

We are passionate about sourcing and serving up carefully selected steaks reared from British + Irish Angus breeds.

## SMALL PLATES MADE FOR SHARING

4 FOR 21 OR 3 FOR 16

◆ **Beef Burnt Ends 6.5**  
Drizzled with our homemade chimichurri (431kcal)

**Chimichurri Flatbread (ve) 6**  
Brushed with our homemade chimichurri (467kcal)

**Mac + Cheese Bites (v) 6**  
Macaroni blended with oozing cheese, breaded and deep-fried for a golden finish (413kcal)

**Asian Crispy Beef 6.5**  
Tossed in hoisin, cucumber, spring onions, chilli and coriander (596kcal)

◆ **Canadian King Scallops\*\* 7.5**  
Cooked over charcoal with plenty of garlic butter, served in a scallop shell (253kcal)

◆ **Garlic King Prawns\*\* 7.5**  
Cooked over charcoal with plenty of garlic butter, served with stonebaked flatbread (421kcal)

**Salt + Pepper Squid - 7.5**  
With fresh chilli and parsley, served with garlic mayo (500kcal)

**Halloumi Fries (v) 6**  
Hand-cut and coated in a light crispy crumb (429kcal)

**Tomato Bruschetta (ve) 5.5**  
Freshly cut cherry tomatoes, red onion and basil, served on garlic-rubbed, stonebaked flatbread (201kcal)

◆ **Sticky Chicken Wings^ 7**  
Charcoal-cooked wings tossed in BBQ sauce and fresh parsley (360kcal)

**Butter Chicken Wings 7**  
Charcoal-cooked wings tossed in a traditional butter sauce and fresh coriander (589kcal)

**Crispy Onion Bhaji (v) 6**  
Handmade, served with our cucumber, mint and yoghurt raita (178kcal)

## LOVE OUR **BLOCK** STEAK SAUCE?

Expertly created by our chefs to complement your steak. Richly spiced, using a blend of herbs and spices with a sweet fruity note.  
Enjoy a bottle at home for only 3.00



Scan the QR code to see our Non-Gluten-Containing Ingredients menu

## HAND-CUT STEAKS

MATURED FOR 30 DAYS FOR THE BEST FLAVOUR AND TEXTURE, ALL SERVED WITH SAMPHIRE AND YOUR CHOICE OF HOUSE SALAD (115KCAL) OR BEEF DRIPPING TRIPLE-COOKED CHUNKY CHIPS (400KCAL)

### RAISE THE STEAKS + ENJOY

Did you know we can cut steak to any size for you?  
Ask for a larger size and we will do the rest

### 1 CHOOSE YOUR CUT

**Fillet 12oz\*/8oz\* 37 / 29**  
The most lean and tender of all the steaks (509/341kcal)  
Recommended medium rare

**Ribeye 14oz\*/10oz\* 34.5 / 27.5**  
Marbling gives this great steak a soft texture and rich flavour (701/503kcal)  
Recommended medium

**Sirloin 12oz\*/8oz\* 30.5 / 23.5**  
Succulent and tender with delicate flavour (529/355kcal)  
Recommended medium

**Rump 12oz\*/8oz\* 25 / 19**  
A prime cut from the rump heart, full of flavour with a firm texture (460/309kcal)  
Recommended medium rare

**16oz\* Chateaubriand for Two 60**  
A prized cut from the end of the fillet, lean and tender with sublime flavour. Served with Tenderstem® broccoli, garlic spinach, buttered garlic mushrooms, two portions of our beef dripping triple-cooked chunky chips, samphire and a side of peppercorn sauce (Serves 2, 1,742kcal whole dish, 871kcal per serve)  
Recommended medium rare

**Steak Sampler 30**  
Discover three steaks: 4oz\* fillet, 4oz\* rump and 4oz\* sirloin. Served with beer-battered onion rings\*, beef dripping triple-cooked chunky chips, samphire and your choice of steak sauce (1,178kcal without steak sauce)  
Recommended medium rare

