2	3.8	0.7
MAC + CHEESE	1727	413	21.6	6.3	41.0	1.4	13.3	1.1
GARLIC SPINACH	179	43	2.0	0.3	2.3	0.5	4.0	1.0
GARLIC MUSHROOMS	500	119	11.0	6.6	1.3	0.5	2.9	2.2
HOUSE SALAD	438	105	6.3	0.6	9.1	7.4	1.9	0.5
LOADED COS WEDGE WITH CAESAR	1680	401	28.8	6.8	19.0	4.7	15.1	2.1
LOADED COS WEDGE WITH BLUE CHEESE	1876	448	34.2	7.8	19.0	5.1	14.6	1.9
GRILLED CORN ON THE COB	638	152	5.5	2.5	14.9	5.8	7.8	0.4
DESSERTS								
TRIPLE CHOCOLATE BROWNIE	2732	652	25.7	13.7	93.1	73.8	8.9	0.3
CHOCOLATE TORTE	1115	266	13.8	6.8	31.5	25.1	2.5	0.2
ADD VEGAN ICE CREAM	330	79	3.1	2.6	12.8	7.3	0.1	0.0
ZESTY LEMON TART	1725	412	18.3	8.1	55.0	37.2	6.1	0.3

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
STARTERS																										
GARLIC FLATBREAD	Yes					Yes																			No	Yes
Beef Seasoning (10003386)																									Yes	Yes
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
MAC & CHEESE BITES	Yes				Yes	Yes																			No	Yes
Mac & Cheese Bites (54719)	Yes				Yes	Yes																			No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
HONEY & MUSTARD MINI SAUSAGES	Yes					Yes							Yes			Yes									No	No
Honey & Mustard Dressing (10000049)						Yes						Yes													No	Yes
PI Breakfast Pork Sausage (10001400)	Yes															Yes									No	No
BURNT ENDS			Yes													Yes									No	No
Chillies Red (54235)																									Yes	Yes
Crushed Chillies (54721)																									Yes	Yes
Dried Oregano (10000421)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Burnt Ends			Yes																						No	No
ASIAN CRISPY BEEF					Yes						Yes														No	No
Hoi Sin Sauce Ngci (10001165)					Yes						Yes														Yes	Yes
Chillies Red (54235)																									Yes	Yes
Cornflour (54168)																									Yes	Yes
Cucumber Cat II (54220)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Pulled Beef Brisket (10003076)																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
JUMBO GARLIC PRAWNS	Yes					Yes		Yes																	No	No
Flatbread Hand Pressed (54502)	Yes					Yes																			No	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Samphire (10068447)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
Jumbo Tiger Prawn (10002807)								Yes																	No	No

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SALT & PEPPER SQUID	Yes					Yes				Yes															No	No
Calamari (10000512)	Yes									Yes															No	No
Chillies Red (54235)																									Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Lemon Garlic Mayo (10000623)						Yes																			No	Yes
Lemons (54602, 54722)																									No	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
CAULI WINGS	Yes																								Yes	Yes
Battered Cauliflower Wings (10001910)	Yes																								Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Red Pepper & Harrisia Sauce (10001427)																									Yes	Yes
TANDOORI CHICKEN WINGS ALL SIZES	Yes					Yes	Yes						Yes												No	No
Single Joint Chicken Wing (10001902)																									No	No
Fresh Herbs Coriander (54239)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Greek Yoghurt (53510)							Yes																		No	Yes
Onions Red (10002596)																									Yes	Yes
Plain Flour (52330)	Yes																								Yes	Yes
Table Salt (54744)																									Yes	Yes
Tandoori Rub (10002694)													Yes												No	Yes
Tandoori Rub (10002694)													Yes												No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Cage Free Med Barn Eggs (10001067)						Yes																			No	Yes
STICKY WINGS ALL SIZES			Yes			Yes	Yes						Yes												No	No
Single Joint Chicken Wing (10001902)																									No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Blue Cheese Dressing (10002990)						Yes	Yes						Yes												No	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
KOREAN CHICKEN WINGS ALL SIZES	Yes				Yes																				No	No
Single Joint Chicken Wing (10001902)																									No	No
Chillies Red (54235)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Korean Spicy BBQ Sauce (10002574)	Yes				Yes																				Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
LOADED NACHOS SHARER	Yes					Yes						Yes	Yes			Yes									No	Yes
Spicy Beans Vegetarian (10002944)	Yes					Yes						Yes	Yes												No	Yes
Nacho Cheese Sauce (10001897)						Yes																			No	Yes
Cheddar (54446)						Yes																			No	Yes
Chillies Red (54235)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Fresh Herbs Basil (54237)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Tortilla Chips (54045)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
ADD PULLED BEEF BRISKET																									No	No
Pulled Beef Brisket (10003076)																									No	No
HOUSE SHARING BLOCK	Yes				Yes	Yes							Yes			Yes									No	No
Baking Potatoes (10000355)																									Yes	Yes
Buttermilk Chicken Goujons (54586)	Yes					Yes																			No	No
Single Joint Chicken Wing (10001902)																									No	No
Chillies Red (54235)																									Yes	Yes
Flatbread Hand Pressed (54502)	Yes					Yes																			No	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Honey & Mustard Dressing (10000049)						Yes							Yes												No	Yes
Korean Spicy BBQ Sauce (10002574)	Yes				Yes																				Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
PI Breakfast Pork Sausage (10001400)	Yes															Yes									No	No
Rocket Leaf (54258)																									Yes	Yes
Soured Cream Reduced Fat (51047)						Yes																			No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
EXPLORE OUR HAND CUT STEAKS																										
12OZ SPIRAL-CUT RIBEYE WITH BEEF DRIPPING CHIPS																Yes									No	No
BB Angus Ribeye (10002148)																									No	No
Beef Dripping (54419)																									No	No
Chillies Red (54235)																									Yes	Yes
Chillies Red (54235)																									Yes	Yes
Crushed Chillies (54721)																									Yes	Yes
Crushed Chillies (54721)																									Yes	Yes
Dried Oregano (10000421)																									Yes	Yes
Dried Oregano (10000421)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Samphire (10068447)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
SURF & TURF																										
BB Angus Sirloin (10002145)							Yes		Yes																No	No
Beef Dripping (54419)																									No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Samphire (10068447)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Jumbo Tiger Prawn (10002807)									Yes																No	No

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
100Z BONE-IN STEAK																Yes									No	No
T - Bone Steak (10001880)																									No	No
Beef Dripping (54419)																									No	No
Chillies Red (54235)																									Yes	Yes
Crushed Chillies (54721)																									Yes	Yes
Dried Oregano (10000421)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Samphire (10068447)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
DINOSAUR SHORT RIB							Yes					Yes				Yes									No	No
Chillies Red (54235)																									Yes	Yes
Crushed Chillies (54721)																									Yes	Yes
Dried Oregano (10000421)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Potato Mid (54227, 54255)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Bone In Rib												Yes													No	No

