



Allergy Information Guide Information:

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any “**may contains**” information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before as ingredients may be substituted or changed at short notice.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut) , Pecan, Pistachio, Walnut) and products thereof.**

Items that are added as a choice, upgrade or addition must be checked and the allergen information considered in addition to the main meal.

Our vegan dishes are made to a vegan recipe but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Please speak to your server if you any dietary requirements.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

KEY FOR BAR + BLOCK STEAKHOUSE ALLERGY INFORMATION GUIDE

Yes The allergen is present

Yes Suitable for ovo-lacto vegetarians/ vegans

No Not suitable for ovo-lacto vegetarians/ vegans



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BAR AND BLOCK AUTUMN WINTER MENU 2023								
BEEF POPCORN	489	117	8.8	2.2	6.8	0.1	1.6	0.4
SMALL PLATES								
CHIMICHURRI FLATBREAD	1957	467	25.1	1.9	51.5	0.7	7.6	0.9
BEEF BURNT ENDS	1803	431	27.3	3.6	3.8	1.0	41.9	1.7
MAC + CHEESE BITES	1727	413	21.6	6.3	41.0	1.4	13.3	1.1
ASIAN CRISPY BEEF	2496	596	38.2	3.7	22.2	15.5	40.3	0.9
SALT + PEPPER SQUID	2093	500	38.3	3.0	23.7	1.9	13.3	3.2
CANADIAN KING SCALLOPS	1059	253	21.0	13.2	5.2	2.0	10.7	0.8
GARLIC KING PRAWNS	1761	421	23.5	13.4	28.4	1.4	23.4	1.4
HALLOUMI FRIES	1796	429	35.2	15.0	3.6	1.1	23.8	2.5
TOMATO BRUSCHETTA	840	201	6.2	0.8	30.8	4.5	4.5	0.9
STICKY CHICKEN WINGS	1509	360	19.2	4.6	9.6	5.6	37.4	1.8
BUTTER CHICKEN WINGS	2465	589	42.8	16.7	10.9	5.5	39.5	2.1
CRISPY ONION BHAJI	746	178	11.9	1.1	13.8	3.8	3.1	0.2
MAINS								
VEGAN BUN	743	177	2.7	1.0	31.9	4.5	5.7	0.5
HOUSE SALAD	483	115	7.3	1.2	8.7	6.4	2.4	0.4
SWAP BUN TO SALAD MINUS	260	-62						
SHORT RIB BRISKET BURGER WITH FRIES AND BUN	4772	1140	69.9	17.5	89.8	11.9	37.4	4.0
MIGHTY BLOCK BURGER WITH FRIES AND BUN	4941	1180	60.4	16.1	87.9	12.5	69.1	5.6
DOUBLE UP YOUR PATTY	1929	461	29.1	12.2	0.5	0.5	47.4	0.8
RED PEPPER + HARISSA CHICKEN BURGER WITH FRIES AND BUN	3268	781	27.0	7.5	87.1	15.7	47.4	5.2
CLASSIC CHEESEBURGER WITH FRIES AND BUN	4654	1112	59.4	19.0	81.0	9.9	61.5	4.8
DOUBLE UP YOUR PATTY	1929	461	29.1	12.2	0.5	0.5	47.4	0.8

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
ADD 2 DRY-CURED OAK-SMOKED STREAKY BACON	263	63	4.0	1.3	0.2	0.1	6.5	0.9
PLANT-BASED CHEESEBURGER WITH FRIES AND BUN	3554	849	43.0	11.0	88.1	10.6	25.3	4.0
ADD 2 THIS ISN'T BACON	259	62	2.5	0.2	2.2	0.2	7.0	0.8

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
MAINS - FISH & MEAT FREE								
CHARGRILLED HARISSA SALMON	2731	652	38.1	5.5	28.7	10.8	46.3	2.0
THE FISH BLOCK WITH FRIES	4489	1072	74.4	26.8	51.1	4.4	49.8	3.7
PLANT-BASED KOFTAS	3430	819	39.9	8.3	74.6	18.3	34.9	3.6
CHIMICHURRI MIXED VEGETABLES	3085	737	45.4	3.9	55.9	22.8	18.3	1.1
ADD 4OZ SIRLOIN	735	175	7.8	3.7	1.9	0.5	26.4	1.2
ADD A CHARGRILLED SALMON FILLET	1363	325	18.8	3.5	0.5	0.2	38.6	0.3
ADD A CHICKEN BREAST	649	155	2.5	0.6	0.1	0.5	32.7	1.1
BAR + BLOCK HOUSE SALAD	958	229	14.5	2.3	17.1	12.5	4.7	0.7
ADD 4OZ SIRLOIN	735	175	7.8	3.7	1.9	0.5	26.4	1.2
ADD A CHARGRILLED SALMON FILLET	1363	325	18.8	3.5	0.5	0.2	38.6	0.3
ADD A CHICKEN BREAST	649	155	2.5	0.6	0.1	0.5	32.7	1.1
MAINS - CHARGRILLS								
BUTCHERS BANGERS PLATTER WITH FRIES	4942	1180	77.7	23.9	70.5	19.9	51.4	6.3
CHICKEN SOUVLAKI	4060	970	41.7	15.4	65.2	12.5	80.4	4.1
TANDOORI LAMB CHOP	4162	994	68.0	33.1	32.9	9.9	60.2	3.1
MAINS STEAK								
ANGUS FILLET 12OZ ONLY	2130	509	24.8	12.0	1.7	0.8	69.3	0.7
ANGUS FILLET 8OZ ONLY	1430	341	16.6	8.0	1.4	0.6	46.3	0.6
ANGUS RIBEYE 14OZ ONLY	2934	701	38.0	18.1	4.2	3.4	85.7	0.9
ANGUS RIBEYE 10OZ ONLY	2106	503	27.2	13.0	3.3	2.4	61.4	0.7
ANGUS SIRLOIN 12OZ ONLY	2214	529	23.3	10.9	6.5	1.5	78.9	0.7
ANGUS SIRLOIN 8OZ ONLY	1486	355	15.6	7.3	4.6	1.0	52.8	0.6
ANGUS RUMP HEART 12OZ	1927	460	19.6	8.8	1.1	0.5	74.1	1.4
ANGUS RUMP HEART 8OZ ONLY	1294	309	13.1	5.9	1.1	0.4	49.6	1.0
UPGRADE ANY STEAK AND TOP WITH GARLIC KING PRAWNS	638	152	10.5	6.5	1.6	0.3	13.0	0.6
UPGRADE ANY STEAK AND TOP WITH GARLIC CANADIAN SCALLOPS	537	128	10.4	6.5	2.0	0.2	6.7	0.4
UPGRADE ANY STEAK AND TOP WITH BOTH GARLIC KING PRAWNS + GARLIC CANADIAN SCALLOPS	1174	280	20.8	13.1	3.5	0.5	19.7	1.0
STEAK SIDES								
BEEF DRIPPING TRIPLE-COOKED CHUNKY CHIPS	1675	400	19.7	9.5	53.0	0.3	4.6	0.2
FRIES	1073	256	8.7	0.7	43.4	0.5	2.6	1.6

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BAKED POTATO	951	227	0.3	0.3	48.1	3.1	4.9	0.1
ROASTED MINI JACKETS	977	233	13.8	8.8	24.1	4.8	3.1	1.3
HOUSE SALAD	483	115	7.3	1.2	8.7	6.4	2.4	0.4
LOADED FRIES	1690	404	12.3	1.8	50.4	3.4	23.8	2.8

