

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BREAKFAST &amp; BRUNCH MENU</b>																				
<b>STEAK &amp; EGGS</b>																				
BB TOPSIDE	NO	NO																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
<b>STEAK &amp; EGGS</b>	<b>NO</b>	<b>NO</b>						Y												
<b>THE BAR + BLOCK WORKS</b>																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO							Y											
RAPESEED OIL	YES	YES																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SPICY BEANS	NO	NO	Y						Y					Y	Y					
SMOKED DRY CURED STREAKY BACON	NO	NO																		
BEEF HASH	NO	NO							Y									Y		
TOMATO M	YES	YES																		
MUSHROOM CUP	YES	YES																		
BRATWURST	NO	NO											Y							
<b>THE BAR + BLOCK WORKS</b>	<b>NO</b>	<b>NO</b>	Y		Y			Y	Y				Y		Y	Y				
<b>THE BAR + BLOCK WORKS WITH A STEAK</b>																				
BB TOPSIDE	NO	NO																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO							Y											
RAPESEED OIL	YES	YES																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SPICY BEANS	NO	NO	Y						Y					Y	Y					
SMOKED DRY CURED STREAKY BACON	NO	NO																		
BEEF HASH	NO	NO							Y									Y		
TOMATO M	YES	YES																		
MUSHROOM CUP	YES	YES																		
BRATWURST	NO	NO											Y							
TABLE SALT	YES	YES																		
<b>THE BAR + BLOCK WORKS WITH A STEAK</b>	<b>NO</b>	<b>NO</b>	Y		Y			Y	Y				Y		Y	Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

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			Wheat Products	Rye Products	Barley Products	Oat Products															
<b>VEGGIE WORKS</b>																					
CAGE FREE MED BARN EGGS	YES	NO					Y														
SALTED BUTTER BLOCK	YES	NO						Y													
RAPESEED OIL	YES	YES																			
BAKED BEANS	YES	YES																			
WHITE BLOOMER BREAD	YES	YES	Y																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
TOMATO M	YES	YES																			
MUSHROOM CUP	YES	YES																			
POTATOES ROAST CUT	YES	YES																			
TABLE SALT	YES	YES																			
AVOCADO	YES	YES																			
ONIONS RED	YES	YES																			
CHILLIES RED	YES	YES																			
LIMES	YES	NO																			
TABLE SALT	YES	YES																			
<b>VEGGIE WORKS</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>												
<b>EGGS YOUR WAY- OMELETTE</b>																					
CAGE FREE MED BARN EGGS	YES	NO						Y													
SALTED BUTTER BLOCK	YES	NO							Y												
RAPESEED OIL	YES	YES																			
WHITE BLOOMER BREAD	YES	YES	Y																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
<b>EGGS YOUR WAY- OMELETTE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>												
<b>EGGS YOUR WAY-POACHED</b>																					
CAGE FREE MED BARN EGGS	YES	NO						Y													
WHITE BLOOMER BREAD	YES	YES	Y																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
<b>EGGS YOUR WAY-POACHED</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>													
<b>EGGS YOUR WAY-FRIED</b>																					
CAGE FREE MED BARN EGGS	YES	NO						Y													
WHITE BLOOMER BREAD	YES	YES	Y																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
<b>EGGS YOUR WAY-FRIED</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>													

