



Allergy Information Guide Information:

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any “**may contains**” information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before as ingredients may be substituted or changed at short notice.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut) , Pecan, Pistachio, Walnut) and products thereof.**

Items that are added as a choice, upgrade or addition must be checked and the allergen information considered in addition to the main meal.

Our vegan dishes are made to a vegan recipe but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Please speak to your server if you any dietary requirements.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

KEY FOR BAR + BLOCK STEAKHOUSE ALLERGY INFORMATION GUIDE

Yes The allergen is present

Yes Suitable for ovo-lacto vegetarians/ vegans

No Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Allergens Present																						
	Cereals Containing Gluten				Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
BAR + BLOCK SPRING SUMMER MAY 2024																							
COCKTAILS																							
POPSTAR MARTINI															Y								
CHERRY ON TOP									Y						Y								
MANGO & PASSION FRUIT MOJITO																							
RASPBERRY & CUCUMBER BRAMBLE																							
TIKI TINI																							
TOMMY'S MARGARITA																							
RASPBERRY MARGARITA																							
WATERMELON SALT MARGARITA																							
PINEAPPLE CHILLI MARGARITA																							
GRAPEFRUIT SHERBET MARGARITA																							
PINK PALOMA																							
MINI TAIL - JALISCO SUNRISE																							
MINI TAIL - MINI MARGARITA																							
MINI TAIL - SOME LIKE IT HOT																							
PORNSTAR MARTINI															Y								
ESPRESSO MARTINI																							
COSMOPOLITAN																							
MOJITO															Y								
LONG ISLAND ICED TEA															Y								
OLD FASHIONED															Y								
NEGRONI															Y								
APEROL SPRITZ															Y								
PEACH BELLINI															Y								
SPIRITS																							
GIN																							
WARNERS LONDON DRY GIN																							
WARNER EDWARDS RHUBARB GIN																							
WARNERS RASPBERRY GIN																							
EDINBURGH GIN CLASSIC DRY (SCOTLAND ONLY)																							
EDINBURGH GIN RHUBARB & GINGER (SCOTLAND ONLY)																							
EDINBURGH GIN RASPBERRY LIQUEUR (SCOTLAND ONLY)																							
TARQUINS BLOOD ORANGE																							
TARQUIN'S RHUBARB & RASPBERRY GIN																							
HENDRICKS																							
BOMBAY SAPPHIRE GIN																							
BOMBAY CITRON PRESSE																							
TANQUERAY SEVILLA ORANGE																							
GORDONS PINK GIN																							

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VODKA																							
ABSOLUT ORIGINAL																							
ABSOLUT RASPBERRI																							
ABSOLUT VANILIA																							
KETEL ONE VODKA 700ML																							
RUM																							
FRUIT & HERBAL VARIET																							
DEAD MANS FINGER SPICED RUM																							
CAPTAIN MORGAN DARK RUM																							
CAPTAIN MORGAN WHITE																							
CAPTAIN MORGAN SPICED RUM																							
WHISKY/WHISKEY																							
JOHNNIE WALKER GREEN LABEL																							
TALISKER																							
JOHNNIE WALKER BLACK LABEL																							
GLENFIDDICH MALT 12 YO																							
JACK DANIELS NO.7																							
JAMESON IRISH WHISKEY																							
MIXERS - SEE PACKAGING																							
SHOTS																							
EL JIMADOR BLANCO TEQUILA																							
EL JIMADOR REPOSADO TEQUILA																							
ANTICA CLASSIC SAMBUCA																							
ANTICA BLACK SAMBUCA																							
ANTICA RASPBERRY SAMBUCA																							
TRASH & TREASURE SERVES																							
TRASH & TREASURE CITRUS VODKA & LEMON																							
TRASH & TREASURE TROPICAL RUM & COKE																							

Product Description	Allergens Present																	
	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
	Wheat Products	Rye Products	Barley Products	Oat Products														
BEER																		
PRAHAVA	Y		Y															
BIRRA MORETT BREWLOCK																		
ASAHI SUPER DRY			Y															
CAMDEN HELLS LAGER 50L	Y		Y															
CAMDEN PALE ALE 50L	Y		Y															
PRAHAVA	Y		Y															
ASPALL SUFF CYDER										Y								
GUINNESS			Y															
HARP (NORTHERN IRELAND ONLY)			Y															
CARLSBERG (IRELAND ONLY)			Y															
ROCKSHORE IRISH LAGER (IRELAND ONLY)			Y															
SMITHWICKS (IRELAND ONLY)			Y															
HOP HOUSE 13 (IRELAND ONLY)			Y															
CITRA IPA (PINT)																		
GUINNESS (IRELAND ONLY)			Y															
JAMESON IRISH WHISKEY																		
JACK DANIELS NO.7																		
GLENFIDDICH MALT 12 YO																		
PACKAGED BEERS & CIDER - SEE LABEL																		
LOW & NO																		
SKINNY DIP																		
G0% NAKED																		
NINA COLADA																		
PANOMA																		
AGUA FRESCA																		
ORANGE & CHILLI AGUA FRESCA																		
RASPBERRY & GRAPEFRUIT AGUA FRESCA																		
CHERRY AQUA FRESCA										Y								
DRAUGHT SOFTS																		
DIET COKE																		
COCA COLA ZERO SUGAR																		
SCHWEPES DIET LEMONADE																		
COCA COLA CLASSIC																		
PACKAGED SOFT DRINKS - SEE BOTTLE FOR ALLERGENS																		