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
STEAK SAUCES								
BLOCK STEAK SAUCE	360	86	0.0	0.0	18.9	9.1	1.1	0.8
PEPPERCORN SAUCE	125	30	0.7	0.4	4.1	2.2	1.5	0.7
CHIMICHURRI SAUCE	781	187	20.2	1.4	0.7	0.3	0.3	0.0
MUSHROOM + RED WINE SAUCE	65	16	0.4	0.1	2.2	0.8	0.7	0.5
MAINS STEAK - SPECIALITY CUT								
CHATEAUBRIAND FOR TWO	7294	1742	91.0	45.3	117.3	6.4	113.8	9.4
14OZ SPIRAL CUT ANGUS RIBEYE WITH CHIPS	6176	1475	98.0	30.3	58.8	4.4	90.8	3.1
10OZ SPIRAL CUT ANGUS FILLET WITH CHIPS	4470	1068	65.7	21.2	57.1	1.6	63.2	2.9
STEAK SAMPLER WITH CHIPS NO SAUCE	4933	1178	57.1	21.4	87.0	5.4	82.9	1.8
SHORT RIB	5234	1250	96.6	38.0	34.9	12.2	59.1	4.1
SIDES								
FRIES	1073	256	8.7	0.7	43.4	0.5	2.6	1.6
BEEF DRIPPING TRIPLE-COOKED CHUNKY CHIPS	1675	400	19.7	9.5	53.0	0.3	4.6	0.2
LOADED FRIES	1690	404	12.3	1.8	50.4	3.4	23.8	2.8
BEER BATTERED ONION RINGS	2311	552	29.5	2.5	61.8	8.3	7.5	1.3
TRUFFLE-FLAVOURED MAC + CHEESE	2243	536	36.8	18.3	30.4	3.5	20.1	1.4
BAKED POTATO	951	227	0.3	0.3	48.1	3.1	4.9	0.1
GARLIC MUSHROOMS	500	119	11.0	6.6	1.3	0.5	2.9	2.2
GARLIC SPINACH	179	43	2.0	0.3	2.3	0.5	4.0	1.0
ROASTED MINI JACKETS	977	233	13.8	8.8	24.1	4.8	3.1	1.3
HOUSE SALAD	483	115	7.3	1.2	8.7	6.4	2.4	0.4
DESSERTS								
CARAMELISED BANOFFEE CHEESECAKE	2514	600	17.4	8.2	99.7	78.1	10.4	0.7
MANGO KULFI	1751	418	26.8	15.5	39.3	38.4	4.3	0.1
TRIPLE CHOCOLATE BROWNIE	2705	646	25.4	15.0	92.9	74.4	8.4	0.3
ETON MESS SUNDAE	1649	394	18.9	12.2	49.2	46.8	6.5	0.3
STICKY TOFFEE PUDDING	3013	720	37.6	17.2	87.4	63.5	7.3	0.5
BELGIAN CHOCOLATE COOKIE DOUGH	3281	784	37.6	19.9	100.5	69.4	9.2	0.7
CHOCOLATE CHURROS SUNDAE	3368	804	39.1	19.3	99.9	55.8	11.6	0.5
TRIO OF MINI DESSERTS	2846	680	27.4	10.0	97.9	54.4	8.8	0.6

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
AFFOGATO	442	106	3.7	2.2	14.7	8.3	3.1	0.1
VEGAN AFFOGATO OPTION AVAILABLE	491	117	4.0	3.0	18.4	7.4	1.6	0.1

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
TIRAMISU	1892	452	30.5	12.3	39.2	30.5	4.6	0.3
CHOCOLATE TORTE	1105	264	15.1	8.6	27.9	20.3	2.3	0.3
ADD VANILLA ICE CREAM	281	67	2.7	1.8	9.0	8.2	1.5	0.0
ADD VANILLA VEGAN ICE CREAM	330	79	3.1	2.6	12.8	7.3	0.1	0.0
MINI PUD WITHOUT HOT DRINK	1091	261	10.0	5.6	37.7	29.7	3.3	0.1
CHEESEBOARD SINGLE	3707	885	71.6	45.8	24.7	11.9	34.5	3.1
CHEESEBOARD SHARER	7315	1747	141.3	90.3	49.3	23.8	67.6	6.2
LUNCH + EARLY DINNER								
LUNCH STARTERS								
STICKY CHICKEN WINGS	1509	360	19.2	4.6	9.6	5.6	37.4	1.8
MAC + CHEESE BITES	1727	413	21.6	6.3	41.0	1.4	13.3	1.1
TOMATO BRUSCHETTA	840	201	6.2	0.8	30.8	4.5	4.5	0.9
CHIMICHURRI FLATBREAD	1957	467	25.1	1.9	51.5	0.7	7.6	0.9
LUNCH MAINS								
FRIES	1073	256	8.7	0.7	43.4	0.5	2.6	1.6
HOUSE SALAD	483	115	7.3	1.2	8.7	6.4	2.4	0.4
CLASSIC BEEF BURGER ONLY	3233	772	43.7	14.0	37.5	9.5	53.9	2.8
DOUBLE UP YOUR PATTY ADD	1929	461	29.1	12.2	0.5	0.5	47.4	0.8
ADD CHEESE SLICE	348	83	7.0	4.3	0.0	0.0	5.1	0.4
ADD 2 DRY-CURED OAK-SMOKED STREAKY BACON	263	63	4.0	1.3	0.2	0.1	6.5	0.9
PLANT-BASED BURGER ONLY	2240	535	29.7	6.1	40.6	10.2	22.7	1.9
ADD VIOLIFE SLICE	240	57	4.6	4.2	4.0	0.0	0.0	0.5
ADD 2 THIS ISN'T BACON	259	62	2.5	0.2	2.2	0.2	7.0	0.8
STEAK SANDWICH ONLY	2732	652	31.2	8.5	56.4	4.8	35.2	1.8
OPEN CLUB SANDWICH ONLY	2687	642	28.4	5.7	55.4	3.6	38.3	3.0
STEAK + FRITES	2985	713	38.8	14.6	53.2	7.3	40.0	2.8
UPGRADE TO SIRLOIN WITH FRITES	3552	848	45.1	17.8	56.8	8.0	57.8	2.6
BEER BATTERED FISH + CHIPS	4041	965	53.3	12.8	82.8	6.4	39.7	2.4
CHARGRILLED SEABASS FILLET	1818	434	19.4	5.4	37.1	9.9	26.8	2.4
CHIMICHURRI MIXED VEGETABLES	3085	737	45.4	3.9	55.9	22.8	18.3	1.1
ADD 4OZ SIRLOIN	735	175	7.8	3.7	1.9	0.5	26.4	1.2
ADD A CHICKEN BREAST	724	173	4.5	0.7	0.1	0.5	32.7	1.1
BAR + BLOCK HOUSE SALAD	958	229	14.5	2.3	17.1	12.5	4.7	0.7
ADD 4OZ SIRLOIN	735	175	7.8	3.7	1.9	0.5	26.4	1.2
ADD A CHICKEN BREAST	724	173	4.5	0.7	0.1	0.5	32.7	1.1