### 2 SURF YOUR TURF

**Add Garlic King Prawns\*\* (152kcal) 6**

**Add Garlic Canadian Scallops\*\* (128kcal) 6**

**Or top with both\*\* (280kcal) 10**

### 3 ADD YOUR SAUCE

**Block Steak Sauce (ve) 2**  
Expertly created by our chefs to complement your steak. Richly spiced, using a blend of herbs and spices with a sweet fruity note (86kcal)

**Peppercorn (30kcal) 2**

**Chimichurri (ve) (187kcal) 2**

**Mushroom + Red Wine^ (16kcal) 2**

## SPECIALITY CUTS FINELY CRAFTED + FULL OF FLAVOUR

**10oz\* Spiral Cut Angus Fillet 35.5**  
Spiral cut by our trained chefs, marinated for 24 hours in garlic and parsley for extra tenderness and flavour. Served with beef dripping triple-cooked chunky chips, our homemade chimichurri and samphire (1,068kcal)  
Recommended medium rare

**14oz\* Spiral Cut Angus Ribeye 37**  
Spiral cut by our trained chefs, marinated for 24 hours in chimichurri for extra tenderness and flavour. Served with beef dripping triple-cooked chunky chips, our homemade chimichurri and samphire (1,475kcal)  
Recommended medium

### 4 ADD MORE SIDES

**Beef Dripping Triple-Cooked Chunky Chips (400kcal) 4.5**

**Fries (ve) (256kcal) 4**

**Loaded Fries 5.5**  
Topped with our mouth-watering beef burnt ends and Block steak sauce (404kcal)

◆ **Baked Potato (v) (227kcal) 4**

◆ **Coal-Cooked Mini Garlic Potatoes (v) (233kcal) 4**

**Beer-Battered Onion Rings^ (v) (552kcal) 4**

**Truffle-Flavoured Mac + Cheese (v) (536kcal) 4.5**

**Garlic Mushrooms (v) (119kcal) 4**

**Garlic Spinach (ve) (43kcal) 4**

**House Salad (ve) (115kcal) 3.5**

◆ **Short Rib^ 26**  
Slow-cooked Angus beef rib, finished over charcoal and glazed with its cooking juices. Served with our homemade chimichurri and coal-cooked mini garlic potatoes (1,250kcal)

**+ Upgrade any of our Speciality Cuts to Loaded Fries 1.00 (404kcal)**



# DISCOVER OUR KOPA OVEN

Kopa oven cooking creates full-flavour and great taste for many of our dishes. We use smouldering charcoal to sear our meat, keep our cuts juicy and made to your liking. The purest form of cooking for the ultimate Bar + Block flavour and experience..

## GRILLS

**🔥 Tandoori Lamb Chop 21**  
Marinated for 24 hours. Served with coal-cooked mini garlic potatoes, our cucumber, mint and yoghurt raita, a fresh tomato, onion and coriander salad (994kcal)

**🔥 Butcher's Bangers Block 15.5**  
Our trio of British bangers: mini beef and mustard chubbies, pork Cheddar and smoked bacon swirls, and a premium pork sausage. Served with fries, our homemade apple chimichurri, bacon relish, and our Block steak sauce (1,180kcal)

**🔥 Chicken Souvlaki 18.5**  
Marinated chicken, skewered with red pepper and onions. Served with a tomato, red onion, cucumber and feta salad, stonebaked flatbread, and our fresh tzatziki (970kcal)

**Plant-Based Koftas (ve) 17.5**  
GARDEN GOURMET® Sensational™ koftas, handmade with red peppers and onions. Served with stonebaked flatbread, tomato, red onion and cucumber salad, with a side of harissa and red pepper sauce (819kcal)

**🔥 Chimichurri Mixed Vegetables (ve) 12**  
Charcoal-cooked red peppers, sliced flat mushroom, Tenderstem® broccoli and grilled tomato, with mini crispy potatoes and charred corn. Finished with a drizzle of our homemade chimichurri and a side of harissa and red pepper sauce (737kcal)