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
100Z SPRIAL-CUT FILLET WITH BEEF DRIPPING CHIPS																Yes									No	No
BB Angus Fillet (10002144)																									No	No
Beef Dripping (54419)																									No	No
Chillies Red (54235)																									Yes	Yes
Crushed Chillies (54721)																									Yes	Yes
Dried Oregano (10000421)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Samphire (10068447)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
STEAK SAMPLER WITH BEEF DRIPPING CHIPS WITHOUT SAUCE	Yes		Yes																						No	No
BB Angus Fillet (10002144)																									No	No
BB Angus Rump Heart (10002146)																									No	No
BB Angus Sirloin (10002145)																									No	No
Beef Dripping (54419)																									No	No
Beer Battered Onion Rings (10001075)	Yes		Yes																						Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Samphire (10068447)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
PEPPERCORN ADD	Yes						Yes					Yes													No	No
Peppercorn Sauce Small (50948)	Yes						Yes					Yes													No	No
BLUE CHEESE ADD						Yes	Yes						Yes												No	Yes
Blue Cheese Dressing (10002990)						Yes	Yes						Yes												No	Yes
BEARNAISE ADD						Yes	Yes									Yes									No	Yes
Hollandaise Sauce (10001762)						Yes	Yes									Yes									No	Yes
Fresh Herbs Tarragon (54246)																									Yes	Yes
MUSHROOM, RED WINE & PANCETTA ADD																									No	No
Mushroom Bacon Jus (10000619)																									No	No
CHARGRILLED CHATEAUBRIAND FOR 2						Yes	Yes									Yes									No	No
Spinach (10001511)																									Yes	Yes
Hollandaise Sauce (10001762)						Yes	Yes									Yes									No	Yes
BB Angus Fillet (10002144)																									No	No
Beef Dripping (54419)																									No	No
Extra Virgin Olive Oil (54377)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Fresh Herbs Tarragon (54246)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Mushroom Cup (54218)																									Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Samphire (10068447)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Whole Green Beans (54291)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
CLASSIC CUTS - just steaks salad and chips shown below																											
ADD BEEF DRIPPING CHIPS																									No	No	
Beef Dripping (54419)																									No	No	
Premium Chip (10001031)													Yes			Yes									Yes	Yes	
ADD HOUSE SALAD													Yes			Yes									Yes	Yes	
Cherry Tomatoes (10000328)													Yes			Yes									Yes	Yes	
Cucumber Half Slice (54220)																									Yes	Yes	
French Dressing (53514)													Yes			Yes									Yes	Yes	
Lettuce Cos (54222)																									Yes	Yes	
Onions Red (10002596)																									Yes	Yes	
Pepper Red (54226, 10000329)																									Yes	Yes	
Rocket Leaf (54258)																									Yes	Yes	
RUMP ALL SIZES																									No	No	
BB Angus Rump Heart (10002146)																									No	No	
Samphire (10068447)																									Yes	Yes	
Table Salt (54744)																									Yes	Yes	
RIBEYE ALL SIZES																									No	No	
BB Angus Ribeye (10002148)																									No	No	
Samphire (10068447)																									Yes	Yes	
Table Salt (54744)																									Yes	Yes	
SIRLOIN ALL SIZES																									No	No	
BB Angus Sirloin (10002145)																									No	No	
Samphire (10068447)																									Yes	Yes	
Table Salt (54744)																									Yes	Yes	
FILLET ALL SIZES																									No	No	
BB Angus Fillet (10002144)																									No	No	
Samphire (10068447)																									Yes	Yes	
Table Salt (54744)																									Yes	Yes	
CHOOSE YOUR SAUCE																											
BLOCK STEAK SAUCE												Yes													Yes	Yes	
Signature B&B Sauce (10003284)												Yes													Yes	Yes	
PEPPERCORN	Yes					Yes					Yes														No	No	
Peppercorn Sauce Small (50948)	Yes					Yes					Yes														No	No	
BLUE CHEESE						Yes	Yes						Yes												No	Yes	
Blue Cheese Dressing (10002990)						Yes	Yes						Yes												No	Yes	
BEARNAISE						Yes	Yes									Yes									No	Yes	
Hollandaise Sauce (10001762)						Yes	Yes									Yes									No	Yes	
Fresh Herbs Tarragon (54246)																									Yes	Yes	
MUSHROOM, RED WINE & PANCETTA																									No	No	
Mushroom Bacon Jus (10000619)																									No	No	