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
LUNCH DESSERTS								
TRIPLE CHOCOLATE BROWNIE	2705	646	25.4	15.0	92.9	74.4	8.4	0.3
CHOCOLATE TORTE	1105	264	15.1	8.6	27.9	20.3	2.3	0.3
ADD VANILLA DAIRY ICE CREAM	281	67	2.7	1.8	9.0	8.2	1.5	0.0
ADD VANILLA VEGAN ICE CREAM	330	79	3.1	2.6	12.8	7.3	0.1	0.0
AFFOGATO	442	106	3.7	2.2	14.7	8.3	3.1	0.1
VEGAN AFFOGATO OPTION AVAILABLE	491	117	4.0	3.0	18.4	7.4	1.6	0.1
ETON MESS SUNDAE	1649	394	18.9	12.2	49.2	46.8	6.5	0.3
SUNDAY ROAST MENU								
SUNDAY MAINS								
ROAST BEEF SIRLOIN	4788	1144	46.6	21.0	121.1	21.5	57.6	2.0
ADD AN EXTRA SLICE OF BEEF	322	77	3.4	1.6	0.8	0.2	11.6	0.1
ROAST BEEF FOR TWO	9576	2287	93.1	42.0	242.2	42.9	115.3	3.9
ADD AN EXTRA SLICE OF BEEF PER PERSON (CALORIES FOR 2 SLICES)	644	154	6.8	3.2	1.6	0.4	23.1	0.1
ROAST CHICKEN	5730	1368	58.5	21.9	118.9	21.1	86.9	3.9
ROAST CHICKEN FOR TWO	11459	2737	117.1	43.7	237.7	42.1	173.8	7.8
ROAST LAMB RUMP	5040	1204	44.1	19.9	118.8	21.1	78.1	2.4
ADD AN EXTRA SLICE OF LAMB	305	73	1.9	0.9	0.1	0.1	13.8	0.2
ROAST LAMB RUMP FOR TWO	10081	2408	88.2	39.7	237.7	42.1	156.2	4.7
ADD AN EXTRA SLICE OF LAMB PER PERSON (CALORIES FOR 2 SLICES)	609	146	3.9	1.8	0.1	0.1	27.6	0.3
ULTIMATE ROAST	6356	1518	63.9	24.4	119.7	21.3	112.2	4.1
KIDS SUNDAY ROAST								
KIDS ROAST CHICKEN	2737	654	25.5	8.4	70.1	12.7	32.5	1.6
KIDS ROAST BEEF	3057	730	31.1	11.3	71.7	12.8	39.3	1.2
SUNDAY MENU SIDES								
PIGS IN BLANKETS	1170	279	17.4	6.3	8.9	1.0	21.6	2.2
TRUFFLE-FLAVOURED CAULIFLOWER CHEESE	1288	308	26.6	12.8	7.1	3.2	9.5	1.0

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
KIDS MENU								
KIDS STARTERS								
VEGGIE STICKS + DIPS	142	34	1.0	0.1	4.1	3.8	1.7	0.2
KIDS MAINS								
GRILLED CHICKEN + FLATBREAD	988	236	4.4	0.7	27.1	2.0	21.1	1.1
MINI STEAK + FRITES	1098	262	10.3	3.2	18.7	0.4	25.9	1.1
TEN-VEG TOMATO PASTA	1572	375	6.2	0.8	66.1	7.0	11.2	1.0
MINI FISH AND CHIPS	1686	403	24.3	2.0	29.2	2.4	17.1	1.8
SPAGHETTI BOLOGNESE	1790	428	9.0	2.8	65.4	7.0	19.1	0.7
BEEF BURGER WITH FRIES	2381	569	25.9	9.4	43.8	1.9	38.0	1.5
CHICKEN BREAST WITH FRIES	784	187	5.0	0.6	18.7	0.4	17.5	1.3
KIDS DESSERTS								
FRUIT SALAD	222	53	0.1	0.0	11.4	11.4	0.7	0.0
DAIRY DAIRY ICE CREAM	642	153	6.9	4.6	18.3	14.2	4.3	0.1
PANCAKES WITH FRUIT	779	186	3.3	0.4	34.1	19.2	4.0	0.3
KIDS SIDES								
2 MINI CORN ON THE COBS	200	48	1.1	0.2	5.7	1.5	2.2	0.0
BAKED BEANS	174	41	0.1	0.0	6.7	2.7	2.5	0.3
PEAS	197	47	0.4	0.1	6.3	3.3	3.1	0.0
VEGGIE STICKS	65	16	0.2	0.0	2.4	2.3	0.6	0.0
HOUSE SALAD	483	115	7.3	1.2	8.7	6.4	2.4	0.4

