



*Allergy Information Guide Information:*

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any “**may contains**” information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before as ingredients may be substituted or changed at short notice.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut) , Pecan, Pistachio, Walnut) and products thereof.**

Items that are added as a choice, upgrade or addition must be checked and the allergen information considered in addition to the main meal.

**Our vegan dishes are made to a vegan recipe but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Please speak to your server if you any dietary requirements.**

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

## KEY FOR BAR + BLOCK STEAKHOUSE ALLERGY INFORMATION GUIDE

**Yes** The allergen is present

**Yes** Suitable for ovo-lacto vegetarians/ vegans

**No** Not suitable for ovo-lacto vegetarians/ vegans



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>BAR + BLOCK NON GLUTEN CONTAINING INGREDIENTS FESTIVE/ CHRISTMAS/ BOXING DAY MENU 2023</b>								
<b>FESTIVE MENU</b>								
<b>FESTIVE STARTERS</b>								
TOMATO+ BASIL SOUP	1426	341	18.2	4.3	36.2	16.6	4.9	1.6
TRUFFLE INFUSED CHEESE FONDUE	3145	751	53.0	22.5	43.6	12.8	22.2	2.2
SMOKED SCOTTISH SALMON	1664	397	12.7	2.6	42.8	14.6	23.4	3.5
CANADIAN KING SCALLOPS + GARLIC KING PRAWNS	1542	368	22.6	13.2	17.7	1.3	22.1	1.5
<b>FESTIVE MAINS</b>								
TURKEY WITH ALL THE TRIMMINGS	4333	1035	39.0	17.4	112.3	28.3	54.3	2.4
CHIMICHURRI MIXED VEGETABLES	3085	737	45.4	3.9	55.9	22.8	18.3	1.1
ADD AN 4OZ* SIRLOIN	735	175	7.8	3.7	1.9	0.5	26.4	0.2
ADD SALMON	1363	325	18.8	3.5	0.5	0.2	38.6	0.3
ADD CHICKEN	649	155	2.5	0.6	0.1	0.5	32.7	1.1
8oz* SIRLOIN with chips	3163	755	35.3	16.8	57.6	1.3	57.4	2.8
8oz* SIRLOIN WITH SALAD	1971	471	22.9	8.5	13.3	7.4	55.2	0.9
8OZ* FILLET WITH CHIPS	3105	742	36.3	17.5	54.4	0.9	50.9	2.8
8OZ* FILLET WITH SALAD	1913	457	23.9	9.2	10.1	7.0	48.7	2.9
STEAK SAMPLER WITH CHIPS NO SAUCE	3777	902	42.4	20.2	56.1	1.3	79.1	3.2
ADD CHIMICHURRI	783	187	20.2	1.4	0.8	0.3	0.3	0.0
ADD MUSHROOM SAUCE	64	15	0.4	0.1	2.1	0.8	0.7	0.5
CHARGRILLED SEABASS	3623	865	58.5	30.5	33.0	11.1	50.2	3.4
ADD PRAWNS	638	152	10.5	6.5	1.6	0.3	13.0	0.6
ADD SCALLOPS	537	128	10.4	6.5	2.0	0.2	6.7	0.4
ADD PRAWNS & SCALLOPS	1174	280	20.8	13.1	3.5	0.5	19.7	1.0
<b>FESTIVE SIDES</b>								
LOADED BEEF DRIPPING ROASTIES	2070	494	10.9	4.4	67.5	16.4	27.6	1.6
TRUFFLE -INFUSED CAULIFLOWER CHEESE	1288	308	26.6	12.8	7.1	3.2	9.5	1.0
GRILLED BRUSSELS SPROUTS GRATIN	1239	296	19.7	11.7	13.4	7.1	12.3	1.5
GARLIC SPINACH	179	43	2.0	0.3	2.3	0.5	4.0	1.0

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>FESTIVE DESSERTS</b>								
FESTIVE AFFOGATO WITH ICE CREAM	456	109	4.2	2.5	13.9	7.5	3.3	0.1
FESTIVE AFFOGATO WITH BAILEYS ICE CREAM	564	135	6.4	4.1	15.5	9.9	3.4	0.0
VEGAN OPTION AVAILABLE	491	117	4.0	3.0	18.4	7.4	1.6	0.1
ETON MESS SUNDAE	1691	404	20.3	13.2	46.9	44.4	7.3	0.3
CARAMELISED BANOFFEE CHEESECAKE	2514	600	17.4	8.2	99.7	78.1	10.4	0.7
<b>FESTIVE KIDS STARTER</b>								
KIDS REINDEER FOOD WITH DIP	142	34	1.0	0.1	4.1	3.8	1.7	0.2
<b>FESTIVE KIDS MAINS</b>								
KIDS FESTIVE TURKEY	2345	560	19.6	8.1	57.5	11.5	35.2	1.3
MINI STEAK + FRIES	1098	262	10.3	3.2	18.7	0.4	25.9	1.1
CHICKEN BREAST WITH FRIES	784	187	5.0	0.6	18.7	0.4	17.5	1.3
ADD BEANS	174	41	0.1	0.0	6.7	2.7	2.5	0.3
ADD SALAD	483	115	7.3	1.2	8.7	6.4	2.4	0.4
ADD PEAS	197	47	0.4	0.1	6.3	3.3	3.1	0.0
ADD VEG BATONS	65	16	0.2	0.0	2.4	2.3	0.6	0.0
ADD COB BITES	200	48	1.1	0.2	5.7	1.5	2.2	0.0
<b>FESTIVE KIDS DESSERTS</b>								
FRUIT SALAD	222	53	0.1	0.0	11.4	11.4	0.7	0.0
ICE CREAM	642	153	6.9	4.6	18.3	14.2	4.3	0.1
<b>CHRISTMAS DAY STARTERS</b>								
TOMATO + BASIL SOUP	1426	341	18.2	4.3	36.2	16.6	4.9	1.6
TRUFFLE INFUSED CHEESE FONDUE	3145	751	53.0	22.5	43.6	12.8	22.2	2.2
SMOKED SCOTTISH SALMON	1664	397	12.7	2.6	42.8	14.6	23.4	3.5
CANADIAN KING SCALLOPS + GARLIC KING PRAWNS	1542	368	22.6	13.2	17.7	1.3	22.1	1.5
<b>CHRISTMAS DAY MAINS</b>								
TURKEY ROAST	4333	1035	39.0	17.4	112.3	28.3	54.3	2.4
CHIMICHURRI MIXED VEGETABLES	3085	737	45.4	3.9	55.9	22.8	18.3	1.1
ADD AN 4OZ* SIRLOIN	735	175	7.8	3.7	1.9	0.5	26.4	0.2
ADD SALMON	1363	325	18.8	3.5	0.5	0.2	38.6	0.3
ADD CHICKEN	649	155	2.5	0.6	0.1	0.5	32.7	1.1
8oz* SIRLOIN with chips	3163	755	35.3	16.8	57.6	1.3	57.4	2.8
8oz* SIRLOIN WITH SALAD	1971	471	22.9	8.5	13.3	7.4	55.2	0.9