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SIDES																										
FRENCH FRIES																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
BEEF DRIPPING TRIPLE-COOKED CHUNKY CHIPS																									No	No
Beef Dripping (54419)																									No	No
Premium Chip (10001031)																									Yes	Yes
DIRTY FRIES	Yes				Yes		Yes																		No	Yes
Nacho Cheese Sauce (10001897)							Yes																		No	Yes
Chillies Red (54235)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Korean Spicy BBQ Sauce (10002574)	Yes				Yes																				Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
HAND-CUT CRISPY HALLOUMI FRIES	Yes						Yes																		No	Yes
Semi Skimmed Milk (10001941)							Yes																		No	Yes
Batter Mix (51665)	Yes																								Yes	Yes
Halloumi (10003111)							Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
SWEET POTATO FRIES																									Yes	Yes
Sweet Potato Fries (10001032)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
BAKED POTATO						Yes	Yes																		No	Yes
Baking Potatoes (10000355)																									Yes	Yes
Fresh Herb THYME																									Yes	Yes
Fresh Herbs Chives (54238)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Greek Yoghurt (53510)							Yes																		No	Yes
Lemon Garlic Mayo (10000623)						Yes																			No	Yes
Table Salt (54744)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
BEER-BATTERED ONION RINGS	Yes		Yes																						No	Yes
Beer Battered Onion Rings (10001075)	Yes		Yes																						Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
ROASTED MINI JACKETS							Yes																		No	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Potato Mid (54227, 54255)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
GARLIC MUSHROOMS							Yes																		No	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Mushroom Cup (54218)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
CHARCOAL-GRILLED CORN ON THE COB			Yes				Yes						Yes												No	No
Parmesan (10001839)							Yes																		No	No
Corn On Cob Bites (10002478)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
JUMBO KING PRAWNS							Yes		Yes																No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Samphire (10068447)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Jumbo Tiger Prawn (10002807)									Yes																No	No
TRUFFLE-FLAVOURED MAC & CHEESE	Yes						Yes																		No	Yes
Cheddar (54446)							Yes																		No	Yes
Truffle Oil (10000224)																									Yes	Yes
Mac & Cheese (10003296)	Yes						Yes																		No	Yes
GARLIC SPINACH																									Yes	Yes
Spinach (10001511)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Table Salt (54744)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
LOADED COS WEDGE	Yes	Yes				Yes	Yes						Yes												No	No
Parmesan (10001839)							Yes																		No	No
Ciabatta Loaf (10000902)	Yes	Yes																							Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Smoked Dry Cured Streaky Bacon (54125)																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD CAESAR DRESSING						Yes	Yes						Yes												No	Yes
Caesar Dressing Red Cal (54032)						Yes	Yes						Yes												No	Yes
ADD BLUE CHEESE DRESSING						Yes	Yes						Yes												No	Yes
Blue Cheese Dressing (10002990)						Yes	Yes						Yes												No	Yes
HOUSE SALAD													Yes			Yes									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Cucumber Half Slice (54220)																									Yes	Yes
French Dressing (53514)													Yes			Yes									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
GRILLS																										
HALF CHARCOALED CHICKEN ONLY													Yes												No	No
Roasted Half Chicken (10003102)																									No	No
Rocket Leaf (54258)																									Yes	Yes
Signature B&B Sauce (10003284)													Yes												Yes	Yes
WHOLE CHARCOALED CHICKEN ONLY													Yes												No	No
Roasted Half Chicken (10003102)																									No	No
Rocket Leaf (54258)																									Yes	Yes
Signature B&B Sauce (10003284)													Yes												Yes	Yes
CHOOSE ONE FROM options continued on next page																										
BEEF DRIPPING TRIPLE-COOKED CHUNKY CHIPS																									No	No
Beef Dripping (54419)																									No	No
Premium Chip (10001031)																									Yes	Yes
FRENCH FRIES																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
BAKED POTATO						Yes	Yes																		No	Yes
Baking Potatoes (10000355)																									Yes	Yes
Fresh Herb THYME																									Yes	Yes
Fresh Herbs Chives (54238)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Greek Yoghurt (53510)							Yes																		No	Yes
Lemon Garlic Mayo (10000623)						Yes																			No	Yes
Table Salt (54744)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
SWEET POTATO FRIES																									Yes	Yes
Sweet Potato Fries (10001032)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
AND ONE FROM																										
HOUSE SALAD												Yes				Yes									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Cucumber Half Slice (54220)																									Yes	Yes
French Dressing (53514)												Yes				Yes									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
CHARCOAL-GRILLED CORN ON THE COB			Yes				Yes						Yes												No	No
Parmesan (10001839)							Yes																		No	No
Corn On Cob Bites (10002478)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
SMOKY COWBOY BEANS	Yes						Yes					Yes	Yes												No	Yes
Spicy Beans Vegetarian (10002944)	Yes						Yes					Yes	Yes												No	Yes
LOADED COS WEDGE WITH CAESAR DRESSING	Yes	Yes					Yes																		No	No
Parmesan (10001839)							Yes																		No	No
Ciabatta Loaf (10000902)	Yes	Yes																							Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Smoked Dry Cured Streaky Bacon (54125)																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
WITH CAESAR DRESSING ADD						Yes	Yes						Yes												No	Yes
Caesar Dressing Red Cal (54032)						Yes	Yes						Yes												No	Yes
WITH BLUE CHEESE DRESSING ADD						Yes	Yes						Yes												No	Yes
Blue Cheese Dressing (10002990)						Yes	Yes						Yes												No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SMOKY MIXED GRILL	Yes		Yes				Yes					Yes	Yes			Yes									No	No
Lamb Chops (10001879)																									No	No
Beer Can Marinade (10001885)			Yes									Yes													Yes	Yes
Spicy Beans Vegetarian (10002944)	Yes						Yes					Yes	Yes												No	Yes
Baking Potatoes (10000355)																									Yes	Yes
BB Angus Rump Heart (10002146)																									No	No
Extra Virgin Olive Oil (54377)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Fresh Herbs Basil (54237)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Roasted Half Chicken (10003102)																									No	No
Rocket Leaf (54258)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Pork Hotlink Sausage (10003305)																Yes									No	No
B&B SIRLOIN STACK	Yes					Yes	Yes						Yes			Yes									No	No
BB Angus Sirloin (10002145)																									No	No
Brioche Bun (54523)	Yes					Yes	Yes																		No	Yes
Chillies Red (54235)																									Yes	Yes
Crushed Chillies (54721)																									Yes	Yes
Dried Oregano (10000421)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Mayonnaise Light (54568)						Yes							Yes												No	Yes
Onions Red (10002596)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
MINTED LAMB CHOPS						Yes																			No	No
Lamb Chops (10001879)																									No	No
Cherry Tomatoes (10000328)																									Yes	Yes
Feta Cheese (10000069)						Yes																			No	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Fresh Herbs Mint (54242)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Mint Sauce (51730)																									Yes	Yes
Potato Mid (54227, 54255)																									Yes	Yes
Whole Green Beans (54291)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
Red Pepper & Harris Sauce (10001427)																									Yes	Yes

HANDMADE BURGERS																										
CLASSIC 6OZ BEEF BURGER	Yes					Yes	Yes						Yes												No	No
Onions Red (10002596)																									Yes	Yes
Brioche Bun (54523)	Yes					Yes	Yes																		No	Yes
Burger Trim (10001694)																									No	No
Fat For Burger (10001695)																									No	No
Lettuce Cos (54222)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Vegan Burger Sauce (10002205)													Yes												Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD CHEDDAR CHEESE & BACON						Yes																			No	No
Smoked Dry Cured Streaky Bacon (54125)																									No	No
Cheese Slices (51545)						Yes																			No	Yes
ADD 6OZ BEEF PATTY																									No	No
Burger Trim (10001694)																									No	No
Fat For Burger (10001695)																									No	No

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
TANDOORI CHICKEN	Yes					Yes	Yes						Yes												No	No
Onions Red (10002596)																									Yes	Yes
Brioche Bun (54523)	Yes					Yes	Yes																		No	Yes
Cucumber Cat II (54220)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Fresh Herbs Mint (54242)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Greek Yoghurt (53510)							Yes																		No	Yes
Lemons (54602, 54722)																									No	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Plain Flour (52330)	Yes																								Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tandoori Rub (10002694)													Yes												No	Yes
Tandoori Rub (10002694)													Yes												No	Yes
Tomato M (54216)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Cage Free Med Barn Eggs (10001067)						Yes																			No	Yes
Raw Chicken Fillet (10001118)																									No	No

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
THE MIGHTY BLOCK	Yes					Yes	Yes						Yes												No	No
Onions Red (10002596)																									Yes	Yes
Semi Skimmed Milk (10001941)							Yes																		No	Yes
Nacho Cheese Sauce (10001897)							Yes																		No	Yes
Brioche Bun (54523)	Yes					Yes	Yes																		No	Yes
Burger Trim (10001694)																									No	No
Fat For Burger (10001695)																									No	No
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Paprika Pepper (48048)																									Yes	Yes
Pickled Cucumber Spears (53016)													Yes												No	Yes
Plain Flour (52330)	Yes																								Yes	Yes
Pulled Beef Brisket (10003076)																									No	No
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Vegan Burger Sauce (10002205)													Yes												Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD 6OZ BEEF PATTY																									No	No
Burger Trim (10001694)																									No	No
Fat For Burger (10001695)																									No	No
GARDEN GOURMET SLOPPY JOE	Yes	Yes	Yes	Yes	Yes							Yes	Yes												Yes	Yes
Onions Red (10002596)																									Yes	Yes
Sloppy Joes Vegan (10001740)			Yes		Yes							Yes													Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Vegan Bun (54701)	Yes	Yes		Yes																					Yes	Yes
Vegan Burger Sauce (10002205)													Yes												Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Vegan Sliced Cheese																									Yes	Yes
Garden Gourmet Vegan Burger (10002832)	Yes		Yes		Yes																				Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
FISH																										
BEER-BATTERED COD AND CHIPS	Yes		Yes			Yes	Yes	Yes					Yes												No	No
MSC Cod Fillets (10001500)								Yes																	No	No
Baby Capers (53790)																									Yes	Yes
Batter Mix (51665)	Yes																								Yes	Yes
Beef Dripping (54419)																									No	No
Doom Bar (900208)			Yes																						No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Lemons (54602, 54722)																									No	Yes
Mayonnaise Light (54568)						Yes							Yes												No	Yes
Mushy Peas Minty (54536)							Yes																		No	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Pickled Cucumber Spears (53016)													Yes												No	Yes
Plain Flour (52330)	Yes																								Yes	Yes
Premium Chip (10001031)																									Yes	Yes
Samphire (10068447)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
CHARGRILLED SALMON																										
Hollandaise Sauce (10001762)						Yes	Yes	Yes								Yes									No	No
Fresh Herbs Parsley (54241)						Yes	Yes									Yes									No	Yes
Garlic Peeled (10068422)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Potato Mid (54227, 54255)																									Yes	Yes
Samphire (10068447)																									Yes	Yes
Skin-On Salmon Portions (10000657, 10000603)								Yes																	No	No
Tenderstem Broccoli (10000524)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SALADS																										
CHIMICHURRI MIXED VEGETABLES																Yes									Yes	Yes
Chillies Red (54235)																									Yes	Yes
Corn On Cob Bites (10002478)																									Yes	Yes
Crushed Chillies (54721)																									Yes	Yes
Dried Oregano (10000421)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Mushroom Flat (54219)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Potato Mid (54227, 54255)																									Yes	Yes
Tenderstem Broccoli (10000524)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Red Pepper & Harris Sauce (10001427)																									Yes	Yes
ADD HALLOUMI							Yes																		No	Yes
Halloumi (10003111)							Yes																		No	Yes
CHICKEN CAESAR SALAD	Yes	Yes				Yes	Yes						Yes												No	No
Parmesan (10001839)							Yes																		No	No
Caesar Dressing Red Cal (54032)						Yes	Yes						Yes												No	Yes
Ciabatta Loaf (10000902)	Yes	Yes																							Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Smoked Dry Cured Streaky Bacon (54125)																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Cage Free Med Barn Eggs (10001067)						Yes																			No	Yes
Raw Chicken Fillet (10001118)																									No	No