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

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			Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products													
<b>EGGS YOUR WAY-BOILED</b>																			
CAGE FREE MED BARN EGGS	YES	NO						Y											
WHITE BLOOMER BREAD	YES	YES	Y																
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y														
<b>EGGS YOUR WAY-BOILED</b>																			
YES	NO	Y		Y				Y											
<b>EGGS YOUR WAY-SCRAMBLED</b>																			
CAGE FREE MED BARN EGGS	YES	NO						Y											
SALTED BUTTER BLOCK	YES	NO							Y										
SEMI SKIMMED MILK	YES	NO							Y										
WHITE BLOOMER BREAD	YES	YES	Y																
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y														
<b>EGGS YOUR WAY-SCRAMBLED</b>																			
YES	NO	Y		Y				Y	Y										
<b>GRANOLA, FRUIT SALAD &amp; TOAST</b>																			
SALTED BUTTER BLOCK	YES	NO							Y										
YOGHURT GREEK STYLE	YES	NO							Y										
STRAWBERRY JAM PORTIONS	YES	YES																	
FRESH FRUIT SALAD	YES	YES																	
GRANOLA QUAKER OAT RAISIN	YES	NO	Y			Y													
FRESH HERBS MINT	YES	YES																	
WHITE BLOOMER BREAD	YES	YES	Y																
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y														
<b>GRANOLA, FRUIT SALAD &amp; TOAST</b>																			
YES	NO	Y		Y	Y			Y											
<b>PORRIDGE</b>																			
OATS2GO PORRIDGE SACHETS	YES	YES				Y													
SEMI SKIMMED MILK	YES	NO							Y										
FRUIT SALAD	YES	YES																	
FRESH HERBS MINT	YES	YES																	
STRAWBERRIES	YES	YES																	
<b>PORRIDGE</b>																			
YES	NO				Y			Y											

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	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>AVOCADO ON TOAST</b>																				
CAGE FREE MED BARN EGGS	YES	NO					Y													
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CHILLIES RED	YES	YES																		
EXTRA VIRGIN OLIVE OIL	YES	YES																		
AVOCADO	YES	YES																		
ONIONS RED	YES	YES																		
CHILLIES RED	YES	YES																		
LIMES	YES	NO																		
TABLE SALT	YES	YES																		
<b>AVOCADO ON TOAST</b>																				
YES	NO	Y		Y			Y													
<b>BUTTERMILK PANCAKES</b>																				
REDUCED SUGAR PANCAKE	YES	NO	Y				Y	Y												
MAPLE SYRUP PORTIONS	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
FRESH HERBS MINT	YES	YES																		
<b>BUTTERMILK PANCAKES</b>																				
NO	NO	Y					Y	Y												
<b>CONTINENTAL BREAKFAST</b>																				
<b>ARTISAN BREADS</b>																				
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CIABATTA LOAF	YES	YES	Y	Y																
LARGE POOLISH LOAF	YES	YES	Y																	
MULTICEREAL BAGUETTE	YES	NO	Y	Y	Y	Y														

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			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SPREADS &amp; PRESERVES</b>																				
MARMITE PORTIONS																				PLEASE REFER TO PACKET FOR INFORMATION
SUNFLOWER SPREAD	YES	NO																		
ASSORTED JAM PORTIONS- APRICOT																				PLEASE REFER TO PACKET FOR INFORMATION
ASSORTED JAM PORTIONS- BLACKCURRANT																				PLEASE REFER TO PACKET FOR INFORMATION
ASSORTED JAM PORTIONS- RASPBERRY																				PLEASE REFER TO PACKET FOR INFORMATION
ASSORTED JAM PORTIONS- STRAWBERRY																				PLEASE REFER TO PACKET FOR INFORMATION
HONEY PORTION	YES	NO																		
ORANGE MARMALADE PORTIONS																				PLEASE REFER TO PACKET FOR INFORMATION
NUTELLA CHOCOLATE SPREAD PORTIONS																				PLEASE REFER TO PACKET FOR INFORMATION
PEANUT BUTTER																				PLEASE REFER TO PACKET FOR INFORMATION
MAPLE SYRUP PORTIONS	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
<b>PASTRIES</b>																				
RASPBERRY CROISSANT	YES	NO	Y					Y	Y											
PAIN AU CHOCOLAT	YES	NO	Y				Y	Y	Y											
CROISSANT	YES	NO	Y					Y	Y											
<b>HAM N CHEESE CROISSANT</b>																				
CHEESE SLICES	YES	NO							Y											
THICK CUT HAM SLICES	NO	NO																		
MULTISEED CROISSANT	YES	NO	Y		Y	Y		Y	Y											
<b>HAM N CHEESE CROISSANT</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>	<b>Y</b>		<b>Y</b>	<b>Y</b>											
<b>FRESH FRUIT</b>																				
APPLES GREEN	YES	YES																		
RED APPLE	YES	YES																		
BANANAS	YES	YES																		
ORANGE MEDIUM	YES	NO																		
<b>FRUIT SALAD</b>																				
FRESH FRUIT SALAD	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>FRUIT SALAD</b>	<b>YES</b>	<b>YES</b>																		