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
8OZ* FILLET WITH CHIPS	3105	742	36.3	17.5	54.4	0.9	50.9	0.8
8OZ* FILLET WITH SALAD	1913	457	23.9	9.2	10.1	7.0	48.7	0.9
STEAK EXPERIENCE WITH CHIPS NO SAUCE	3777	902	42.4	20.2	56.1	1.3	79.1	1.2
ADD CHIMICHURRI	783	187	20.2	1.4	0.8	0.3	0.3	0.0
ADD MUSHROOM SAUCE	64	15	0.4	0.1	2.1	0.8	0.7	0.5
CHARGRILLED SEABASS	3623	865	58.5	30.5	33.0	11.1	50.2	3.4
<b>CHRISTMAS DAY DESSERTS</b>								
FESTIVE AFFOGATO WITH ICE CREAM	456	109	4.2	2.5	13.9	7.5	3.3	0.1
FESTIVE AFFOGATO WITH BAILEYS ICE CREAM	564	135	6.4	4.1	15.5	9.9	3.4	0.0
VEGAN OPTION	491	117	4.0	3.0	18.4	7.4	1.6	0.1
ETON MESS SUNDAE	1691	404	20.3	13.2	46.9	44.4	7.3	0.3
CARAMELISED BANOFFEE CHEESECAKE	2514	600	17.4	8.2	99.7	78.1	10.4	0.7
<b>CHRISTMAS DAY KIDS STARTER</b>								
KIDS REINDEER FOOD WITH DIP	142	34	1.0	0.1	4.1	3.8	1.7	0.2
<b>CHRISTMAS DAY KIDS MAINS</b>								
KIDS FESTIVE TURKEY ROAST	2345	560	19.6	8.1	57.5	11.5	35.2	1.3
MINI STEAK + FRIES	1098	262	10.3	3.2	18.7	0.4	25.9	1.1
CHICKEN BREAST WITH FRIES	784	187	5.0	0.6	18.7	0.4	17.5	1.3
ADD BEANS	174	41	0.1	0.0	6.7	2.7	2.5	0.3
ADD SALAD	483	115	7.3	1.2	8.7	6.4	2.4	0.4
ADD PEAS	197	47	0.4	0.1	6.3	3.3	3.1	0.0
ADD VEG BATONS	65	16	0.2	0.0	2.4	2.3	0.6	0.0
ADD COB BITES	200	48	1.1	0.2	5.7	1.5	2.2	0.0
<b>CHRISTMAS DAY KIDS DESSERTS</b>								
FRUIT SALAD	222	53	0.1	0.0	11.4	11.4	0.7	0.0
ICE CREAM	642	153	6.9	4.6	18.3	14.2	4.3	0.1
<b>BOXING DAY STARTERS</b>								
TOMATO + BASIL SOUP	1426	341	18.2	4.3	36.2	16.6	4.9	1.6
TRUFFLE INFUSED CHEESE FONDUE	3145	751	53.0	22.5	43.6	12.8	22.2	2.2
SMOKED SCOTTISH SALMON	1664	397	12.7	2.6	42.8	14.6	23.4	3.5
CANADIAN KING SCALLOPS + GARLIC KING PRAWNS	1542	368	22.6	13.2	17.7	1.3	22.1	1.5

Product/ Dish Description	Nutrition Information Per Portion							
	KJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>BOXING DAY MAINS</b>								
TURKEY ROAST	4333	1035	39.0	17.4	112.3	28.3	54.3	2.4
CHIMICHURRI MIXED VEGETABLES	3085	737	45.4	3.9	55.9	22.8	18.3	1.1
ADD AN 4OZ* SIRLOIN	735	175	7.8	3.7	1.9	0.5	26.4	0.2
ADD SALMON	1363	325	18.8	3.5	0.5	0.2	38.6	0.3
ADD CHICKEN	649	155	2.5	0.6	0.1	0.5	32.7	1.1
8oz* SIRLOIN with chips	3163	755	35.3	16.8	57.6	1.3	57.4	2.8
8oz* SIRLOIN WITH SALAD	1971	471	22.9	8.5	13.3	7.4	55.2	0.9
8OZ FILLET WITH CHIPS	3105	742	36.3	17.5	54.4	0.9	50.9	0.8
8OZ FILLET WITH SALAD	1913	457	23.9	9.2	10.1	7.0	48.7	0.9
STEAK EXPERIENCE WITH CHIPS NO SAUCE	3777	902	42.4	20.2	56.1	1.3	79.1	1.2
ADD CHIMICHURRI	783	187	20.2	1.4	0.8	0.3	0.3	0.0
ADD MUSHROOM SAUCE	64	15	0.4	0.1	2.1	0.8	0.7	0.5
CHARGRILLED SEABASS	3623	865	58.5	30.5	33.0	11.1	50.2	3.4
ADD GARLIC PRAWNS	638	152	10.5	6.5	1.6	0.3	13.0	0.6
ADD GARLIC SCALLOPS	537	128	10.4	6.5	2.0	0.2	6.7	0.4
ADD PRAWNS & SCALLOPS	1061	253	20.7	13.0	3.3	0.5	13.4	0.9
<b>BOXING DAY SIDES</b>								
LOADED ROASTIES	2070	494	10.9	4.4	67.5	16.4	27.6	1.6
TRUFFLE FLAVOURED CAULIFLOWER CHEESE	1288	308	26.6	12.8	7.1	3.2	9.5	1.0
BRUSSELS SPROUTS GRATIN	1239	296	19.7	11.7	13.4	7.1	12.3	1.5
GARLIC SPINACH	179	43	2.0	0.3	2.3	0.5	4.0	1.0

