



### *Allergy Information Guide Information:*

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any **"may contains"** information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before as ingredients may be substituted or changed at short notice.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut) , Pecan, Pistachio, Walnut)** and products thereof.

Items that are added as a choice, upgrade or addition must be checked and the allergen information considered in addition to the main meal.

**Our vegan dishes are made to a vegan recipe, but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Please speak to your server if you any dietary requirements.**

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

## KEY FOR BAR + BLOCK STEAKHOUSE ALLERGY INFORMATION GUIDE

<b>Y</b>	The allergen is present
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Product Description	Allergens Present																	
	Cereal Containing Gluten																	
	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
COCKTAILS																		
(CLASSIC) PORNSTAR MARTINI																		
(CLASSIC) ESPRESSO MARTINI																		
(CLASSIC) FRENCH MARTINI																		
(CLASSIC) COSMOPOLITAN																		
(CLASSIC) MOJITO																		
(CLASSIC) LONG ISLAND ICE TEA																		
(CLASSIC) HUGO SPRITZ											Y							
(CLASSIC) APEROL SPRITZ											Y							
(CLASSIC) TOMMYS MARGARITA																		
(CLASSIC) NEGRONI											Y							
(CLASSIC) HENDRICK'S BRAMBLE																		
(SIGNATURE) CHERRY AMARETTO SOUR																		
(SIGNATURE) TUTTI FRU-TINI																		
(SIGNATURE) S'MORES MARTINI					Y		Y											
(SIGNATURE) POPCORN COLADA	Y	Y	Y	Y	Y		Y					Y			Y		Y	
(SIGNATURE) TENNESSEE MULE																		
(SIGNATURE) DRAGON FRUIT & PAPAYA MOJITO																		
(SIGNATURE) PINEAPPLE CHILLI MARGARITA																		
(SIGNATURE) LONG IRISH TEA																		
EVERLEAF ALCOHOL-FREE COCKTAILS																		
PG PASSION FRUIT MARTINI																		
DARK + STORMY																		
SAFFRON PICANTE																		
RASPBERRY DAIQUIRI																		
SHOT TAILS																		
BABY GUINNESS							Y											
JAM DOUGHNUT							Y											
NEAPOLITAN							Y											
SHOTS																		
EL JIMADOR BLANCO TEQUILA																		
EL JIMADOR REPOSADO TEQUILA																		
ANTICA CLASSIC SAMBUCA																		
ANTICA BLACK SAMBUCA																		
TEQUILA ROSE							Y											

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SPIRITS																		
GIN																		
WARNERS RASPBERRY GIN																		
WARNERS RHUBARB GIN																		
WARNER'S LONDON DRY GIN																		
HENDRICKS																		
WHITLEY NEILL JAPANESE YUZU																		
WHITLEY NEILL RASPBERRY																		
WHITLEY NEILL DISTILLERS CUT																		
BOMBAY CITRON PRESSE																		
BOMBAY SAPPHIRE GIN																		
JJ PINK GIN																		
JJ LONDON DRY GIN																		
VODKA																		
ABSOLUT® PASSIONFRUIT																		
ABSOLUT® RASPBERRI																		
ABSOLUT® VANILIA																		
ABSOLUT® ORIGINAL																		
JJ ARTISANAL																		
WHISKEY																		
TALISKER 10YO																		
JOHNNIE WALKER BLACK LABEL																		
GLENFIDDICH 12YO																		
JACK DANIELS NO.7																		
JACK DANIEL'S TENNESSEE HONEY																		
WOODFORD RESERVE																		
JAMESON IRISH WHISKEY																		
RUM																		
DEAD MANS FINGER SPICED RUM																		
BACARDI CARTA BLANCA SUPERIOR WHITE RUM																		
KRAKEN BLACK SPICED																		
CAPTAIN MORGAN DARK RUM																		
CAPTAIN MORGAN SPICED RUM																		
MIXERS - SEE PACKAGING																		