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
BAR AND BLOCK AW 2023 CORE + SUNDAY MENU ALLERGY DATA																										
CONDIMENTS																										
VINEGAR			Yes																						Yes	Yes
BROWN SAUCE			Yes									Yes													Yes	Yes
BLACK PEPPER																									Yes	Yes
ENGLISH MUSTARD	Yes											Yes													Yes	Yes
FRENCH MUSTARD	Yes											Yes													Yes	Yes
KOREAN SPICY BBQ SAUCE	Yes				Yes							Yes													Yes	Yes
MAYONNAISE						Yes						Yes													No	Yes
TABLE SALT							Yes																		Yes	Yes
KETCHUP																									Yes	Yes
BEEF POPCORN																									No	No
Popcorn BB CP (10001658)																									Yes	Yes
Beef Dripping (54419)																									No	No
Beef Seasoning (10003386)																									Yes	Yes
SMALL PLATES																										
CHIMICHURRI FLATBREAD	Yes															Yes									Yes	Yes
Chillies Red (54235)																									Yes	Yes
Crushed Chillies (54721)																									Yes	Yes
Dried Oregano (10000421)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Vegan Flatbread (10003953)	Yes																								Yes	Yes
BEEF BURNT ENDS			Yes													Yes									No	No
Burnt Ends			Yes																						No	No
Chillies Red (54235)																									Yes	Yes
Crushed Chillies (54721)																									Yes	Yes
Dried Oregano (10000421)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
MAC + CHEESE BITES	Yes				Yes		Yes																		No	Yes
Mac & Cheese Bites (54719)	Yes				Yes		Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ASIAN CRISPY BEEF					Yes						Yes														No	No
Hoi Sin Sauce Ngci (10001165)					Yes						Yes														Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Cornflour (54168)																									Yes	Yes
Pulled Beef Brisket (10003076)																									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Chillies Red (54235)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
SALT + PEPPER SQUID	Yes					Yes				Yes															No	No	
Calamari (10000512)	Yes									Yes																No	No
Cracked Black Peppercorns (10004196)																										Yes	Yes
Lemon Garlic Mayo (10004009)						Yes																				No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Lemons (54602, 54722)																										No	Yes
Chillies Red (54235)																										Yes	Yes
CANADIAN KING SCALLOPS							Yes			Yes																No	No
MSC Canadian Scallops (10001110)										Yes																No	No
Samphire (10068447)																										Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Salted Block Butter (10001077)						Yes																				No	Yes
Lemons (54602, 54722)																										No	Yes
GARLIC KING PRAWNS	Yes						Yes		Yes																	No	No
Samphire (10068447)																										Yes	Yes
Jumbo Tiger Prawn (10004094)									Yes																	No	No
Fresh Herbs Parsley (54241)																										Yes	Yes
Vegan Flatbread (10003953)	Yes																									Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Salted Block Butter (10001077)						Yes																				No	Yes
Lemons (54602, 54722)																										No	Yes
HALLOUMI FRIES	Yes						Yes																			No	Yes
Semi Skimmed Milk (10001941)	Yes						Yes																			No	Yes
Batter Mix (51665)	Yes																									Yes	Yes
Halloumi (10003111)							Yes																			No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
TOMATO BRUSCHETTA	Yes														Yes											Yes	Yes
Balsamic Glaze (10000189)															Yes											Yes	Yes
Extra Virgin Olive Oil (54377)																										Yes	Yes
Fresh Herbs Basil (54237)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Vegan Flatbread (10003953)	Yes																									Yes	Yes
Extra Virgin Olive Oil (54377)																										Yes	Yes
Fresh Herbs Basil (54237)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
STICKY CHICKEN WINGS			Yes												Yes											No	No
Single Joint Chicken Wing (10004051)			Yes												Yes											No	No
Signature BBQ Sauce (10003022)			Yes												Yes											Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
RED PEPPER + HARISSA CHICKEN BURGER WITH FRIES NO BUN	Yes	Yes					Yes						Yes			Yes									No	No	
Feta Cheese (10000069)							Yes																			No	Yes
Rocket Leaf (54258)																										Yes	Yes
Red Pepper & Harissa Sauce (10001427)																										Yes	Yes
Red Pepper & Harissa Sauce (10001427)																										Yes	Yes
Raw Chicken Fillet (10004054)																										No	No
Tomato M (54216)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
ADD BUN	Yes																									Yes	Yes
Vegan Burger Bun New	Yes																									Yes	Yes
ADD HOUSE SALAD										Yes					Yes											Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
Avocado (10001861)																										Yes	Yes
French Dressing (53514)												Yes			Yes											Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
PLANT-BASED CHEESEBURGER WITH FRIES NO BUN	Yes	Yes		Yes									Yes													Yes	Yes
Vegan Sliced Cheese																										Yes	Yes
Garden Gourmet Vegan Burger (10002832)	Yes	Yes		Yes																						Yes	Yes
Burger Sauce 74 (10004097)													Yes													Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
ADD BUN	Yes																									Yes	Yes
Vegan Burger Bun New	Yes																									Yes	Yes
ADD HOUSE SALAD										Yes					Yes											Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
Avocado (10001861)																										Yes	Yes
French Dressing (53514)												Yes			Yes											Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
ADD THIS ISN'T BACON					Yes																					Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Vegan Bacon (10003277)					Yes																					Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
MAINS - FISH & MEAT FREE																										
CHARGILLED HARISSA SALMON							Yes	Yes																	No	No
Harissa & Red Pepper Sauce (10001427)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Fresh Herbs Coriander (54239)																									Yes	Yes
Mixed Grains (10002577)																									Yes	Yes
Skin-On Salmon Portions (10000657)									Yes																No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Lemons (54602, 54722)																									No	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Fresh Herbs Mint (54242)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Greek Yoghurt (53510)							Yes																		No	Yes
Lemons (54602, 54722)																									No	Yes
Mint Sauce (51730)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Mushroom Flat (54219)																									Yes	Yes
Tender Stem Broccoli (10003634)																									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
THE FISH BLOCK WITH FRIES																										
Fresh Herbs Parsley (54241)						Yes	Yes	Yes	Yes	Yes															No	No
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Lemon Garlic Mayo (10004009)						Yes																			No	Yes
MSC Canadian Scallops (10001110)										Yes															No	No
Rocket Leaf (54258)																									Yes	Yes
Samphire (10068447)																									Yes	Yes
Jumbo Tiger Prawn (10004094)									Yes																No	No
Seabass Fillet (10003632)									Yes																No	No
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Lemons (54602, 54722)																									No	Yes
Lemons (54602, 54722)																									No	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
PLANT-BASED KOFTAS																										
Harissa & Red Pepper Sauce (10001427)	Yes				Yes											Yes									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Garden Gourmet Vegan Burger (10002832)	Yes		Yes		Yes																				Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Vegan Flatbread (10003953)	Yes																								Yes	Yes
French Dressing (53514)												Yes				Yes									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
CHIMICHURRI MIXED VEGETABLES																Yes									Yes	Yes	
Corn On Cob Bites (10002478)																										Yes	Yes
Potato Mid (54227, 54255)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Red Pepper & Harrisa Sauce (10001427)																										Yes	Yes
Chillies Red (54235)																										Yes	Yes
Crushed Chillies (54721)																										Yes	Yes
Dried Oregano (10000421)																										Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
White Wine Vinegar (10002893)																	Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Mushroom Flat (54219)																										Yes	Yes
Tender Stem Broccoli (10003634)																										Yes	Yes
Pepper Red (54226, 10000329)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
ADD AN 4OZ* SIRLOIN																										No	No
BB Angus Sirloin (10002145)																										No	No
Table Salt (54744)																										Yes	Yes
ADD A CHARGRILLED SALMON FILLET								Yes																		No	No
Skin-On Salmon Portions (10000657)								Yes																		No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
ADD A CHICKEN BREAST																										No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Raw Chicken Fillet (10004054)																										No	No
BAR + BLOCK HOUSE SALAD													Yes			Yes										Yes	Yes
Avocado (10001861)																										Yes	Yes
French Dressing (53514)												Yes				Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
ADD AN 4OZ* SIRLOIN																										No	No
BB Angus Sirloin (10002145)																										No	No
Table Salt (54744)																										Yes	Yes
ADD A CHARGRILLED SALMON FILLET								Yes																		No	No
Skin-On Salmon Portions (10000657)								Yes																		No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
ADD A CHICKEN BREAST																										No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Raw Chicken Fillet (10004054)																										No	No