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WINE																		
SPARKLING																		
CHAMPAGNE BERNARD REMY, CARTE BLANCHE BRUT											Y							
CHAMPAGNE BERNARD REMY, BRUT ROSÉ NV											Y							
PROSECCO BRUT SUPERIORE, PRAPIAN ORGANIC ESTATE											Y							
CAVA BODEGAS PINORD + & + SELECCION BRUT											Y							
PROSECCO, FAVOLA EXTRA DRY											Y							
PROSECCO ROSÉ, SACCHETTO BRUT											Y							
SPARKLING (NORTHERN IRELAND ONLY)																		
LOUIS DORNIER ET FILS BRUT, CHAMPAGNE											Y							
JACK RABBIT, PROSECCO											Y							
JAM SHED, SPARKLING ROSÉ						Y	Y				Y							
VINA POMONA PROSECCO											Y							
ROSÉ PROSECCO											Y							
PROSECCO FOR ONE											Y							
ROSE WINE																		
CÔTES DE PROVENCE, CHÂTEAU DE L'AUMÉRADE, AUMÉRADE S											Y							
TEMPRANILLO ROSÉ ORGANIC, MESTA, UCLÉS											Y							
PINOT GRIGIO BLUSH, NOVITÀ											Y							
ZINFANDEL BLUSH, ZIN HEAVEN																		
ROSE (NORTHERN IRELAND ONLY)																		
THE NED, ROSÉ											Y							
DIAMARINE, PROVENCE ROSÉ											Y							
MUD HOUSE, SAUVIGNON ROSÉ											Y							
VINO POMONA ROSATO											Y							
JACK RABBIT WHITE ZINFANDEL											Y							

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WHITE WINE																		
CHABLIS, DOMAINE JEAN GOULLEY											Y							
RIESLING, JIM BARRY 'THE LODGE HILL'						Y					Y							
GAVI DEL COMUNE DI GAVI, SAN SILVESTRO 'FOSSILI'											Y							
ALBARÍÑO, CORAL DO MAR, PAZO DO MAR											Y							
SAUVIGNON BLANC, SAINT CLAIR											Y							
VIOGNIER, VIÑA EDMARA						Y					Y							
VERDEJO ORGANIC, MESTA, UCLÉS											Y							
GRILLO ORGANIC, COLOMBA BIANCA 'VITese'											Y							
CHARDONNAY UNOAKED, 'FOUNDSTONE', BERTON VINEYARD						Y					Y							
PINOT GRIGIO, NOVITA							Y				Y							
SAUVIGNON BLANC, TIERRA ANTICA											Y							
CHENIN BLANC, WILD GARDEN											Y							
WHITES (NORTHERN IRELAND ONLY)																		
CÔTES-DU-RHÔNE											Y							
THE NED, SAUVIGNON BLANC											Y							
JACK RABBIT PINOT GRIGIO											Y							
JAM SHED CHARDONNAY						Y	Y	Y			Y							
VINO POMONA CATARRATTO PINOT GRIGIO											Y							
ANDREW PEACE SILHOUETTE CHARDONNAY											Y							
VISTAMAR MATINAL SAUVIGNON											Y							
DIAMOND BAY, CHENIN BLANC							Y				Y							
RED WINE																		
BAROLO, SAN SILVESTRO 'PATRES'											Y							
CABERNET SAUVIGNON, JIM BARRY 'COVER DRIVE'						Y					Y							
BORDEAUX, CHÂTEAU JULIEN											Y							
CHIANTI, BONACCHI GENTILESCO											Y							
ZINFANDEL, MAGGIO 'OLD VINES', LODI											Y							
RIOJA RESERVA, BODEGAS ONDARRE											Y							
GARNACHA ORGANIC, MESTA, UCLÉS											Y							
CAMENÈRE, UNDURRAGA											Y							
PINOT NOIR, VIÑA EDMARA											Y							
SHIRAZ, 'FOUNDSTONE', BERTON VINEYARD											Y							
MALBEC, EL CAMINO											Y							
MERLOT, TIERRA ANTICA											Y							

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REDS (NORTHERN IRELAND ONLY)																		
CÔTES DE BOURG						Y	Y	Y			Y							
ZUCCARDI, MALBEC											Y							
CAMPO VIEJO, RIOJA											Y							
FLAGSTONE POETRY, CABERNET SAUVIGNON											Y							
FLAGSTONE POETRY MERLOT											Y							
JAM SHED SHIRAZ						Y	Y				Y							
STEAKMAKER MALBEC											Y							
ANDREW PEACE SILHOUETTE SHIRAZ											Y							
VISTAMAR MATINAL MERLOT											Y							
LA RIADA, TEMPRANILLO											Y							
HOT DRINKS																		
LATTE							Y											
CAPPUCCINO							Y											
FLAT WHITE							Y											
AMERICANO BLACK																		
AMERICANO WHITE							Y											
ESPRESSO																		
HOT CHOCOLATE							Y											
HOT CHOCOLATE WITH CREAM							Y											
SWEETBIRD VANILLA SUGAR FREE SYRUP																		
SWEETBIRD HAZELNUT SUGAR FREE SYRUP																		
SWEETBIRD SALTED CARAMEL SUGAR FREE SYRUP																		
TEAS																		
PG PLAIN BLACK																		
PG TIPS PEPPERMINT HERBAL																		
PG TIPS RASBERRY HERBAL																		
PG TIPS GREEN TEA																		
SEMI SKIMMED MILK							Y											
MINOR FIGURES BARISTA OAT				Y														
MINT CHOC CHIP HOT CHOCOLATE							Y											
CHERRY ICED LATTE							Y				Y							
SALTED CARAMEL ICED LATTE							Y											
CLASSIC ICED LATTE							Y											
IRISH COFFEE							Y											
BAILEYS LATTE							Y											
CALYPSO COFFEE							Y											