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
BAR & BLOCK HOUSE SALAD + RUMP STEAK																									No	No	
Avocado (10001861)																									Yes	Yes	
BB Angus Rump Heart (10002146)																									No	No	
Cherry Tomatoes (10000328)																									Yes	Yes	
Corn On Cob Bites (10002478)																									Yes	Yes	
Cucumber Cat II (54220)																									Yes	Yes	
Lettuce Cos (54222)																									Yes	Yes	
Onions Red (10002596)																									Yes	Yes	
Rocket Leaf (54258)																									Yes	Yes	
Table Salt (54744)																									Yes	Yes	
ADD FRENCH DRESSING													Yes			Yes									Yes	Yes	
French Dressing (53514)													Yes			Yes									Yes	Yes	
ADD BLUE CHEESE DRESSING						Yes	Yes						Yes												No	Yes	
Blue Cheese Dressing (10002990)						Yes	Yes						Yes												No	Yes	
UPGRADE TO SIRLOIN ADD																									No	No	
BB Angus Sirloin (10002145)																									No	No	
SIDES																											
FRENCH FRIES																									Yes	Yes	
Stealth Fries (52190)																									Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
BEEF DRIPPING TRIPLE-COOKED CHUNKY CHIPS																									No	No	
Beef Dripping (54419)																									No	No	
Premium Chip (10001031)																									Yes	Yes	
DIRTY FRIES	Yes				Yes		Yes																		No	Yes	
Nacho Cheese Sauce (10001897)							Yes																		No	Yes	
Chillies Red (54235)																									Yes	Yes	
Fresh Herbs Coriander (54239)																									Yes	Yes	
Korean Spicy BBQ Sauce (10002574)	Yes				Yes																				Yes	Yes	
Onions Spring Bunch (54250)																									Yes	Yes	
Stealth Fries (52190)																									Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
HAND-CUT CRISPY HALLOUMI FRIES	Yes						Yes																		No	Yes	
Semi Skimmed Milk (10001941)							Yes																		No	Yes	
Batter Mix (51665)	Yes																								Yes	Yes	
Halloumi (10003111)							Yes																		No	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
SWEET POTATO FRIES																									Yes	Yes	
Sweet Potato Fries (10001032)																									Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
BAKED POTATO						Yes	Yes																		No	Yes
Baking Potatoes (10000355)																									Yes	Yes
Fresh Herbs Chives (54238)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Greek Yoghurt (53510)							Yes																		No	Yes
Lemon Garlic Mayo (10000623)						Yes																			No	Yes
Table Salt (54744)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
BEER-BATTERED ONION RINGS	Yes		Yes																						No	Yes
Beer Battered Onion Rings (10001075)	Yes		Yes																						Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ROASTED MINI JACKETS							Yes																		No	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Potato Mid (54227, 54255)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
GARLIC MUSHROOMS							Yes																		No	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Mushroom Cup (54218)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
CHARCOAL-GRILLED CORN ON THE COB			Yes				Yes						Yes												No	No
Parmesan (10001839)							Yes																		No	No
Corn On Cob Bites (10002478)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
JUMBO KING PRAWNS							Yes		Yes																No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Samphire (10068447)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Jumbo Tiger Prawn (10002807)									Yes																No	No
TRUFFLE-FLAVOURED MAC & CHEESE	Yes						Yes																		No	Yes
Cheddar (54446)							Yes																		No	Yes
Truffle Oil (10000224)																									Yes	Yes
Mac & Cheese (10003296)	Yes						Yes																		No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
GARLIC SPINACH																									Yes	Yes
Spinach (10001511)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
LOADED COS WEDGE	Yes	Yes					Yes																		No	No
Parmesan (10001839)							Yes																		No	No
Ciabatta Loaf (10000902)	Yes	Yes																							Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Smoked Dry Cured Streaky Bacon (54125)																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD CAESAR DRESSING						Yes	Yes						Yes												No	Yes
Caesar Dressing Red Cal (54032)						Yes	Yes						Yes												No	Yes
ADD BLUE CHEESE DRESSING						Yes	Yes						Yes												No	Yes
Blue Cheese Dressing (10002990)						Yes	Yes						Yes												No	Yes
HOUSE SALAD													Yes			Yes									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Cucumber Half Slice (54220)																									Yes	Yes
French Dressing (53514)												Yes				Yes									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Rocket Leaf (54258)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
DESSERTS																										
BLUEBERRY CHEESECAKE CRUMBLE PIE	Yes					Yes																			No	Yes
Fruit Berry Mix (10003254)																									Yes	Yes
Blueberry Cheesecake Pie (10003306)	Yes					Yes																			No	Yes
ZESTY LEMON TART	Yes					Yes	Yes																		No	Yes
Lemon Tart (10003257)	Yes					Yes	Yes																		No	Yes
Vanilla Dairy Ice Cream (54575)						Yes																			No	Yes
TRIPLE CHOCOLATE BROWNIE	Yes				Yes	Yes	Yes																		No	Yes
Chocolate Toffee Sauce (53916)					Yes		Yes																		No	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																		No	Yes
Vanilla Dairy Ice Cream (54575)						Yes																			No	Yes
ETON MESS SUNDAE						Yes	Yes																		No	Yes
Fruit Berry Mix (10003254)																									Yes	Yes
Ripple Pavlova (10000627)						Yes																			No	Yes
Strawberries (54259)																									Yes	Yes
UHT Whipping Cream (24097)							Yes																		No	Yes
Vanilla Dairy Ice Cream (54575)						Yes																			No	Yes
STICKY TOFFEE PUDDING	Yes					Yes	Yes																		No	Yes
Sticky Toffee Pudding (10003211)	Yes					Yes	Yes																		No	Yes
Vanilla Dairy Ice Cream (54575)							Yes																		No	Yes
Fresh Herbs Mint (54242)																									Yes	Yes
CHOCOLATE TORTE	Yes				Yes																				Yes	Yes
Vegan Chocolate Torte (10003126)	Yes				Yes																				Yes	Yes
Fruit Berry Mix (10003254)																									Yes	Yes
ADD A SCOOP OF VEGAN ICE CREAM																									Yes	Yes
Vegan Ice Cream (10002813)																									Yes	Yes
APPLE & BLACKBERRY CRUMBLE				Yes																					Yes	Yes
Apple & Blackberry Compote (10003092)																									Yes	Yes
Crumble Topping (10003089)				Yes																					Yes	Yes
WITH CUSTARD ADD						Yes																			No	Yes
Custard - Ready To Serve (53399)						Yes																			No	Yes
WITH ICE CREAM ADD						Yes																			No	Yes
Vanilla Dairy Ice Cream (54575)						Yes																			No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
MELTING CHOCOLATE DOME	Yes			Yes	Yes	Yes	Yes																		No	Yes
Crumble Topping (10003089)				Yes																					Yes	Yes
Dulche De Leche (10001768)							Yes																		No	Yes
Chocolate Dome (10002573)					Yes																				No	Yes
Chocolate Toffee Sauce (53916)					Yes		Yes																		No	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																		No	Yes
Vanilla Dairy Ice Cream (54575)							Yes																		No	Yes
CHOCOLATE CHURROS SUNDAE	Yes				Yes	Yes	Yes																		No	Yes
Chocolate Toffee Sauce (53916)					Yes		Yes																		No	Yes
Churros (10000784)	Yes																								Yes	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																		No	Yes
UHT Whipping Cream (24097)							Yes																		No	Yes
Vanilla Dairy Ice Cream (54575)							Yes																		No	Yes
SIGNATURE CHOCOLATE HAZELNUT DOME	Yes				Yes	Yes	Yes										Yes								No	Yes
Hazelnut Dome (10001900)	Yes				Yes	Yes	Yes										Yes								No	Yes
Chocolate Toffee Sauce (53916)					Yes		Yes																		No	Yes
CHEESEBOARD BOTH SIZES	Yes	Yes					Yes					Yes				Yes									No	Yes
Port & Onion Confit (10001730)							Yes					Yes				Yes									No	Yes
Celery (54234)												Yes													Yes	Yes
Cheddar (54446)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Apples Green (54605)																									Yes	Yes
Cheese Selection (10003311)							Yes																		No	Yes
Crackers (10003313)	Yes	Yes					Yes																		No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
KIDS MENU																										
TO START																										
VEGGIE STICKS							Yes																		No	Yes
Carrots Medium (54609)																									Yes	Yes
Cucumber Cat II (54220)																									Yes	Yes
Cucumber Cat II (54220)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Fresh Herbs Mint (54242)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Greek Yoghurt (53510)							Yes																		No	Yes
Lemons (54602, 54722)																									No	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
BUILD YOUR OWN MAINS																										
CHARGILLED CHICKEN & FLATBREAD	Yes						Yes																		No	No
Cucumber Cat II (54220)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Fresh Herbs Mint (54242)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Greek Yoghurt (53510)							Yes																		No	Yes
Lemons (54602, 54722)																									No	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Raw Chicken Fillet (10001118)																									No	No
MINI STEAK & FRIES																										
BB Angus Rump Heart (10002146)																									No	No
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
10 VEG TOMATO PASTA																										
Tomato Pasta Kids (10001986)	Yes						Yes					Yes													No	Yes
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
MINI COD & CHIPS	Yes					Yes		Yes					Yes												No	No	
MSC Cod Fillets (10001500)								Yes																	No	No	
Baby Capers (53790)																									Yes	Yes	
Batter Mix (51665)	Yes																								Yes	Yes	
Fresh Herbs Parsley (54241)																									Yes	Yes	
Lemons (54602, 54722)																									No	Yes	
Lemons (54602, 54722)																									No	Yes	
Mayonnaise Light (54568)						Yes							Yes												No	Yes	
Onions Spring Bunch (54250)																									Yes	Yes	
Pickled Cucumber Spears (53016)													Yes												No	Yes	
Plain Flour (52330)	Yes																								Yes	Yes	
Stealth Fries (52190)																									Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
SPAGHETTI BOLOGNESE	Yes						Yes																		No	No	
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes	
Spaghetti Bolognese (10002485)	Yes																								No	No	
BEEF BURGER WITH FRIES	Yes					Yes																			No	No	
Burger Buns Kids (54107)	Yes					Yes																			No	Yes	
Burger Trim (10001694)																									No	No	
Fat For Burger (10001695)																									No	No	
Lettuce Cos (54222)																									Yes	Yes	
Stealth Fries (52190)																									Yes	Yes	
Tomato M (54216)																									Yes	Yes	
PICK 2 YUMMY SIDES																											
2 MINI CORN ON THE COB																									Yes	Yes	
Corn On Cob Bites (10002478)																									Yes	Yes	
BAKED BEANS																									Yes	Yes	
Baked Beans In Tomato Sauce (10001944)																									Yes	Yes	
PEAS																									Yes	Yes	
Peas Grade A (53692)																									Yes	Yes	
VEGGIE STICKS																									Yes	Yes	
Carrots Medium (54609)																									Yes	Yes	
Cucumber Cat II (54220)																									Yes	Yes	
Pepper Red (54226, 10000329)																									Yes	Yes	
HOUSE SALAD													Yes			Yes									Yes	Yes	
Cucumber Half Slice (54220)																									Yes	Yes	
French Dressing (53514)													Yes			Yes									Yes	Yes	
Lettuce Cos (54222)																									Yes	Yes	
Onions Red (10002596)																									Yes	Yes	
Pepper Red (54226, 10000329)																									Yes	Yes	
Rocket Leaf (54258)																									Yes	Yes	
Cherry Tomatoes (10000328)																									Yes	Yes	