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>BOXING DAY DESSERTS</b>								
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AFFOGATO VEGAN	491	117	4.0	3.0	18.4	7.4	1.6	0.1
ETON MESS SUNDAE	1691	404	20.3	13.2	46.9	44.4	7.3	0.3
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<b>BOXING DAY KIDS STARTERS</b>								
KIDS REINDEER FOOD & DIP	142	34	1.0	0.1	4.1	3.8	1.7	0.2
<b>BOXING DAY KIDS MAINS</b>								
KIDS FESTIVE TURKEY ROAST	2345	560	19.6	8.1	57.5	11.5	35.2	1.3
MINI STEAK + FRIES	1098	262	10.3	3.2	18.7	0.4	25.9	1.1
CHICKEN BREAST WITH FRIES	784	187	5.0	0.6	18.7	0.4	17.5	1.3
ADD BEANS	174	41	0.1	0.0	6.7	2.7	2.5	0.3
ADD SALAD	483	115	7.3	1.2	8.7	6.4	2.4	0.4
ADD PEAS	197	47	0.4	0.1	6.3	3.3	3.1	0.0
ADD VEG BATONS	65	16	0.2	0.0	2.4	2.3	0.6	0.0
ADD COB BITES	200	48	1.1	0.2	5.7	1.5	2.2	0.0
<b>BOXING DAY KIDS DESSERTS</b>								
FRUIT SALAD	222	53	0.1	0.0	11.4	11.4	0.7	0.0
ICE CREAM	642	153	6.9	4.6	18.3	14.2	4.3	0.1

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
<b>BAR AND BLOCK NON GLUTEN CONTAINING FESTIVE MENU 2023 ALLERGY DATA</b>																											
<b>FESTIVE NGCI MENU</b>																											
<b>FESTIVE NGCI STARTERS</b>																											
<b>TOMATO + BASIL SOUP</b>					Yes											Yes									No	Yes	
Balsamic Glaze (10000189)																Yes										Yes	Yes
Gluten Free Bread Slice (54731)					Yes																					No	Yes
Herb Dressing (10000060)																										Yes	Yes
Tomato Soup																									Yes	Yes	
<b>TRUFFLE-FLAVOURED CHEESE FONDUE</b>					Yes	Yes						Yes				Yes									No	Yes	
Onion Confit (10003037)																Yes									No	Yes	
Cheddar (54446)						Yes																			No	Yes	
Gluten Free Bread Slice (54731)					Yes																				No	Yes	
Truffle Oil (10003650)																									Yes	Yes	
Fresh Herbs Rosemary (54244)																									Yes	Yes	
Cheese Fondue Sauce						Yes						Yes													No	Yes	
<b>SMOKED SCOTTISH SALMON</b>					Yes		Yes	Yes																	No	No	
Smoked Salmon (10001771)							Yes	Yes																	No	No	
Extra Virgin Olive Oil (54377)																									Yes	Yes	
Gluten Free Bread Slice (54731)					Yes																				No	Yes	
Rocket Leaf (54258)																									Yes	Yes	
Beetroot																									Yes	Yes	
Lemons (54602, 54722)																									No	Yes	
Oranges Medium (54608)																									No	Yes	
<b>CANADIAN KING SCALLOPS + GARLIC KING PRAWNS</b>					Yes	Yes		Yes	Yes																No	No	
Gluten Free Bread Slice (54731)					Yes																				No	Yes	
MSC Canadian Scallops (10001110)									Yes																No	No	
Samphire (10068447)																									Yes	Yes	
Jumbo Tiger Prawn (10004094)									Yes																No	No	
Fresh Herbs Parsley (54241)																									Yes	Yes	
Garlic Peeled (10068422)																									Yes	Yes	
Salted Block Butter (10001077)						Yes																			No	Yes	
Lemons (54602, 54722)																									No	Yes	
<b>FESTIVE NGCI MAINS</b>																											
<b>TURKEY WITH ALL THE TRIMMINGS</b>						Yes										Yes									No	No	
Vegan Gravy (10001769)																									Yes	Yes	
Cooked Sliced Turkey Breast (54112)																									No	No	
Pressed Meat																Yes									No	No	
Carrots Medium (54609)																									Yes	Yes	
Salted Block Butter (10001077)						Yes																			No	Yes	
Honey Glazed Parsnips (10003226)																									No	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes	
Beef Dripping (54419)																									No	No	
Garlic Peeled (10068422)																									Yes	Yes	
Potatoes Roast Cut (10003725)																									Yes	Yes	
Peas Grade A (53692)																									Yes	Yes	
Tender Stem Broccoli (10003634)																									Yes	Yes	



Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>CHIMICHURRI MIXED VEGETABLES</b>															Yes									Yes	Yes	
Corn On Cob Bites (10002478)																									Yes	Yes
Potato Mid (54227, 54255)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Red Pepper & Harris Sauce (10001427)																									Yes	Yes
Chillies Red (54235)																									Yes	Yes
Crushed Chillies (54721)																									Yes	Yes
Dried Oregano (10000421)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Mushroom Flat (54219)																									Yes	Yes
Tender Stem Broccoli (10003634)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
<b>ADD 4OZ* SIRLOIN</b>																									No	No
BB Angus Sirloin (10002145)																									No	No
Table Salt (54744)																									Yes	Yes
<b>ADD CHARGILLED SALMON FILLET</b>								Yes																	No	No
Skin-On Salmon Portions (10000657)								Yes																	No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
<b>ADD CHICKEN BREAST</b>																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Raw Chicken Fillet (10004054)																									No	No
<b>SIRLOIN STEAK ONLY ALL SIZES</b>																									No	No
BB Angus Sirloin (10002145)																									No	No
Samphire (10068447)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
<b>ADD CHIPS</b>																									No	No
Beef Dripping (54419)																									No	No
Premium Chip (10001031)																									Yes	Yes
<b>ADD HOUSE SALAD</b>																									Yes	Yes
Cucumber Cat II (10003878)												Yes			Yes										Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Avocado (10001861)																									Yes	Yes
French Dressing (53514)																									Yes	Yes
Rocket Leaf (54258)											Yes				Yes										Yes	Yes
Table Salt (54744)																									Yes	Yes
Sweetcorn (10004024)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
<b>FILLET STEAK ONLY ALL SIZES</b>																											
BB Angus Fillet (10002144)																									No	No	
Samphire (10068447)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
<b>ADD CHIPS</b>																											
Beef Dripping (54419)																										No	No
Premium Chip (10001031)																										Yes	Yes
<b>ADD HOUSE SALAD</b>																											
Cucumber Cat II (10003878)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
Avocado (10001861)																										Yes	Yes
French Dressing (53514)																										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
<b>PREMIUM STEAK EXPERIENCE WITH CHIPS NO SAUCE</b>																											
BB Angus Fillet (10002144)																										No	No
BB Angus Rump Heart (10002146)																										No	No
BB Angus Sirloin (10002145)																										No	No
Samphire (10068447)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Beef Dripping (54419)																										No	No
Premium Chip (10001031)																										Yes	Yes
<b>ADD CHIMICHURRI</b>																											
Chillies Red (54235)																										Yes	Yes
Crushed Chillies (54721)																										Yes	Yes
Dried Oregano (10000421)																										Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
White Wine Vinegar (10002893)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
<b>ADD MUSHROOM SAUCE</b>																											
Mushroom Bacon Jus (10000619)																										No	No
																										No	No
<b>CHARGRILLED SEABASS</b>																											
Tender Stem Broccoli (10003634)							Yes	Yes	Yes			Yes														Yes	Yes
Jumbo Tiger Prawn (10004094)									Yes																	No	No
Seabass Fillet (10003632)								Yes																		No	No
Seafood & Prosecco Sauce (10004162)							Yes	Yes	Yes			Yes														No	No
Table Salt (54744)																										Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Salted Block Butter (10001077)							Yes																			No	Yes
Lemons (54602, 54722)																										No	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Salted Block Butter (10001077)							Yes																			No	Yes
Potato Mid (54227, 54255)																										Yes	Yes
Salted Block Butter (10001077)							Yes																			No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>UPGRADE ANY DISH WITH GARLIC KING PRAWNS</b>																										
Samphire (10068447)						Yes		Yes																No	No	
Jumbo Tiger Prawn (10004094)								Yes																	No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
<b>UPGRADE ANY DISH WITH GARLIC CANADIAN SCALLOPS</b>																										
Samphire (10068447)						Yes			Yes																No	No
MSC Canadian Scallops (10001110)									Yes																Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
<b>UPGRADE ANY DISH WITH BOTH GARLIC KING PRAWNS + GARLIC CANADIAN SCALLOPS</b>																										
Samphire (10068447)						Yes		Yes	Yes																No	No
MSC Canadian Scallops (10001110)									Yes																No	No
Jumbo Tiger Prawn (10004094)								Yes																	No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
<b>FESTIVE NGCI SIDES</b>																										
<b>LOADED BEEF DRIPPING ROASTIES</b>																										
Vegan Gravy (10001769)			Yes																						No	No
Cranberry Sauce (50457)																									Yes	Yes
Burnt Ends			Yes																						No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Beef Dripping (54419)																									No	No
Garlic Peeled (10068422)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
<b>TRUFFLE-FLAVOURED CAULIFLOWER CHEESE</b>																										
Truffle Oil (10003650)						Yes																			No	Yes
Cauliflower Cheese (10004210)						Yes																			Yes	Yes