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
MAINS - CHARGRILLS																										
TANDOORI LAMB CHOP							Yes						Yes												No	No
Fresh Herbs Coriander (54239)																									Yes	Yes
Lamb Chops (10001879)																									No	No
Greek Yoghurt (53510)							Yes																		No	Yes
Tandoori Rub (10002694)													Yes												No	Yes
Cherry Tomatoes (1000328)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Fresh Herbs Mint (54242)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Greek Yoghurt (53510)							Yes																		No	Yes
Lemons (54602, 54722)																									No	Yes
Mint Sauce (51730)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Potato Mid (54227, 54255)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Onions Spring Bunch (54250)																									Yes	Yes
BUTCHER'S BANGERS BLOCK WITH FRIES																										
Rocket Leaf (54258)							Yes						Yes			Yes									No	No
B&B Block Sauce (10003584)													Yes												Yes	Yes
Bacon Jam 74 (10004121)																									No	No
Pork, Cheddar and Bacon Sausage							Yes									Yes									No	No
Luxury Pork Sausage																Yes									No	No
Beef, Mustard & Onion Sausage													Yes			Yes									No	No
Apples Green (54605)																									Yes	Yes
Chillies Red (54235)																									Yes	Yes
Crushed Chillies (54721)																									Yes	Yes
Dried Oregano (10000421)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
White Wine Vinegar (10002893)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																	Yes								Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
CHICKEN SOUVLAKI	Yes						Yes						Yes												No	No	
Fresh Herbs Mint (54242)																										Yes	Yes
Extra Virgin Olive Oil (54377)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Fresh Herbs Rosemary (54244)																										Yes	Yes
Raw Chicken Fillet (10004054)																										No	No
Fresh Herbs Parsley (54241)																										Yes	Yes
Pepper Red (54226, 10000329)																										Yes	Yes
Vegan Flatbread (10003953)	Yes																									Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Salted Block Butter (10001077)							Yes																			No	Yes
Feta Cheese (10000069)							Yes																			No	Yes
French Dressing (53514)												Yes				Yes										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Pepper Red (54226, 10000329)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
Lemons (54602, 54722)																										No	Yes
Extra Virgin Olive Oil (54377)																										Yes	Yes
Fresh Herbs Mint (54242)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Greek Yoghurt (53510)							Yes																			No	Yes
Lemons (54602, 54722)																										No	Yes
Mint Sauce (51730)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Onions Spring Bunch (54250)																										Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
MAINS STEAK																											
MAINS STEAK - HAND-CUT STEAKS TO A SIZE OF YOUR CHOOSING																											
MAINS STEAK - CHOOSE YOUR CUT																											
FILLET STEAK ONLY ALL SIZES																											
BB Angus Fillet (10002144)																									No	No	
Samphire (10068447)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
RIBEYE STEAK ONLY ALL SIZES																											
BB Angus Ribeye (10002148)																										No	No
Samphire (10068447)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
SIRLOIN STEAK ONLY ALL SIZES																											
BB Angus Sirloin (10002145)																										No	No
Samphire (10068447)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
RUMP STEAK ONLY ALL SIZES																											
BB Angus Rump Heart (10002146)																										No	No
Samphire (10068447)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
UPGRADE ANY STEAK AND TOP WITH GARLIC KING PRAWNS																											
Jumbo Tiger Prawn (10004094)						Yes			Yes																	No	No
Fresh Herbs Parsley (54241)									Yes																	No	No
Garlic Peeled (10068422)																										Yes	Yes
Salted Block Butter (10001077)						Yes																				No	Yes
Samphire (10068447)																										Yes	Yes
UPGRADE ANY STEAK AND TOP WITH GARLIC CANADIAN SCALLOPS																											
MSC Canadian Scallops (10001110)						Yes				Yes																No	No
Fresh Herbs Parsley (54241)									Yes																	Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Salted Block Butter (10001077)						Yes																				No	Yes
Samphire (10068447)																										Yes	Yes
UPGRADE ANY STEAK AND TOP WITH BOTH GARLIC KING PRAWNS + GARLIC CANADIAN SCALLOPS																											
MSC Canadian Scallops (10001110)						Yes			Yes	Yes																No	No
Jumbo Tiger Prawn (10004094)									Yes																	No	No
Fresh Herbs Parsley (54241)									Yes																	Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Salted Block Butter (10001077)						Yes																				No	Yes
Samphire (10068447)																										Yes	Yes
MAINS STEAK - CHOOSE YOUR SIDE																											
BEEF DRIPPING TRIPLE-COOKED CHUNKY CHIPS																											
Beef Dripping (54419)																										No	No
Premium Chip (10001031)																										Yes	Yes
FRIES																											
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
BAKED POTATO																											
Baking Potatoes (10000355)						Yes																				No	Yes
Fresh Herbs Thyme (54247)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Salted Block Butter (10001077)						Yes																				No	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
COAL-COOKED MINI GARLIC POTATOES						Yes																			No	Yes	
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Salted Block Butter (10001077)						Yes																				No	Yes
Potato Mid (54227, 54255)																										Yes	Yes
Salted Block Butter (10001077)						Yes																				No	Yes
Table Salt (54744)																										Yes	Yes
HOUSE SALAD													Yes			Yes										Yes	Yes
Avocado (10001861)																										Yes	Yes
French Dressing (53514)												Yes				Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
LOADED FRIES			Yes										Yes													No	No
Burnt Ends			Yes																							No	No
Signature B&B Sauce (10003284)													Yes													Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
MAINS STEAK - CHOOSE YOUR SAUCE																										
BLOCK STEAK SAUCE													Yes												Yes	Yes
Signature B&B Sauce (10003284)													Yes												Yes	Yes
PEPPERCORN SAUCE																									No	No
Peppercorn Sauce Small (10002920)							Yes					Yes													No	No
CHIMICHURRI SAUCE																Yes									Yes	Yes
Chillies Red (54235)																									Yes	Yes
Crushed Chillies (54721)																									Yes	Yes
Dried Oregano (10000421)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
White Wine Vinegar (10002893)																Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
MUSHROOM + RED WINE SAUCE																									No	No
Mushroom Bacon Jus (10000619)																									No	No
MAINS STEAK - SPECIALITY CUTS																										
16OZ* CHATEAUBRIAND FOR TWO							Yes					Yes													No	No
BB Angus Fillet (10002144)							Yes					Yes													No	No
Peppercorn Sauce Small (10002920)							Yes					Yes													No	No
Samphire (10068447)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Tender Stem Broccoli (10003634)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Beef Dripping (54419)																									No	No
Premium Chip (10001031)																									Yes	Yes
Mushroom Cup (54218)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Spinach (10001511)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?		
140Z* SPIRAL CUT ANGUS RIBEYE WITH CHIPS															Yes										No	No		
Samphire (10068447)																										Yes	Yes	
Table Salt (54744)																										Yes	Yes	
Beef Dripping (54419)																										No	No	
Premium Chip (10001031)																										Yes	Yes	
Chillies Red (54235)																										Yes	Yes	
Crushed Chillies (54721)																										Yes	Yes	
Dried Oregano (10000421)																										Yes	Yes	
Fresh Herbs Parsley (54241)																										Yes	Yes	
Garlic Peeled (10068422)																										Yes	Yes	
Onions Red (10002596)																										Yes	Yes	
White Wine Vinegar (10002893)																Yes										Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes	
BB Angus Ribeye (10002148)																										No	No	
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes	
Chillies Red (54235)																										Yes	Yes	
Crushed Chillies (54721)																										Yes	Yes	
Dried Oregano (10000421)																										Yes	Yes	
Fresh Herbs Parsley (54241)																										Yes	Yes	
Garlic Peeled (10068422)																										Yes	Yes	
Onions Red (10002596)																										Yes	Yes	
White Wine Vinegar (10002893)																Yes										Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes	
100Z* SPIRAL CUT ANGUS FILLET WITH CHIPS																Yes										No	No	
Samphire (10068447)																											Yes	Yes
Table Salt (54744)																											Yes	Yes
Beef Dripping (54419)																										No	No	
Premium Chip (10001031)																										Yes	Yes	
Chillies Red (54235)																										Yes	Yes	
Crushed Chillies (54721)																										Yes	Yes	
Dried Oregano (10000421)																										Yes	Yes	
Fresh Herbs Parsley (54241)																										Yes	Yes	
Garlic Peeled (10068422)																										Yes	Yes	
Onions Red (10002596)																										Yes	Yes	
White Wine Vinegar (10002893)																Yes										Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes	
BB Angus Fillet (10002144)																										No	No	
Garlic Peeled (10068422)																										Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes	
Fresh Herbs Parsley (54241)																										Yes	Yes	
STEAK SAMPLER WITH CHIPS NO SAUCE	Yes		Yes																							No	No	
BB Angus Fillet (10002144)																										No	No	
BB Angus Rump Heart (10002146)																										No	No	
BB Angus Sirloin (10002145)																										No	No	
Beer Battered Onion Rings (10001075)	Yes		Yes																							No	Yes	
Samphire (10068447)																										Yes	Yes	
Table Salt (54744)																										Yes	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes	
Beef Dripping (54419)																										No	No	
Premium Chip (10001031)																										Yes	Yes	