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			Wheat Products	Rye Products	Barley Products	Oat Products															
<b>CEREALS</b>																					
SPECIAL K	YES	NO	Y		Y																
CRUNCHY NUT CORNFLAKES	YES	NO			Y											Y					
CORNFLAKES	YES	NO			Y																
COCO POPS	YES	NO			Y																
<b>YOGHURTS</b>																					
STRAWBERRY YOGHURT	YES	NO						Y													
VANILLA YOGHURT	YES	NO						Y													
<b>YOGHURT &amp; GRANOLA POTS</b>																					
GREEK STYLE YOGHURT	YES	NO						Y													
GRANOLA QUAKER OAT RAISIN	YES	NO	Y			Y															
<b>YOGHURT &amp; GRANOLA POTS</b>																					
YES	NO	Y			Y			Y													
<b>FULL ENGLISH BREAKFAST</b>																					
BEEF HASH	NO	NO						Y							Y						
SMOKED DRY CURED STREAKY BACON	NO	NO																			
BRITISH PREMIER INN SAUSAGES	NO	NO	Y									Y									
BAKED BEANS	YES	YES																			
MUSHROOM CUP	YES	YES																			
MUSHROOM FLAT	YES	YES																			
TINNED PLUM TOMATOES	YES	YES																			
HASH BROWNS	YES	YES																			
<b>FRIED EGGS</b>																					
CAGE FREE MED BARN EGGS	YES	NO						Y													
RAPESEED OIL	YES	YES																			
<b>FRIED EGGS</b>																					
YES	NO							Y													
<b>SCRAMBLED EGGS</b>																					
CAGE FREE MED BARN EGGS	YES	NO						Y													
SEMI SKIMMED MILK	YES	NO							Y												
SALTED BUTTER BLOCK	YES	NO							Y												
<b>SCRAMBLED EGGS</b>																					
YES	NO							Y	Y												

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			Wheat Products	Rye Products	Barley Products	Oat Products															
<b>KIDS</b>																					
<b>MINI BAR + BLOCK WORKS</b>																					
CAGE FREE MED BARN EGGS	YES	NO						Y													
SALTED BUTTER BLOCK	YES	NO							Y												
BAKED BEANS	YES	YES																			
SMOKED DRY CURED STREAKY BACON	NO	NO																			
TOMATO M	YES	YES																			
BRATWURST	NO	NO											Y								
WHITE BLOOMER BREAD	YES	YES	Y																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
<b>MINI BAR + BLOCK WORKS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>					<b>Y</b>							
<b>BUTTERMILK PANCAKES</b>																					
REDUCED SUGAR PANCAKE	YES	NO	Y					Y	Y												
MAPLE SYRUP PORTIONS	YES	YES																			
SMOKED DRY CURED STREAKY BACON	NO	NO																			
FRESH HERBS MINT	YES	YES																			
<b>BUTTERMILK PANCAKES</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>												
<b>FRUIT SALAD &amp; TOAST</b>																					
SALTED BUTTER BLOCK	YES	NO							Y												
STRAWBERRY JAM PORTIONS	YES	YES																			
FRESH FRUIT SALAD	YES	YES																			
WHITE BLOOMER BREAD	YES	YES	Y																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
<b>FRUIT SALAD &amp; TOAST</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>												
<b>PORRIDGE</b>																					
OATS2GO PORRIDGE SACHETS	YES	YES				Y															
SEMI SKIMMED MILK	YES	NO							Y												
FRESH FRUIT SALAD	YES	YES																			
FRESH HERBS MINT	YES	YES																			
STRAWBERRIES	YES	YES																			
<b>PORRIDGE</b>	<b>YES</b>	<b>NO</b>				<b>Y</b>			<b>Y</b>												

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