Cheddar (54446)						Yes																			No	Yes
UHT Whipping Cream (24097)						Yes																			No	Yes
<b>GRILLED BRUSSELS SPROUTS GRATIN</b>																										
Cheddar (54446)						Yes																			No	Yes
Brussels Sprout Gratin						Yes																			No	Yes
<b>GARLIC SPINACH</b>																										
Spinach (10001511)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Table Salt (54744)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>FESTIVE NGCI DESSERTS</b>																										
<b>FESTIVE AFFOGATO WITH ICE CREAM</b>							Yes																		No	Yes
Grand Cafe RFA R&G Filter Coffee (10003147)																									Yes	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
<b>FESTIVE AFFOGATO WITH BAILLEYS ICE CREAM</b>							Yes																		No	Yes
Grand Cafe RFA R&G Filter Coffee (10003147)																									Yes	Yes
Baileys Ice Cream (10002278)							Yes																		No	Yes
<b>VEGAN OPTION AVAILABLE</b>																									Yes	Yes
Vegan Ice Cream (10002813)																									Yes	Yes
Grand Cafe RFA R&G Filter Coffee (10003147)																									Yes	Yes
<b>ETON MESS SUNDAE</b>						Yes	Yes																		No	Yes
Fruit Berry Mix (10003254)																									Yes	Yes
Meringue Nests (54613)						Yes																			No	Yes
UHT Whipping Cream (24097)							Yes																		No	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
Strawberries (54259)																									Yes	Yes
<b>CARAMELISED BANOFFEE CHEESECAKE</b>						Yes	Yes																		No	Yes
Baked Cheesecake (10004314)						Yes	Yes																		No	Yes
Icing Sugar (43917)																									Yes	Yes
Caramel Sauce NEW (10003675)							Yes																		No	Yes
Bananas (10002199)																									Yes	Yes
<b>FESTIVE KIDS NGCI MENU</b>																										
<b>FESTIVE KIDS NGCI STARTERS</b>																										
<b>REINDEER FOOD</b>							Yes																		No	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Fresh Herbs Mint (54242)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Greek Yoghurt (53510)							Yes																		No	Yes
Lemons (54602, 54722)																									No	Yes
Mint Sauce (51730)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
<b>FESTIVE KIDS NGCI MAINS</b>																										
<b>KIDS FESTIVE TURKEY ROAST</b>							Yes																		No	No
Vegan Gravy (10001769)																									Yes	Yes
Cooked Sliced Turkey Breast (54112)																									No	No
Carrots Medium (54609)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Honey Glazed Parsnips (10003226)																									No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Beef Dripping (54419)																									No	No
Fresh Herbs Thyme (54247)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Tender Stem Broccoli (10003634)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
<b>MINI STEAK + FRIES</b>																											
BB Angus Rump Heart (10002146)																									No	No	
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
<b>CHICKEN BREAST WITH FRIES</b>																											
Raw Chicken Fillet (10004054)																										No	No
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
<b>CHOOSE YOUR SIDE</b>																											
<b>BAKED BEANS</b>																											
Baked Beans In Tomato Sauce (10001944)																										Yes	Yes
<b>HOUSE SALAD</b>																											
Cucumber Cat II (10003878)												Yes			Yes											Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
Avocado (10001861)																										Yes	Yes
French Dressing (53514)												Yes			Yes											Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
<b>PEAS</b>																											
Peas Grade A (53692)																										Yes	Yes
<b>VEG BATONS</b>																											
Carrots Medium (54609)																										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Pepper Red (54226, 10000329)																										Yes	Yes
Corn On Cob Bites (10002478)																										Yes	Yes
<b>FESTIVE KIDS NGCI DESSERTS</b>																											
<b>FRUIT SALAD</b>																											
Del Monte Fresh Fruit (52205)																										Yes	Yes
Strawberries (54259)																										Yes	Yes
<b>ICE CREAM</b>																											
Chocolate Toffee Sauce (53916)					Yes		Yes																			No	Yes
Reduced Sugar Ice Cream Kids (10002011)					Yes		Yes																			No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
<b>CHRISTMAS DAY NGCI MENU</b>																											
<b>CHRISTMAS DAY NGCI STARTERS</b>																											
<b>TOMATO + BASIL SOUP</b>					Yes										Yes										No	Yes	
Balsamic Glaze (10000189)															Yes											Yes	Yes
Gluten Free Bread Slice (54731)					Yes																					No	Yes
Herb Dressing (10000060)																										Yes	Yes
Tomato Soup																									Yes	Yes	
<b>TRUFFLE-INFUSED CHEESE FONDUE</b>					Yes	Yes						Yes			Yes										No	Yes	
Onion Confit (10003037)															Yes											No	Yes
Cheddar (54446)						Yes																				No	Yes
Gluten Free Bread Slice (54731)					Yes																					No	Yes
Truffle Oil (10003650)																										Yes	Yes
Fresh Herbs Rosemary (54244)																										Yes	Yes
Cheese Fondue Sauce					Yes							Yes													No	Yes	
<b>SMOKED SCOTTISH SALMON</b>					Yes		Yes																		No	No	
Smoked Salmon (10001771)							Yes																			No	No
Extra Virgin Olive Oil (54377)																										Yes	Yes
Gluten Free Bread Slice (54731)					Yes																					No	Yes
Rocket Leaf (54258)																										Yes	Yes
Beetroot																										Yes	Yes
Lemons (54602, 54722)																										No	Yes
Oranges Medium (54608)																										No	Yes