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
SHORT RIB						Yes						Yes				Yes									No	No	
Bone In Rib												Yes														No	No
Chillies Red (54235)																										Yes	Yes
Crushed Chillies (54721)																										Yes	Yes
Dried Oregano (10000421)																										Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
White Wine Vinegar (10002893)																Yes										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Salted Block Butter (10001077)						Yes																				No	Yes
Potato Mid (54227, 54255)																										Yes	Yes
Salted Block Butter (10001077)						Yes																				No	Yes
SWAP YOUR FRIES TO HOUSE SALAD												Yes				Yes										Yes	Yes
Avocado (10001861)																										Yes	Yes
French Dressing (53514)												Yes				Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
SWAP YOUR FRIES TO BEEF DRIPPING TRIPLE-COOKED CHUNKY CHIPS																										No	No
Beef Dripping (54419)																										No	No
Premium Chip (10001031)																										Yes	Yes
SWAP YOUR FRIES TO A JACKET POTATO						Yes																				No	Yes
Baking Potatoes (10000355)																										Yes	Yes
Fresh Herbs Thyme (54247)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Salted Block Butter (10001077)						Yes																				No	Yes
SWAP YOUR FRIES TO LOADED FRIES			Yes									Yes														No	No
Burnt Ends			Yes																							No	No
Signature B&B Sauce (10003284)												Yes														Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
SIDES																											
BEEF DRIPPING TRIPLE-COOKED CHUNKY CHIPS																										No	No
Beef Dripping (54419)																										No	No
Premium Chip (10001031)																										Yes	Yes
FRIES																										Yes	Yes
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
LOADED FRIES			Yes										Yes											No	No	
Burnt Ends			Yes																						No	No
Signature B&B Sauce (10003284)													Yes												Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
BEER BATTERED ONION RINGS	Yes		Yes																						No	Yes
Beer Battered Onion Rings (10001075)	Yes		Yes																						No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
TRUFFLE-FLAVOURED MAC + CHEESE	Yes						Yes																		No	Yes
Cheddar (54446)							Yes																		No	Yes
Mac & Cheese (10003296)	Yes						Yes																		No	Yes
Truffle Oil (10003650)																									Yes	Yes
BAKED POTATO							Yes																		No	Yes
Baking Potatoes (10000355)																									Yes	Yes
Fresh Herbs Thyme (54247)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
COAL-COOKED MINI GARLIC POTATOES							Yes																		No	Yes
Table Salt (54744)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Potato Mid (54227, 54255)							Yes																		Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
GARLIC MUSHROOMS							Yes																		No	Yes
Mushroom Cup (54218)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
GARLIC SPINACH																									Yes	Yes
Spinach (10001511)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Table Salt (54744)																									Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
HOUSE SALAD													Yes		Yes										Yes	Yes	
Avocado (10001861)																										Yes	Yes
French Dressing (53514)													Yes													Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
DESSERTS																											
MANGO KULFI																										No	Yes
ODK Mango Puree (900675, 10065956)																										Yes	Yes
Mango Kulfi													Yes													No	Yes
Limes (54604, 54603)																										No	Yes
CARAMELISED BANOFFEE CHEESECAKE																										No	Yes
Baked Cheesecake (10003082)																										No	Yes
Icing Sugar (43917)																										Yes	Yes
Caramel Sauce NEW (10003675)													Yes													No	Yes
Bananas (10002199)																										Yes	Yes
TRIPLE CHOCOLATE BROWNIE	Yes				Yes	Yes	Yes																			No	Yes
Chocolate Toffee Sauce (53916)					Yes	Yes	Yes																			No	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																			No	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																			No	Yes
ETON MESS SUNDAE								Yes	Yes																	No	Yes
Fruit Berry Mix (10003254)																										Yes	Yes
Meringue Nests (54613)								Yes																		No	Yes
UHT Whipping Cream (24097)									Yes																	No	Yes
Vanilla Dairy Ice Cream (10003957)									Yes																	No	Yes
Strawberries (54259)																										Yes	Yes
STICKY TOFFEE PUDDING	Yes						Yes	Yes																		No	Yes
Sticky Toffee Pudding (54179)	Yes						Yes	Yes																		No	Yes
Vanilla Dairy Ice Cream (10003957)								Yes																		No	Yes
CHOCOLATE CHURROS SUNDAE	Yes				Yes	Yes	Yes																			No	Yes
Chocolate Toffee Sauce (53916)					Yes	Yes	Yes																			No	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																			No	Yes
UHT Whipping Cream (24097)									Yes																	No	Yes
Vanilla Dairy Ice Cream (10003957)									Yes																	No	Yes
Churros (10004119)	Yes																									No	Yes
BELGIAN CHOCOLATE COOKIE DOUGH	Yes	Yes	Yes	Yes	Yes	Yes	Yes																			No	Yes
Chocolate Toffee Sauce (53916)							Yes																			No	Yes
Vanilla Dairy Ice Cream (10003957)																										No	Yes
Cookie Dough Puck (10003299)	Yes				Yes	Yes	Yes																			No	Yes
Lotus Crumb	Yes	Yes	Yes	Yes																						Yes	Yes
TRIO OF MINI DESSERTS	Yes				Yes	Yes	Yes																			No	Yes
Mini Lemon Drizzle Cake (10004003)	Yes						Yes	Yes	Yes																	No	Yes
Chocolate Toffee Sauce (53916)							Yes		Yes																	No	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																			No	Yes
Vanilla Dairy Ice Cream (10003957)									Yes																	No	Yes
Churros (10004119)	Yes																									No	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
TIRAMISU	Yes					Yes	Yes																	No	No	
Hot Chocolate Powder UCC (10003272)							Yes																		No	Yes
Tiramisu Sponge (10003967)	Yes					Yes																			No	Yes
Tiramisu Cream						Yes																			No	No
CHOCOLATE TORTE	Yes						Yes																		Yes	Yes
Vegan Chocolate Torte (10003126)	Yes																								Yes	Yes
Fruit Berry Mix (10003254)																									Yes	Yes
ADD VANILLA ICE CREAM						Yes																			No	Yes
Vanilla Dairy Ice Cream (10003957)						Yes																			No	Yes
ADD VANILLA VEGAN ICE CREAM																									Yes	Yes
Vegan Ice Cream (10002813)																									Yes	Yes
MINI PUD WITHOUT DRINK	Yes				Yes	Yes	Yes																		No	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																		No	Yes
AFFOGATO						Yes																			No	Yes
Vanilla Dairy Ice Cream (10003957)						Yes																			No	Yes
Grand Cafe RFA R&G Filter Coffee (10003147)						Yes																			Yes	Yes
VEGAN OPTION AVAILABLE																									Yes	Yes
Vegan Ice Cream (10002813)																									Yes	Yes
Grand Cafe RFA R&G Filter Coffee (10003147)																									Yes	Yes
CHEESEBOARD SINGLE & SHARER	Yes					Yes			Yes						Yes										No	Yes
Onion Confit (10003037)																									No	Yes
Celery (54234)										Yes															Yes	Yes
Cheddar (54446)						Yes																			No	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
Apples Green (54605)																									Yes	Yes
Cheese Selection (10003311)						Yes																			No	Yes
Crackers (10004089)	Yes																								Yes	Yes
LUNCH STARTERS																										
STICKY CHICKEN WINGS			Yes							Yes															No	No
Single Joint Chicken Wing (10004051)																									No	No
Signature BBQ Sauce (10003022)			Yes							Yes															Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
MAC + CHEESE BITES	Yes				Yes	Yes																			No	Yes
Mac & Cheese Bites (54719)	Yes				Yes	Yes																			No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
TOMATO BRUSCHETTA	Yes															Yes									Yes	Yes
Balsamic Glaze (10000189)															Yes										Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Fresh Herbs Basil (54237)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
Vegan Flatbread (10003953)	Yes																								Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Fresh Herbs Basil (54237)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
CHIMICHURRI FLATBREAD	Yes														Yes										Yes	Yes	
Chillies Red (54235)																										Yes	Yes
Crushed Chillies (54721)																										Yes	Yes
Dried Oregano (10000421)																										Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Onions Red (1002596)																										Yes	Yes
White Wine Vinegar (1002893)																	Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Vegan Flatbread (10003953)	Yes																									Yes	Yes
LUNCH MAINS																											
CLASSIC BEEF BURGER	Yes												Yes													No	No
Table Salt (54744)																										Yes	Yes
Burger Sauce 74 (10004097)													Yes													Yes	Yes
Burger Trim (10001694)																										No	No
Fat For Burger (10001695)																										No	No
Vegan Burger Bun New	Yes																									Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
ADD FRIES																											
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
ADD HOUSE SALAD																											
Cucumber Cat II (10003878)													Yes			Yes										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
Avocado (10001861)																										Yes	Yes
French Dressing (53514)													Yes			Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
DOUBLE UP YOUR PATTY																											
Burger Trim (10001694)																										No	No
Fat For Burger (10001695)																										No	No
ADD CHEDDAR CHEESE SLICE																											
Cheese Slices (51545)							Yes																			No	Yes
ADD DRY-CURED OAK-SMOKED STREAKY BACON																											
Streaky Bacon Smoked Dry Cured (10002410)							Yes																			No	No