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DRAUGHT BEER																			
PRAVHA			Y																
BIRRA MORETTI			Y																
CRUZCAMPO			Y																
SALT ALPACALYPSE	Y		Y																
BEAVERTOWN NECK OIL			Y																
ASPALL DRAUGHT CYDER											Y								
GUINNESS			Y																
HARP			Y																
CARLSBERG			Y																
ROCKSHORE IRISH LAGER			Y																
SMITHWICK'S			Y																
HOP HOUSE 13			Y																
CITRA IPA			Y																
PACKAGED BEER & CIDER - SEE PACKAGING																			
PACKAGED LOW & NO - SEE PACKAGING																			
HOUSE SODAS & ICED TEAS																			
DRAGON FRUIT & PAPAYA																			
PASSION FRUIT																			
CHERRY & VANILLA																			
ELDERFLOWER																			
BLUE RASPBERRY																			
DRAUGHT SOFTS																			
COCA COLA ZERO SUGAR																			
DIET COKE																			
COCOA COLA																			
SCHWEPPES LEMONADE																			
PACKAGED SOFT DRINKS - SEE PACKAGING																			
PACKAGED KIDS DRINKS - SEE PACKAGING																			

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HOT DRINKS																		
LATTE							Y											
CAPPUCCINO							Y											
FLAT WHITE							Y											
AMERICANO BLACK																		
AMERICANO WHITE (+SEMI SKIMMED MILK)							Y											
ESPRESSO																		
ESPRESSO																		
HOT CHOCOLATE							Y											
HOT CHOCOLATE WITH CREAM							Y											
S'MORES HOT CHOCOLATE					Y		Y											
PG TIPS ENGLISH BREAKFAST (BLACK)																		
PG TIPS PEPPERMINT HERBAL																		
PG TIPS RASBERRY HERBAL																		
PG TIPS GREEN TEA																		
PG TIPS EARL GREY																		
PG TIPS DECAF																		
SOYA DRINK					Y													
WHOLE/SEMI SKIMMED MILK							Y											
OAT DRINK				Y														
AFTER DINNER DRINKS																		
BAILEYS LATTE							Y											
IRISH COFFEE							Y											
COFFEE SYRUP																		
SWEETBIRD VANILLA SUGAR FREE SYRUP																		
SWEETBIRD HAZELNUT SUGAR FREE SYRUP																		
SWEETBIRD SALTED CARAMEL SUGAR FREE SYRUP																		

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WINES																		
WHITE																		
RIESLING, JIM BARRY 'THE LODGE HILL'						Y					Y							
GAVI DEL COMUNE DI GAVI, SAN SILVESTRO 'FOSSILI'											Y							
SAUVIGNON BLANC, SAINT CLAIR											Y							
VIOGNIER, VIÑA EDMARA						Y					Y							
VERDEJO ORGANIC, MESTA, UCLÉS											Y							
CHARDONNAY UNOAKED, 'FOUNDSTONE', BERTON VINEYARD						Y					Y							
PINOT GRIGIO, NOVITÀ							Y				Y							
SAUVIGNON BLANC, TIERRA ANTICA											Y							
ROSE																		
CÔTES DE PROVENCE, CHÂTEAU DE L'AUMÉRADE, AUMÉRADE STYLE											Y							
TEMPRANILLO ROSÉ ORGANIC, MESTA, UCLÉS											Y							
PINOT GRIGIO BLUSH, NOVITÀ											Y							
ZINFANDEL BLUSH, ZIN HEAVEN											Y							
RED																		
BAROLO, SAN SILVESTRO 'PATRES'											Y							
CABERNET SAUVIGNON, JIM BARRY 'COVER DRIVE'						Y					Y							
ZINFANDEL, MAGGIO 'OLD VINES', LODI											Y							
RIOJA RESERVA, BODEGAS ONDARRE											Y							
CAMENÈRE, UNDURRAGA											Y							
GARNACHA ORGANIC, MESTA, UCLÉS											Y							
PINOT NOIR, VIÑA EDMARA											Y							
SHIRAZ, 'FOUNDSTONE', BERTON VINEYARD											Y							
MALBEC, EL CAMINO											Y							
MERLOT, TIERRA ANTICA											Y							
SPARKLING																		
CHAMPAGNE BERNARD REMY, CARTE BLANCHE BRUT											Y							
CHAMPAGNE BERNARD REMY, BRUT ROSÉ NV											Y							
PROSECCO BRUT SUPERIORE, PRAPIAN ORGANIC ESTATE											Y							
PROSECCO, FAVOLA EXTRA DRY											Y							
PROSECCO ROSÉ, SACCHETTO BRUT											Y							