<b>CANADIAN KING SCALLOPS + GARLIC KING PRAWNS</b>					Yes	Yes		Yes	Yes																No	No	
Gluten Free Bread Slice (54731)					Yes																					No	Yes
MSC Canadian Scallops (10001110)									Yes																	No	No
Samphire (10068447)																										Yes	Yes
Jumbo Tiger Prawn (10004094)									Yes																	No	No
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Salted Block Butter (10001077)						Yes																				No	Yes
Lemons (54602, 54722)																										No	Yes
<b>CHRISTMAS DAY NGCI MAINS</b>																											
<b>TURKEY WITH ALL THE TRIMMINGS</b>						Yes									Yes										No	No	
Vegan Gravy (10001769)																										Yes	Yes
Cooked Sliced Turkey Breast (54112)																										No	No
Pressed Meat															Yes											No	No
Carrots Medium (54609)																										Yes	Yes
Salted Block Butter (10001077)						Yes																				No	Yes
Honey Glazed Parsnips (10003226)																										No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Beef Dripping (54419)																										No	No
Garlic Peeled (10068422)																										Yes	Yes
Potatoes Roast Cut (10003725)																										Yes	Yes
Peas Grade A (53692)																										Yes	Yes
Tender Stem Broccoli (10003634)																										Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>CHIMICHURRI MIXED VEGETABLES</b>															Yes									Yes	Yes	
Corn On Cob Bites (10002478)																									Yes	Yes
Potato Mid (54227, 54255)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Red Pepper & Harris Sauce (10001427)																									Yes	Yes
Chillies Red (54235)																									Yes	Yes
Crushed Chillies (54721)																									Yes	Yes
Dried Oregano (10000421)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
White Wine Vinegar (10002893)															Yes										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Mushroom Flat (54219)																									Yes	Yes
Tender Stem Broccoli (10003634)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
<b>ADD AN 4OZ* SIRLOIN</b>																									No	No
BB Angus Sirloin (10002145)																									No	No
Table Salt (54744)																									Yes	Yes
<b>ADD A CHARGILLED SALMON FILLET</b>								Yes																	No	No
Skin-On Salmon Portions (10000657)								Yes																	No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
<b>ADD A CHICKEN BREAST</b>																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Raw Chicken Fillet (10004054)																									No	No
<b>SIRLOIN STEAK ONLY ALL SIZES</b>																									No	No
BB Angus Sirloin (10002145)																									No	No
Samphire (10068447)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
<b>ADD CHIPS</b>																									No	No
Beef Dripping (54419)																									No	No
Premium Chip (10001031)																									Yes	Yes
<b>ADD HOUSE SALAD</b>																									Yes	Yes
Cucumber Cat II (10003878)												Yes			Yes										Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Avocado (10001861)																									Yes	Yes
French Dressing (53514)																									Yes	Yes
Rocket Leaf (54258)											Yes				Yes										Yes	Yes
Table Salt (54744)																									Yes	Yes
Sweetcorn (10004024)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
<b>FILLET STEAK ONLY ALL SIZES</b>																									No	No	
BB Angus Fillet (10002144)																										No	No
Samphire (10068447)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
<b>ADD CHIPS</b>																										No	No
Beef Dripping (54419)																										No	No
Premium Chip (10001031)																										Yes	Yes
<b>ADD HOUSE SALAD</b>																										Yes	Yes
Cucumber Cat II (10003878)												Yes				Yes										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
Avocado (10001861)																										Yes	Yes
French Dressing (53514)												Yes				Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
<b>PREMIUM STEAK EXPERIENCE WITH CHIPS NO SAUCE</b>																										No	No
BB Angus Fillet (10002144)																										No	No
BB Angus Rump Heart (10002146)																										No	No
BB Angus Sirloin (10002145)																										No	No
Samphire (10068447)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Beef Dripping (54419)																										No	No
Premium Chip (10001031)																										Yes	Yes
<b>ADD CHIMICHURRI</b>																Yes										Yes	Yes
Chillies Red (54235)																										Yes	Yes
Crushed Chillies (54721)																										Yes	Yes
Dried Oregano (10000421)																										Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
White Wine Vinegar (10002893)																Yes										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
<b>ADD MUSHROOM SAUCE</b>																										No	No
Mushroom Bacon Jus (10000619)																										No	No
<b>CHARGRILLED SEABASS</b>							Yes	Yes	Yes			Yes														No	No
Tender Stem Broccoli (10003634)																										Yes	Yes
Jumbo Tiger Prawn (10004094)									Yes																	No	No
Seabass Fillet (10003632)									Yes																	No	No
Seafood & Prosecco Sauce (10004162)							Yes	Yes	Yes			Yes														No	No
Table Salt (54744)																										Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Salted Block Butter (10001077)							Yes																			No	Yes
Lemons (54602, 54722)																										No	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Salted Block Butter (10001077)							Yes																			No	Yes
Potato Mid (54227, 54255)																										Yes	Yes
Salted Block Butter (10001077)							Yes																			No	Yes



Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>CHRISTMAS DAY NGCI DESSERTS</b>																										
<b>FESTIVE AFFOGATO WITH ICE CREAM</b>							Yes																		No	Yes
Grand Cafe RFA R&G Filter Coffee (10003147)																									Yes	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
<b>FESTIVE AFFOGATO WITH BAILIEYS ICE CREAM</b>							Yes																		No	Yes
Grand Cafe RFA R&G Filter Coffee (10003147)																									Yes	Yes
Baileys Ice Cream (10002278)							Yes																		No	Yes
<b>VEGAN OPTION AVAILABLE</b>																									Yes	Yes
Vegan Ice Cream (10002813)																									Yes	Yes
Grand Cafe RFA R&G Filter Coffee (10003147)																									Yes	Yes
<b>ETON MESS SUNDAY</b>						Yes	Yes																		No	Yes
Fruit Berry Mix (10003254)																									Yes	Yes
Meringue Nests (54613)						Yes																			No	Yes
UHT Whipping Cream (24097)							Yes																		No	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
Strawberries (54259)																									Yes	Yes
<b>CARAMELISED BANOFFEE CHEESECAKE</b>						Yes	Yes																		No	Yes
Baked Cheesecake (10004314)						Yes	Yes																		No	Yes
Icing Sugar (43917)																									Yes	Yes
Caramel Sauce NEW (10003675)							Yes																		No	Yes
Bananas (10002199)																									Yes	Yes
<b>CHRISTMAS DAY KIDS NGCI MENU</b>																										
<b>CHRISTMAS DAY KIDS NGCI STARTERS</b>																										
<b>REINDEER FOOD</b>							Yes																		No	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Fresh Herbs Mint (54242)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Greek Yoghurt (53510)							Yes																		No	Yes
Lemons (54602, 54722)																									No	Yes
Mint Sauce (51730)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
<b>CHRISTMAS DAY KIDS NGCI MAINS</b>																										
<b>KIDS FESTIVE TURKEY ROAST</b>							Yes																		No	No
Vegan Gravy (10001769)																									Yes	Yes
Cooked Sliced Turkey Breast (54112)																									No	No
Carrots Medium (54609)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Honey Glazed Parsnips (10003226)																									No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Beef Dripping (54419)																									No	No
Fresh Herbs Thyme (54247)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Tender Stem Broccoli (10003634)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
<b>MINI STEAK + FRIES</b>																											
BB Angus Rump Heart (10002146)																									No	No	
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
<b>CHICKEN BREAST WITH FRIES</b>																											
Raw Chicken Fillet (10004054)																										No	No
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
<b>CHOOSE YOUR SIDE</b>																											
<b>BAKED BEANS</b>																											
Baked Beans In Tomato Sauce (10001944)																										Yes	Yes
<b>HOUSE SALAD</b>																											
Cucumber Cat II (10003878)												Yes				Yes										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
Avocado (10001861)																										Yes	Yes
French Dressing (53514)												Yes				Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
<b>PEAS</b>																											
Peas Grade A (53692)																										Yes	Yes
<b>VEG BATONS</b>																											
Carrots Medium (54609)																										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Pepper Red (54226, 10000329)																										Yes	Yes
<b>COB BITES</b>																											
Corn On Cob Bites (10002478)																										Yes	Yes
<b>CHRISTMAS DAY KIDS NGCI DESSERTS</b>																											
<b>FRUIT SALAD</b>																											
Del Monte Fresh Fruit (52205)																										Yes	Yes
Strawberries (54259)																										Yes	Yes
<b>ICE CREAM</b>																											
Chocolate Toffee Sauce (53916)					Yes		Yes																			No	Yes
Reduced Sugar Ice Cream Kids (10002011)					Yes		Yes																			No	Yes
<b>BOXING DAY NGCI MENU</b>																											
<b>BOXING DAY NGCI STARTERS</b>																											
<b>TOMATO + BASIL SOUP</b>																											
Balsamic Glaze (10000189)																Yes										No	Yes
Gluten Free Bread Slice (54731)							Yes																			Yes	Yes
Herb Dressing (10000060)																										Yes	Yes
Tomato Soup																										Yes	Yes
<b>TRUFFLE-FLAVOURED CHEESE FONDUE</b>																											
Onion Confit (10003037)					Yes		Yes						Yes			Yes										No	Yes
Cheddar (54446)																										No	Yes
Gluten Free Bread Slice (54731)							Yes																			No	Yes
Truffle Oil (10003650)																										Yes	Yes
Fresh Herbs Rosemary (54244)																										Yes	Yes
Cheese Fondue Sauce							Yes					Yes														No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>SMOKED SCOTTISH SALMON</b>																										
Smoked Salmon (10001771)					Yes		Yes																		No	No
Extra Virgin Olive Oil (54377)							Yes																		No	No
Gluten Free Bread Slice (54731)					Yes																				No	Yes
Rocket Leaf (54258)																									Yes	Yes
Beetroot																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Oranges Medium (54608)																									No	Yes
<b>CANADIAN KING SCALLOPS + GARLIC KING PRAWNS</b>																										
Gluten Free Bread Slice (54731)					Yes	Yes			Yes	Yes															No	No
MSC Canadian Scallops (10001110)					Yes																				No	Yes
Samphire (10068447)																									No	No
Jumbo Tiger Prawn (10004094)									Yes																Yes	Yes
Fresh Herbs Parsley (54241)																									No	No
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
Lemons (54602, 54722)																									No	Yes
<b>BOXING DAY NGCI MAINS</b>																										
<b>TURKEY WITH ALL THE TRIMMINGS</b>																										
Vegan Gravy (10001769)						Yes									Yes										No	No
Cooked Sliced Turkey Breast (54112)																									Yes	Yes
Pressed Meat															Yes										No	No
Carrots Medium (54609)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
Honey Glazed Parsnips (10003226)																									No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Beef Dripping (54419)																									No	No
Garlic Peeled (10068422)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Tender Stem Broccoli (10003634)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>CHIMICHURRI MIXED VEGETABLES</b>															Yes									Yes	Yes	
Corn On Cob Bites (10002478)																									Yes	Yes
Potato Mid (54227, 54255)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Red Pepper & Harris Sauce (10001427)																									Yes	Yes
Chillies Red (54235)																									Yes	Yes
Crushed Chillies (54721)																									Yes	Yes
Dried Oregano (10000421)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Mushroom Flat (54219)																									Yes	Yes
Tender Stem Broccoli (10003634)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
<b>ADD AN 4OZ* SIRLOIN</b>																									No	No
BB Angus Sirloin (10002145)																									No	No
Table Salt (54744)																									Yes	Yes
<b>ADD A CHARGILLED SALMON FILLET</b>								Yes																	No	No
Skin-On Salmon Portions (10000657)								Yes																	No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
<b>ADD A CHICKEN BREAST</b>																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Raw Chicken Fillet (10004054)																									No	No
<b>SIRLOIN STEAK ONLY ALL SIZES</b>																									No	No
BB Angus Sirloin (10002145)																									No	No
Samphire (10068447)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
<b>ADD CHIPS</b>																									No	No
Beef Dripping (54419)																									No	No
Premium Chip (10001031)																									Yes	Yes
<b>ADD HOUSE SALAD</b>																									Yes	Yes
Cucumber Cat II (10003878)												Yes				Yes									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Avocado (10001861)																									Yes	Yes