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
DESSERTS																										
FRUIT SALAD																									Yes	Yes
Del Monte Fresh Fruit (52205)																									Yes	Yes
Strawberries (54259)																									Yes	Yes
ICE CREAM					Yes		Yes																		No	Yes
Chocolate Toffee Sauce (53916)					Yes		Yes																		No	Yes
Reduced Sugar Ice Cream Kids (10002011)							Yes																		No	Yes
PANCAKE WITH FRUIT	Yes					Yes	Yes																		No	Yes
Bananas (10002199)																									Yes	Yes
Fruit Berry Mix (10003254)																									Yes	Yes
Reduced Sugar Pancake (10000656)	Yes					Yes	Yes																		No	Yes
Strawberries (54259)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten- barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
LUNCHTIME MENU																										
STARTERS																										
GARLIC FLATBREAD	Yes					Yes																			No	Yes
Beef Seasoning (10003386)																									Yes	Yes
Flatbread Hand Pressed (54502)	Yes					Yes																			No	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
CAULI WINGS	Yes																								Yes	Yes
Battered Cauliflower Wings (10001910)	Yes																								Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Red Pepper & Harrisa Sauce (10001427)																									Yes	Yes
MAC & CHEESE BITES	Yes				Yes	Yes																			No	Yes
Mac & Cheese Bites (54719)	Yes				Yes	Yes																			No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
MAINS- all mains shown without salad & fries																										
WITH FRIES																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
WITH HOUSE SALAD													Yes			Yes									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Cucumber Half Slice (54220)																									Yes	Yes
French Dressing (53514)													Yes			Yes									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
CLASSIC 6OZ BEEF BURGER	Yes					Yes	Yes						Yes												No	No
Onions Red (10002596)																									Yes	Yes
Brioche Bun (54523)	Yes					Yes	Yes																		No	Yes
Burger Trim (10001694)																									No	No
Fat For Burger (10001695)																									No	No
Lettuce Cos (54222)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Vegan Burger Sauce (10002205)													Yes												Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD CHEDDAR CHEESE & BACON							Yes																		No	No
Smoked Dry Cured Streaky Bacon (54125)																									No	No
Cheese Slices (51545)							Yes																		No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
BUTTERMILK CHICKEN BURGER	Yes					Yes	Yes						Yes												No	No
Onions Red (10002596)																									Yes	Yes
Brioche Bun (54523)	Yes					Yes	Yes																		No	Yes
Buttermilk Chicken Goujons (54586)	Yes						Yes																		No	No
Lettuce Cos (54222)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Vegan Burger Sauce (10002205)													Yes												Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Cheese Slices (51545)							Yes																		No	Yes
STEAK SANDWICH	Yes					Yes	Yes																		No	No
BB Angus Rump Heart (10002146)																									No	No
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Lemon Garlic Mayo (10000623)						Yes																			No	Yes
Onions Red (10002596)																									Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Cheese Slices (51545)							Yes																		No	Yes
CHIMICHURRI MIXED VEGETABLES																Yes									Yes	Yes
Chillies Red (54235)																									Yes	Yes
Corn On Cob Bites (10002478)																									Yes	Yes
Crushed Chillies (54721)																									Yes	Yes
Dried Oregano (10000421)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Mushroom Flat (54219)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Potato Mid (54227, 54255)																									Yes	Yes
Tenderstem Broccoli (10000524)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Red Pepper & Harris Sauce (10001427)																									Yes	Yes
ADD HALLOUMI							Yes																		No	Yes
Halloumi (10003111)							Yes																		No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
OPEN CLUB SANDWICH	Yes					Yes	Yes						Yes			Yes									No	No
Avocado (10001861)																									Yes	Yes
Chillies Red (54235)																									Yes	Yes
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Lettuce Cos (54222)																									Yes	Yes
Mayonnaise Light (54568)						Yes							Yes												No	Yes
Onions Red (10002596)																									Yes	Yes
Smoked Dry Cured Streaky Bacon (54125)																									No	No
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Cage Free Med Barn Eggs (10001067)						Yes																			No	Yes
Raw Chicken Fillet (10001118)																									No	No
STEAK & FRITES							Yes																		No	No
BB Angus Rump Heart (10002146)																									No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
UPGRADE TO 8OZ SIRLOIN ADD																									No	No
BB Angus Sirloin (10002145)																									No	No
GARDEN GOURMET BURGER	Yes	Yes	Yes	Yes	Yes								Yes												Yes	Yes
Onions Red (10002596)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Vegan Bun (54701)	Yes	Yes		Yes																					Yes	Yes
Vegan Burger Sauce (10002205)													Yes												Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Garden Gourmet Vegan Burger (10002832)	Yes		Yes		Yes																				Yes	Yes
ADD SLOPPY JOE MIX			Yes		Yes							Yes													Yes	Yes
Sloppy Joes Vegan (10001740)			Yes		Yes							Yes													Yes	Yes
ADD VIOLIFE SLICE																									Yes	Yes
Vegan Sliced Cheese																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SCAMPI & CHIPS	Yes					Yes			Yes				Yes												No	No
Low Salt Whitby Scampi (10001619)	Yes								Yes																No	No
Baby Capers (53790)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Lemons (54602, 54722)																									No	Yes
Mayonnaise Light (54568)						Yes							Yes												No	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Pickled Cucumber Spears (53016)													Yes												No	Yes
Samphire (10068447)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
FISH & CHIP SANDWICH	Yes		Yes			Yes	Yes	Yes					Yes												No	No
MSC Cod Fillets (10001500)								Yes																	No	No
Baby Capers (53790)																									Yes	Yes
Batter Mix (51665)	Yes																								Yes	Yes
Doom Bar (900208)			Yes																						No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Mayonnaise Light (54568)						Yes							Yes												No	Yes
Mushy Peas Minty (54536)							Yes																		No	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Pickled Cucumber Spears (53016)													Yes												No	Yes
Plain Flour (52330)	Yes																								Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
White Bloomer 12 Slices (53456)	Yes																								Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SIDES																										
FRENCH FRIES																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
BEEF DRIPPING TRIPLE-COOKED CHUNKY CHIPS																									No	No
Beef Dripping (54419)																									No	No
Premium Chip (10001031)																									Yes	Yes
SWEET POTATO FRIES																									Yes	Yes
Sweet Potato Fries (10001032)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
DIRTY FRIES	Yes				Yes		Yes																		No	Yes
Nacho Cheese Sauce (10001897)							Yes																		No	Yes
Chillies Red (54235)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Korean Spicy BBQ Sauce (10002574)	Yes				Yes																				Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
HAND-CUT CRISPY HALLOUMI FRIES	Yes						Yes																		No	Yes
Semi Skimmed Milk (10001941)							Yes																		No	Yes
Batter Mix (51665)	Yes																								Yes	Yes
Halloumi (10003111)							Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
BAKED POTATO						Yes	Yes																		No	Yes
Baking Potatoes (10000355)																									Yes	Yes
Fresh Herbs Chives (54238)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Greek Yoghurt (53510)							Yes																		No	Yes
Lemon Garlic Mayo (10000623)						Yes																			No	Yes
Table Salt (54744)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
BEER-BATTERED ONION RINGS	Yes		Yes																						No	Yes
Beer Battered Onion Rings (10001075)	Yes		Yes																						Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
TRUFFLE-FLAVOURED MAC & CHEESE	Yes						Yes																		No	Yes
Cheddar (54446)							Yes																		No	Yes
Truffle Oil (10000224)																									Yes	Yes
Mac & Cheese (10003296)	Yes						Yes																		No	Yes
GARLIC SPINACH																									Yes	Yes
Spinach (10001511)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
GARLIC MUSHROOMS							Yes																		No	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Mushroom Cup (54218)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
ROASTED MINI JACKETS							Yes																		No	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Potato Mid (54227, 54255)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
JUMBO KING PRAWNS							Yes		Yes																No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Samphire (10068447)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Jumbo Tiger Prawn (10002807)									Yes																No	No