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
PLANT-BASED BURGER	Yes				Yes								Yes												Yes	Yes	
Garden Gourmet Vegan Burger (10002832)	Yes				Yes																					Yes	Yes
Burger Sauce 74 (10004097)													Yes													Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
Vegan Burger Bun New	Yes																									Yes	Yes
ADD FRIES																										Yes	Yes
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
ADD HOUSE SALAD													Yes		Yes											Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
Avocado (10001861)																										Yes	Yes
French Dressing (53514)												Yes			Yes											Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
ADD VIOLIFE SLICE																										Yes	Yes
Vegan Sliced Cheese																										Yes	Yes
ADD THIS ISN'T BACON					Yes																					Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Vegan Bacon (10003277)					Yes																					Yes	Yes
STEAK SANDWICH	Yes				Yes	Yes																				No	No
BB Angus Rump Heart (10002146)																										No	No
Lemon Garlic Mayo (10004009)						Yes																				No	Yes
Rocket Leaf (54258)																										Yes	Yes
Cheese Slices (51545)																										No	Yes
Vegan Flatbread (10003953)	Yes						Yes																			Yes	Yes
Tomato M (54216)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
ADD FRIES																										Yes	Yes
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
ADD HOUSE SALAD													Yes		Yes											Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
Avocado (10001861)																										Yes	Yes
French Dressing (53514)												Yes			Yes											Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
OPEN CLUB SANDWICH	Yes					Yes							Yes												No	No	
Mayonnaise Light (54568)						Yes							Yes													No	Yes
Streaky Bacon Smoked Dry Cured (10002410)																										No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Raw Chicken Fillet (10004054)																										No	No
Cage Free Med Barn Eggs (10001067)						Yes																				No	Yes
Vegan Flatbread (10003953)	Yes																									Yes	Yes
Avocado (10001861)																										Yes	Yes
Chillies Red (54235)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
White Wine Vinegar (10002893)																Yes										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
ADD FRIES																										Yes	Yes
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
ADD HOUSE SALAD													Yes		Yes											Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
Avocado (10001861)																										Yes	Yes
French Dressing (53514)													Yes		Yes											Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
STEAK + FRITES						Yes																				No	No
BB Angus Rump Heart (10002146)																										No	No
Table Salt (54744)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Salted Block Butter (10001077)						Yes																				No	Yes
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
SWAP FRIES FOR HOUSE SALAD													Yes		Yes											Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
Avocado (10001861)																										Yes	Yes
French Dressing (53514)													Yes		Yes											Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
BAR + BLOCK HOUSE SALAD													Yes			Yes									Yes	Yes	
Avocado (10001861)																										Yes	Yes
French Dressing (53514)													Yes			Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
ADD AN 4OZ* SIRLOIN																										No	No
BB Angus Sirloin (10002145)																										No	No
Table Salt (54744)																										Yes	Yes
ADD A CHICKEN BREAST																										No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Raw Chicken Fillet (10004054)																										No	No
LUNCH DESSERTS																											
TRIPLE CHOCOLATE BROWNIE	Yes				Yes	Yes	Yes																			No	Yes
Chocolate Toffee Sauce (53916)					Yes		Yes																			No	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																			No	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																			No	Yes
CHOCOLATE TORTE	Yes																									Yes	Yes
Vegan Chocolate Torte (10003126)	Yes																									Yes	Yes
Fruit Berry Mix (10003254)																										Yes	Yes
ADD VANILLA DAIRY ICE CREAM							Yes																			No	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																			No	Yes
ADD VANILLA VEGAN ICE CREAM																										Yes	Yes
Vegan Ice Cream (10002813)																										Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
AFFOGATO																										
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
Grand Cafe RFA R&G Filter Coffee (10003147)							Yes																		No	Yes
VEGAN OPTION AVAILABLE																										
Vegan Ice Cream (10002813)																									Yes	Yes
Grand Cafe RFA R&G Filter Coffee (10003147)																									Yes	Yes
ETON MESS SUNDAE																										
Fruit Berry Mix (10003254)						Yes	Yes																		No	Yes
Meringue Nests (54613)						Yes																			Yes	Yes
UHT Whipping Cream (24097)							Yes																		No	Yes
Vanilla Dairy Ice Cream (10003957)							Yes																		No	Yes
Strawberries (54259)																									Yes	Yes
SUNDAY ROAST MENU																										
ROAST BEEF SIRLOIN ALL SIZES																										
Rustic Yorkshire 3 Inch Gastro (10000053)	Yes					Yes	Yes				Yes					Yes									No	No
Rapeseed Oil 100 Abv 2X10L (10002276)	Yes					Yes	Yes																		No	Yes
Carrots Medium (54609)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Honey Glazed Parsnips (10003226)																									No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Beef Dripping (54419)																									No	No
Garlic Peeled (10068422)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Tender Stem Broccoli (10003634)																									Yes	Yes
BB Angus Sirloin (10002145)																									No	No
Table Salt (54744)																									Yes	Yes
Gravy (10002919)											Yes														No	No
Salted Block Butter (10001077)							Yes																		No	Yes
VINA ARROBA TEMPRANILLO RED (10003308)																									No	No
ADD AN EXTRA SLICE OF BEEF																									No	No
BB Angus Sirloin (10002145)																									No	No
Table Salt (54744)																									Yes	Yes
ROAST CHICKEN ALL SIZES																										
Roasted Half Chicken (10003102)	Yes					Yes	Yes				Yes					Yes									No	No
Rustic Yorkshire 3 Inch Gastro (10000053)	Yes					Yes	Yes																		No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Honey Glazed Parsnips (10003226)																									No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Beef Dripping (54419)																									No	No
Garlic Peeled (10068422)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Tender Stem Broccoli (10003634)																									Yes	Yes
Gravy (10002919)											Yes														No	No
Salted Block Butter (10001077)							Yes																		No	Yes
VINA ARROBA TEMPRANILLO RED (10003308)																									No	No