French Dressing (53514)																									Yes	Yes
Rocket Leaf (54258)											Yes					Yes									Yes	Yes
Table Salt (54744)																									Yes	Yes
Sweetcorn (10004024)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>FILLET STEAK ONLY ALL SIZES</b>																										
BB Angus Fillet (10002144)																									No	No
Samphire (10068447)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
<b>ADD CHIPS</b>																										
Beef Dripping (54419)																									No	No
Premium Chip (10001031)												Yes			Yes										Yes	Yes
<b>ADD HOUSE SALAD</b>																										
Cucumber Cat II (10003878)																Yes									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Avocado (10001861)																									Yes	Yes
French Dressing (53514)												Yes			Yes										Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Sweetcorn (10004024)																									Yes	Yes
<b>PREMIUM STEAK EXPERIENCE WITH CHIPS NO SAUCE</b>																										
BB Angus Fillet (10002144)																									No	No
BB Angus Rump Heart (10002146)																									No	No
BB Angus Sirloin (10002145)																									No	No
Samphire (10068447)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Beef Dripping (54419)																									No	No
Premium Chip (10001031)																									Yes	Yes
<b>ADD CHIMICHURRI</b>																										
Chillies Red (54235)																Yes									Yes	Yes
Crushed Chillies (54721)																									Yes	Yes
Dried Oregano (10000421)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
<b>ADD MUSHROOM SAUCE</b>																										
Mushroom Bacon Jus (10000619)																									No	No
																									No	No
<b>CHARGRILLED SEABASS</b>																										
Tender Stem Broccoli (10003634)						Yes	Yes	Yes			Yes														Yes	Yes
Jumbo Tiger Prawn (10004094)									Yes																No	No
Seabass Fillet (10003632)								Yes																	No	No
Seafood & Prosecco Sauce (10004162)						Yes	Yes	Yes			Yes														No	No
Table Salt (54744)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
Lemons (54602, 54722)																									No	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
Potato Mid (54227, 54255)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
<b>UPGRADE ANY DISH WITH GARLIC KING PRAWNS</b>																										
Samphire (10068447)						Yes		Yes																	No	No
Jumbo Tiger Prawn (10004094)								Yes																	Yes	Yes
Fresh Herbs Parsley (54241)									Yes																Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>UPGRADE ANY DISH WITH GARLIC CANADIAN SCALLOPS</b>																										
Samphire (10068447)						Yes				Yes															No	No
MSC Canadian Scallops (10001110)										Yes															Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
<b>UPGRADE ANY DISH WITH BOTH GARLIC KING PRAWNS + GARLIC CANADIAN SCALLOPS</b>																										
Samphire (10068447)						Yes			Yes	Yes															No	No
MSC Canadian Scallops (10001110)										Yes															Yes	Yes
Jumbo Tiger Prawn (10004094)									Yes																No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
<b>BOXING DAY NGCI SIDES</b>																										
<b>LOADED ROASTIES</b>																										
Vegan Gravy (10001769)			Yes																						No	No
Cranberry Sauce (50457)																									Yes	Yes
Burnt Ends			Yes																						No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Beef Dripping (54419)																									No	No
Garlic Peeled (10068422)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
<b>TRUFFLE-FLAVOURED CAULIFLOWER CHEESE</b>																										
Truffle Oil (10003650)						Yes																			No	Yes
Cauliflower Cheese (10004210)						Yes																			Yes	Yes
Cheddar (54446)						Yes																			No	Yes
UHT Whipping Cream (24097)						Yes																			No	Yes
<b>BRUSSELS SPROUTS GRATIN</b>																										
Cheddar (54446)						Yes																			No	Yes
Brussels Sprout Gratin						Yes																			No	Yes
<b>GARLIC SPINACH</b>																										
Spinach (10001511)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
<b>BOXING DAY NGCI DESSERTS</b>																										
<b>FESTIVE AFFOGATO WITH ICE CREAM</b>																										
Grand Cafe RFA R&G Filter Coffee (10003147)						Yes																			No	Yes
Vanilla Dairy Ice Cream (10003957)						Yes																			Yes	Yes
<b>FESTIVE AFFOGATO WITH BAILEYS ICE CREAM</b>																										
Grand Cafe RFA R&G Filter Coffee (10003147)						Yes																			No	Yes
Baileys Ice Cream (10002278)						Yes																			Yes	Yes
<b>VEGAN OPTION AVAILABLE</b>																										
Vegan Ice Cream (10002813)																									Yes	Yes
Grand Cafe RFA R&G Filter Coffee (10003147)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>ETON MESS SUNDAY</b>																										
Fruit Berry Mix (10003254)					Yes	Yes																			No	Yes
Meringue Nests (54613)					Yes																				No	Yes
UHT Whipping Cream (24097)							Yes																		No	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
Strawberries (54259)																									Yes	Yes
<b>CARAMELISED BANOFFEE CHEESECAKE</b>																										
Baked Cheesecake (10004314)					Yes	Yes																			No	Yes
Icing Sugar (43917)					Yes	Yes																			No	Yes
Caramel Sauce NEW (10003675)							Yes																		Yes	Yes
Bananas (10002199)																									Yes	Yes
<b>BOXING DAY KIDS NGCI MENU</b>																										
<b>BOXING DAY KIDS NGCI STARTERS</b>																										
<b>REINDEER FOOD</b>																										
Extra Virgin Olive Oil (54377)						Yes																			No	Yes
Fresh Herbs Mint (54242)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Greek Yoghurt (53510)						Yes																			No	Yes
Lemons (54602, 54722)																									No	Yes
Mint Sauce (51730)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
<b>BOXING DAY KIDS NGCI MAINS</b>																										
<b>KIDS FESTIVE TURKEY ROAST</b>																										
Vegan Gravy (10001769)						Yes																			No	No
Cooked Sliced Turkey Breast (54112)																									No	No
Carrots Medium (54609)																									Yes	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
Honey Glazed Parsnips (10003226)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Beef Dripping (54419)																									No	No
Fresh Herbs Thyme (54247)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Tender Stem Broccoli (10003634)																									Yes	Yes
<b>MINI STEAK + FRIES</b>																										
BB Angus Rump Heart (10002146)																									No	No
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
<b>CHICKEN BREAST WITH FRIES</b>																										
Raw Chicken Fillet (10004054)																									No	No
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes

Ingredient/Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
<b>CHOOSE YOUR SIDE</b>																										
<b>BAKED BEANS</b>																									Yes	Yes
Baked Beans In Tomato Sauce (10001944)																									Yes	Yes
<b>HOUSE SALAD</b>												Yes			Yes										Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Avocado (10001861)																									Yes	Yes
French Dressing (53514)												Yes			Yes										Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Sweetcorn (10004024)																									Yes	Yes
<b>PEAS</b>																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
<b>VEG BATONS</b>																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
<b>COB BITES</b>																									Yes	Yes
Corn On Cob Bites (10002478)																									Yes	Yes
<b>BOXING DAY KIDS NGCI DESSERTS</b>																										
<b>FRUIT SALAD</b>																									Yes	Yes
Del Monte Fresh Fruit (52205)																									Yes	Yes
Strawberries (54259)																									Yes	Yes
<b>ICE CREAM</b>					Yes		Yes																		No	Yes
Chocolate Toffee Sauce (53916)					Yes		Yes																		No	Yes
Reduced Sugar Ice Cream Kids (10002011)					Yes		Yes																		No	Yes