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
CHARCOAL-GRILLED CORN ON THE COB			Yes			Yes							Yes												No	No
Parmesan (10001839)						Yes																			No	No
Corn On Cob Bites (10002478)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
HOUSE SALAD													Yes			Yes									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Cucumber Half Slice (54220)																									Yes	Yes
French Dressing (53514)													Yes			Yes									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
LOADED COS WEDGE	Yes	Yes				Yes																			No	No
Parmesan (10001839)						Yes																			No	No
Ciabatta Loaf (10000902)	Yes	Yes																							Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Smoked Dry Cured Streaky Bacon (54125)																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD CAESAR DRESSING						Yes	Yes						Yes												No	Yes
Caesar Dressing Red Cal (54032)						Yes	Yes						Yes												No	Yes
ADD BLUE CHEESE DRESSING						Yes	Yes						Yes												No	Yes
Blue Cheese Dressing (10002990)						Yes	Yes						Yes												No	Yes
DESSERTS																										
TRIPLE CHOCOLATE BROWNIE	Yes				Yes	Yes	Yes																		No	Yes
Chocolate Toffee Sauce (53916)					Yes		Yes																		No	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																		No	Yes
Vanilla Dairy Ice Cream (54575)							Yes																		No	Yes
CHOCOLATE TORTE	Yes				Yes																				Yes	Yes
Vegan Chocolate Torte (10003126)	Yes				Yes																				Yes	Yes
Fruit Berry Mix (10003254)																									Yes	Yes
ADD A SCOOP OF VEGAN ICE CREAM																									Yes	Yes
Vegan Ice Cream (10002813)																									Yes	Yes
ZESTY LEMON TART	Yes					Yes	Yes																		No	Yes
Lemon Tart (10003257)	Yes					Yes	Yes																		No	Yes
Vanilla Dairy Ice Cream (54575)							Yes																		No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
BAR SNACKS																										
GARLIC FLATBREAD	Yes						Yes																		No	Yes
Beef Seasoning (10003386)																									Yes	Yes
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
HONEY & MUSTARD MINI SAUSAGES	Yes						Yes						Yes			Yes									No	No
Honey & Mustard Dressing (10000049)							Yes						Yes												No	Yes
PI Breakfast Pork Sausage (10001400)	Yes															Yes									No	No
MAC & CHEESE BITES	Yes				Yes		Yes																		No	Yes
Mac & Cheese Bites (54719)	Yes				Yes		Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
TANDOORI CHICKEN WINGS ALL SIZES	Yes					Yes	Yes						Yes												No	No
Single Joint Chicken Wing (10001902)																									No	No
Fresh Herbs Coriander (54239)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Greek Yoghurt (53510)							Yes																		No	Yes
Onions Red (10002596)																									Yes	Yes
Plain Flour (52330)	Yes																								Yes	Yes
Table Salt (54744)																									Yes	Yes
Tandoori Rub (10002694)													Yes												No	Yes
Tandoori Rub (10002694)													Yes												No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Cage Free Med Barn Eggs (10001067)						Yes																			No	Yes
STICKY WINGS ALL SIZES			Yes			Yes	Yes						Yes												No	No
Single Joint Chicken Wing (10001902)																									No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Blue Cheese Dressing (10002990)						Yes	Yes						Yes												No	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
KOREAN CHICKEN WINGS ALL SIZES	Yes				Yes																				No	No
Single Joint Chicken Wing (10001902)																									No	No
Chillies Red (54235)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Korean Spicy BBQ Sauce (10002574)	Yes				Yes																				Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
ASIAN CRISPY BEEF					Yes						Yes														No	No
Hoi Sin Sauce Ngci (10001165)					Yes						Yes														Yes	Yes
Chillies Red (54235)																									Yes	Yes
Cornflour (54168)																									Yes	Yes
Cucumber Cat II (54220)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Pulled Beef Brisket (10003076)																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
JUMBO GARLIC PRAWNS	Yes						Yes		Yes																No	No
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Samphire (10068447)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Jumbo Tiger Prawn (10002807)									Yes																No	No
NACHOS SHARER	Yes						Yes					Yes	Yes			Yes									No	Yes
Spicy Beans Vegetarian (10002944)	Yes						Yes					Yes	Yes												No	Yes
Nacho Cheese Sauce (10001897)							Yes																		No	Yes
Cheddar (54446)							Yes																		No	Yes
Chillies Red (54235)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Fresh Herbs Basil (54237)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Tortilla Chips (54045)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
ADD PULLED BEEF BRISKET																									No	No
Pulled Beef Brisket (10003076)																									No	No