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
ROAST LAMB RUMP ALL SIZES	Yes					Yes	Yes					Yes			Yes										No	No	
Lamb Rump (10001883)																										No	No
Rustic Yorkshire 3 Inch Gastro (10000053)	Yes					Yes	Yes																			No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Carrots Medium (54609)																										Yes	Yes
Salted Block Butter (10001077)							Yes																			No	Yes
Honey Glazed Parsnips (10003226)																										No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Beef Dripping (54419)																										No	No
Garlic Peeled (10068422)																										Yes	Yes
Potatoes Roast Cut (10003725)																										Yes	Yes
Peas Grade A (53692)																										Yes	Yes
Tender Stem Broccoli (10003634)												Yes														Yes	Yes
Gravy (10002919)											Yes															No	No
Salted Block Butter (10001077)							Yes																			No	Yes
VINA ARROBA TEMPRANILLO RED (10003308)															Yes											No	No
ADD AN EXTRA SLICE OF LAMB																										No	No
Lamb Rump (10001883)																										No	No
Table Salt (54744)																										Yes	Yes
ULTIMATE ROAST	Yes					Yes	Yes					Yes			Yes											No	No
Lamb Rump (10001883)																										No	No
Roasted Half Chicken (10003102)																										No	No
Rustic Yorkshire 3 Inch Gastro (10000053)	Yes					Yes	Yes																			No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Carrots Medium (54609)																										Yes	Yes
Salted Block Butter (10001077)							Yes																			No	Yes
Honey Glazed Parsnips (10003226)																										No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Beef Dripping (54419)																										No	No
Garlic Peeled (10068422)																										Yes	Yes
Potatoes Roast Cut (10003725)																										Yes	Yes
Peas Grade A (53692)																										Yes	Yes
Tender Stem Broccoli (10003634)																										Yes	Yes
BB Angus Sirloin (10002145)																										No	No
Table Salt (54744)																										Yes	Yes
Gravy (10002919)											Yes															No	No
Salted Block Butter (10001077)							Yes																			No	Yes
VINA ARROBA TEMPRANILLO RED (10003308)															Yes											No	No
ADD AN EXTRA SLICE OF BEEF AND LAMB																										No	No
Lamb Rump (10001883)																										No	No
Table Salt (54744)																										Yes	Yes
BB Angus Sirloin (10002145)																										No	No
Table Salt (54744)																										Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SUNDAY MENU SIDES																										
PIGS IN BLANKETS	Yes															Yes									No	No
PI Breakfast Pork Sausage (10001400)	Yes															Yes									No	No
Streaky Bacon Smoked Dry Cured (10002410)																Yes									No	No
TRUFFLE-FLAVOURED CAULIFLOWER CHEESE																										
Truffle Oil (10003650)							Yes																		No	Yes
Cauliflower Cheese (10004210)							Yes																		No	Yes
Cheddar (54446)							Yes																		No	Yes
UHT Whipping Cream (24097)							Yes																		No	Yes
GARLIC SPINACH																										
Spinach (10001511)																									Yes	Yes
Extra Virgin Olive Oil (54377)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
TRUFFLE-FLAVOURED MAC + CHEESE																										
Cheddar (54446)	Yes						Yes																		No	Yes
Mac & Cheese (10003296)	Yes						Yes																		No	Yes
Truffle Oil (10003650)							Yes																		Yes	Yes
SUNDAY MENU CHILDREN'S																										
ROAST CHICKEN																										
Rustic Yorkshire 3 Inch Gastro (10000053)	Yes					Yes	Yes					Yes													No	No
Raw Chicken Fillet (10004054)	Yes					Yes	Yes																		No	Yes
Carrots Medium (54609)																									Yes	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Gravy (10002919)												Yes													No	No
Honey Glazed Parsnips (10003226)																									No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Beef Dripping (54419)																									No	No
Fresh Herbs Thyme (54247)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Tender Stem Broccoli (10003634)																									Yes	Yes
ROAST BEEF																										
Rustic Yorkshire 3 Inch Gastro (10000053)	Yes					Yes	Yes					Yes													No	No
Carrots Medium (54609)	Yes					Yes	Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		Yes	Yes
Gravy (10002919)												Yes													No	Yes
Honey Glazed Parsnips (10003226)																									No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Beef Dripping (54419)																									No	No
Fresh Herbs Thyme (54247)																									Yes	Yes
Garlic Peeled (10068422)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Tender Stem Broccoli (10003634)																									Yes	Yes
BB Angus Sirloin (10002145)																									No	No
Table Salt (54744)																									Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
KIDS MENU																											
KIDS STARTERS																											
VEGGIE STICKS + DIP							Yes																		No	Yes	
Extra Virgin Olive Oil (54377)																										Yes	Yes
Fresh Herbs Mint (54242)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Greek Yoghurt (53510)							Yes																			No	Yes
Lemons (54602, 54722)																										No	Yes
Mint Sauce (51730)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Onions Spring Bunch (54250)																										Yes	Yes
Carrots Medium (54609)																										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Pepper Red (54226, 10000329)																										Yes	Yes
KIDS MAINS																											
GRILLED CHICKEN + FLATBREAD	Yes						Yes																			No	No
Raw Chicken Fillet (10004054)																										No	No
Vegan Flatbread (10003953)	Yes																									Yes	Yes
Extra Virgin Olive Oil (54377)																										Yes	Yes
Fresh Herbs Mint (54242)																										Yes	Yes
Garlic Peeled (10068422)																										Yes	Yes
Greek Yoghurt (53510)							Yes																			No	Yes
Lemons (54602, 54722)																										No	Yes
Mint Sauce (51730)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Onions Spring Bunch (54250)																										Yes	Yes
MINI STEAK + FRITES																										No	No
BB Angus Rump Heart (10002146)																										No	No
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
TEN-VEG TOMATO PASTA	Yes											Yes														Yes	Yes
Tomato Pasta Kids (10001986)	Yes											Yes														Yes	Yes
Vegan Flatbread (10003953)	Yes																									Yes	Yes
MINI FISH + CHIPS	Yes					Yes	Yes						Yes													No	No
Tartare Sauce (10002833)						Yes							Yes													No	Yes
Batter Mix (51665)	Yes																									Yes	Yes
Plain Flour (52330)	Yes																									Yes	Yes
Pollock Fillets MSC (53550)							Yes																			No	No
Stealth Fries (52190)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Lemons (54602, 54722)																										No	Yes
SPAGHETTI BOLOGNESE	Yes																									No	No
Spaghetti Bolognese (10002485)	Yes																									No	No
Vegan Flatbread (10003953)	Yes																									Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
BEEF BURGER WITH FRIES	Yes					Yes																		No	No	
Burger Buns Kids (54107)	Yes					Yes																			No	Yes
Lettuce Cos (54222)																									Yes	Yes
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Burger Trim (10001694)																									No	No
Fat For Burger (10001695)																									No	No
Tomato M (54216)																									Yes	Yes
CHICKEN BREAST WITH FRIES																									No	No
Stealth Fries (52190)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Raw Chicken Fillet (10004054)																									No	No
KIDS DESSERTS																										
FRUIT SALAD																									Yes	Yes
Del Monte Fresh Fruit (52205)																									Yes	Yes
Strawberries (54259)																									Yes	Yes
ICE CREAM					Yes	Yes																			No	Yes
Chocolate Toffee Sauce (53916)					Yes	Yes																			No	Yes
Reduced Sugar Ice Cream Kids (10002011)					Yes	Yes																			No	Yes
PANCAKES WITH FRUIT	Yes				Yes	Yes																			No	Yes
Bananas (10002199)																									Yes	Yes
Fruit Berry Mix (10003254)																									Yes	Yes
Reduced Sugar Pancake (10000656)	Yes				Yes	Yes																			No	Yes
Strawberries (54259)					Yes	Yes																			Yes	Yes
KIDS SIDES																										
2 MINI CORN ON THE COBS																									Yes	Yes
Corn On Cob Bites (10002478)																									Yes	Yes
BAKED BEANS																									Yes	Yes
Baked Beans In Tomato Sauce (10001944)																									Yes	Yes
PEAS																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
VEGGIE STICKS																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Cucumber Cat II (10003878)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
HOUSE SALAD										Yes				Yes											Yes	Yes
Cucumber Cat II (10003878)										Yes				Yes											Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
Avocado (10001861)																									Yes	Yes
French Dressing (53514)										Yes				Yes											Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
Sweetcorn (10004024)																									Yes	Yes