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SALT & PEPPER SQUID	Yes					Yes				Yes															No	No
Calamari (10000512)	Yes									Yes															No	No
Chillies Red (54235)																									Yes	Yes
Cracked Black Peppercorns (51753)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Lemon Garlic Mayo (10000623)						Yes																			No	Yes
Lemons (54602, 54722)																									No	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
CAULI WINGS	Yes																								Yes	Yes
Battered Cauliflower Wings (10001910)	Yes																								Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Red Pepper & Harris Sauce (10001427)																									Yes	Yes
HOUSE SHARING BLOCK	Yes				Yes		Yes						Yes			Yes									No	No
Baking Potatoes (10000355)																									Yes	Yes
Buttermilk Chicken Goujons (54586)	Yes						Yes																		No	No
Single Joint Chicken Wing (10001902)																									No	No
Chillies Red (54235)																									Yes	Yes
Flatbread Hand Pressed (54502)	Yes						Yes																		No	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Honey & Mustard Dressing (10000049)						Yes							Yes												No	Yes
Korean Spicy BBQ Sauce (10002574)	Yes				Yes																				Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
PI Breakfast Pork Sausage (10001400)	Yes														Yes										No	No
Rocket Leaf (54258)																									Yes	Yes
Soured Cream Reduced Fat (51047)							Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
GARDEN GOURMET SLOPPY JOE	Yes	Yes	Yes	Yes	Yes							Yes	Yes												Yes	Yes
Onions Red (10002596)																									Yes	Yes
Sloppy Joes Vegan (10001740)			Yes		Yes							Yes													Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Vegan Bun (54701)	Yes	Yes		Yes																					Yes	Yes
Vegan Burger Sauce (10002205)													Yes												Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Vegan Sliced Cheese																									Yes	Yes
Garden Gourmet Vegan Burger (10002832)	Yes		Yes		Yes																				Yes	Yes
TANDOORI CHICKEN	Yes					Yes	Yes						Yes												No	No
Onions Red (10002596)																									Yes	Yes
Brioche Bun (54523)	Yes					Yes	Yes																		No	Yes
Cucumber Cat II (54220)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Fresh Herbs Mint (54242)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Greek Yoghurt (53510)							Yes																		No	Yes
Lemons (54602, 54722)																									No	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Plain Flour (52330)	Yes																								Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tandoori Rub (10002694)													Yes												No	Yes
Tandoori Rub (10002694)													Yes												No	Yes
Tomato M (54216)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Cage Free Med Barn Eggs (10001067)						Yes																			No	Yes
Raw Chicken Fillet (10001118)																									No	No

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SIDES																										
FRENCH FRIES																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
BEEF DRIPPING TRIPLE-COOKED CHUNKY CHIPS																									No	No
Beef Dripping (54419)																									No	No
Premium Chip (10001031)																									Yes	Yes
DIRTY FRIES	Yes				Yes		Yes																		No	Yes
Nacho Cheese Sauce (10001897)							Yes																		No	Yes
Chillies Red (54235)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Korean Spicy BBQ Sauce (10002574)	Yes				Yes																				Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
HAND-CUT CRISPY HALLOUMI FRIES	Yes						Yes																		No	Yes
Semi Skimmed Milk (10001941)							Yes																		No	Yes
Batter Mix (51665)	Yes																								Yes	Yes
Halloumi (10003111)							Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
SWEET POTATO FRIES																									Yes	Yes
Sweet Potato Fries (10001032)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SUNDAY ROAST MENU																										
ROAST BEEF	Yes					Yes	Yes					Yes				Yes									No	No
BB Angus Sirloin (10002145)																									No	No
Beef Dripping (54419)																									No	No
Carrots Medium (54609)																									Yes	Yes
Cauliflower Cheese (52862)						Yes	Yes																		No	Yes
Cheddar (54446)							Yes																		No	Yes
Garlic Peeled (10068422)																									Yes	Yes
Gravy (52858)												Yes													No	No
Honey Glazed Parsnips (10003226)	Yes																								No	Yes
Lovelli Rosso (900562)																Yes									No	Yes
Peas Grade A (53692)																									Yes	Yes
Potatoes Roast Cut (10002599)																									No	Yes
Rustic Yorkshire 3 Inch Gastro (10000053)	Yes					Yes	Yes																		No	Yes
Table Salt (54744)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tenderstem Broccoli (10000524)																									Yes	Yes
UHT Whipping Cream (24097)							Yes																		No	Yes
Whole Green Beans (54291)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
ADD AN EXTRA SLICE																									No	No
BB Angus Sirloin (10002145)																									No	No

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
ROAST CHICKEN	Yes					Yes	Yes					Yes				Yes									No	No	
Beef Dripping (54419)																									No	No	
Carrots Medium (54609)																									Yes	Yes	
Cauliflower Cheese (52862)						Yes	Yes																		No	Yes	
Cheddar (54446)							Yes																		No	Yes	
Garlic Peeled (10068422)																									Yes	Yes	
Gravy (52858)												Yes													No	No	
Honey Glazed Parsnips (10003226)	Yes																								No	Yes	
Lovelli Rosso (900562)																Yes									No	Yes	
Peas Grade A (53692)																									Yes	Yes	
Potatoes Roast Cut (10002599)																									No	Yes	
Roasted Half Chicken (10003102)																									No	No	
Rustic Yorkshire 3 Inch Gastro (10000053)	Yes					Yes	Yes																		No	Yes	
Table Salt (54744)																									Yes	Yes	
Table Salt (54744)																									Yes	Yes	
Tenderstem Broccoli (10000524)																									Yes	Yes	
UHT Whipping Cream (24097)							Yes																		No	Yes	
Whole Green Beans (54291)																									Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
Salted Block Butter (10001077)							Yes																		No	Yes	
Salted Block Butter (10001077)							Yes																		No	Yes	
Salted Block Butter (10001077)							Yes																		No	Yes	
UPGRADES																											
TRUFFLE-FLAVOURED MAC & CHEESE	Yes						Yes																		No	Yes	
Cheddar (54446)							Yes																		No	Yes	
Truffle Oil (10000224)																									Yes	Yes	
Mac & Cheese (10003296)	Yes						Yes																		No	Yes	
PIGS IN BLANKETS																											
PI Breakfast Pork Sausage (10001400)	Yes															Yes									No	No	
Smoked Dry Cured Streaky Bacon (54125)	Yes															Yes									No	No	

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BAR + BLOCK DRINKS MENU SPRING 22 ALLERGY DATA																				
SIGNATURE																				
B+B BLOODY MARY	NO	NO	Y									Y		Y	Y					
B+B LONG ISLAND ICE TEA	NO	NO										Y								
B+B NEGRONI	NO	NO										Y								
B+B NEW YORK SOUR	NO	NO						Y	Y			Y								
SPRITZ																				
APEROL SPRITZ	NO	NO										Y								
SUNDOWNER	NO	NO										Y								
RASBERRY CRUSH	NO	NO										Y								
PASSIONFRUIT	NO	NO										Y								
MOCKTAILS																				
CUDDLES ON THE BEACH	NO	NO																		
CHERRY BAKEWELL	YES	NO										Y						Y	ALMOND	
WATERMELON SUGAR	YES	YES										Y								
STRAWBERRY SODA	YES	YES										Y								
COCKTAILS																				
MARTINIS																				
ESPRESSO MARTINI	NO	NO																		
PORNSTAR MARTINI	NO	NO										Y								
CANDY FLOSS MARTINI	NO	NO										Y								
POPSTAR MARTINI	NO	NO										Y								
FRENCH MARTINI	NO	NO																		
CLASSIC																				
COSMOPOLITAN	NO	NO																		
GIN RICKEY	YES	NO																		
MARGARITA	NO	NO																		
MOJITO	YES	NO																		
MANHATTEN	NO	NO										Y								
SHORT																				
OLD FASHIONED	YES	NO										Y								
MAI TAI	NO	NO										Y						Y	ALMOND	
AMARETTO SOUR	YES	NO						Y				Y								
PALOMA	NO	NO																		

Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
GIN																					
GORDON'S 0%	YES	YES																			
GORDONS GIN	NO	NO																			
GORDONS PINK GIN 70CL	YES	YES																			
GORDON'S SICILIAN LEMON	YES	YES																			
TANQUERAY GIN (70CL)	NO	NO																			
TANQUERAY SEVILLA ORANGE	YES	YES																			
TANQUERAY BLACKCURRANT ROYALE	YES	YES																			
BOMBAY SAPPHIRE	YES	YES																			
WARNERS LONDON DRY GIN	YES	YES																			
WARNER EDWARDS RHUBARB GIN 70CL	YES	YES																			
WARNERS RASPBERRY GIN 70CL	YES	YES																			
DELISTED WARNERS SLOE GIN	YES	YES																			
HENDRICKS 70CL	YES	YES																			
SIPSMITH GIN	YES	YES																			
BOMBAY BRAMBLE	YES	YES																			
RUM & WHISKEY																					
CAPTAIN MORGAN SPICED RUM	NO	NO																			
CAPTAIN MORGAN DARK RUM	NO	NO																			
CAPTAIN MORGAN WHITE 6X70CL	YES	NO																			
BACARDI SUPERIOR	YES	YES																			
KRAKEN RUM 70CL	YES	YES																			
JACK DANIELS No.7	YES	YES																			
JACK DANIEL'S TENNESSEE APPLE	YES	NO																			
BELLS 70CL	YES	NO																			
JAMESON IRISH WHISKEY	YES	YES																			
GLENFIDDICH MALT 12 YO	YES	YES																			
TALISKER	NO	NO																			
VODKA																					
SMIRNOFF RED	NO	NO																			
ABSOLUT ORIGINAL 70CL	YES	YES																			
KETEL ONE VODKA 700ML	NO	NO																			
DRAUGHT																					
PRAHAVA 50L	NO	NO	Y		Y																
STELLA ARTOIS 50L	YES	YES			Y																
SAN MIGUEL DRAUGHT	YES	YES			Y								Y								
CORONA DRAUGHT 50L	YES	YES			Y																
CAMDEN HELLS 6.6G	NO	NO	Y		Y																
GUINNESS	NO	NO			Y																
ASPALL CYDER 500ML	YES	YES																			

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
HOT DRINKS																					
LATTE	YES	NO							Y												
CAPPUCCINO	YES	NO							Y												
AMERICANO BLACK	YES	YES																			
AMERICANO WHITE	YES	NO							Y												
ESPRESSO	YES	YES																			
DOUBLE ESPRESSO	YES	YES																			
HOT CHOCOLATE	YES	NO							Y												
HOT CHOCOLATE WITH CREAM	YES	NO							Y												
TEA SEE INDIVIDUAL MANUFACTURER'S PACKAGING																					
SEMI SKIMMED MILK	YES	NO							Y												
Alpro Soya Drink	YES	YES					Y														
ADD A SYRUP																					
MONIN SF HAZLENUT SYRUP 1L	YES	YES																	Y	HAZLENUT	
MONIN RS SALTED CARAMEL SYRUP 1X	YES	YES																			
MONIN SUGAR FREE VANILLA SYRUP 1	YES	YES																			