- + 4oz\* Sirloin 4.00 (175kcal)
- + Salmon Fillet\*\* 6.00 (325kcal)
- + Chicken Breast 5.00 (155kcal)

## BURGERS

We hand-grind and prepare our beef burgers every day. Our burgers come in a brioche-style bun with lettuce, tomato and fried red onion, with fries on the side, unless stated otherwise. If you'd like your burger without the bun, let us know and we will swap it for our house salad (-62kcal)

**The Mighty Block Burger 17**  
Our 6oz\* beef patty topped with oozy mature Cheddar cheese sauce, crispy onions, beef burnt ends, pickled cucumber and burger sauce (1,180kcal)

**Classic Cheeseburger 14**  
Our 6oz\* beef patty topped with a cheese slice and burger sauce (1,112kcal)

**Short Rib Brisket Burger 18**  
Slow-cooked Angus beef rib with crispy onions, our signature Block mayo and homemade chimichurri (1,140kcal)

**🔥 Red Pepper + Harissa Chicken Burger 16**  
Marinated chicken breast with feta, roasted red onions and fresh rocket (781kcal)

**Plant-Based Cheeseburger (ve) 14**  
GARDEN GOURMET® Sensational™ patty with a Violife slice and burger sauce (849kcal)

- + 6oz\* Beef Burger Patty 3.00 (461kcal)
- + Dry-Cured Oak-Smoked Streaky Bacon 1.00 (63kcal)
- + THIS\* Isn't Bacon (ve) 1.00 (62kcal)

## FISH + SALADS

**🔥 Chargrilled Harissa Salmon\*\* 20**  
Harissa and red pepper marinated salmon fillet served with charcoal-cooked veg, mixed grains and our fresh tzatziki (652kcal)

**🔥 The Fish Block\*\* 22**  
A Canadian scallop and a jumbo king prawn in a scallop shell with two seabass fillets cooked over charcoal. Served with fries, garlic mayo, samphire and finished with a drizzle of garlic butter (1,072kcal)

**Bar + Block House Salad (ve) 11**  
Our house salad of sweetcorn, freshly sliced avocado, cherry tomatoes, red onion and cucumber, tossed with crisp cos lettuce and drizzled with French dressing (229kcal)

- + 4oz\* Sirloin 4.00 (175kcal)
- + Salmon Fillet\*\* 6.00 (325kcal)
- + Chicken Breast 5.00 (155kcal)

## SIDES

**Beef Dripping Triple-Cooked Chunky Chips (400kcal) 4.5**

**Fries (ve) (256kcal) 4**

**Loaded Fries 5.5**  
Topped with our mouth-watering beef burnt ends and Block steak sauce (404kcal)

**🔥 Baked Potato (v) (227kcal) 4**

**🔥 Coal-Cooked Mini Garlic Potatoes (v) (233kcal) 4**

**Beer-Battered Onion Rings^ (v) (552kcal) 4**

**Truffle-Flavoured Mac + Cheese (v) (536kcal) 4.5**

**Garlic Mushrooms (v) (119kcal) 4**

**Garlic Spinach (ve) (43kcal) 4**

**House Salad (ve) (115kcal) 3.5**

## DESSERTS

**Mango Kulfi (v) 6.5**  
An indulgent creamy Indian-style ice cream, with mango coulis and topped with lime zest (418kcal)

**🔥 Caramelised Banoffee Cheesecake (v) 7.5**  
Vanilla cheesecake topped with caramelised banana from our Kopa oven and drizzled with caramel sauce (600kcal)

**Triple Chocolate Brownie (v) 6.5**  
Served with vanilla ice cream and chocolate toffee sauce (646kcal)

**Eton Mess Sundae^ (v) 6.5**  
Meringue layered with vanilla ice cream, mixed berries and whipped cream (394kcal)

**Sticky Toffee Pudding (v) 6.5**  
Served with vanilla ice cream (720kcal)

**Chocolate Churros Sundae (v) 7**  
Vanilla ice cream with warm triple chocolate brownie and chocolate toffee sauce. Topped with cream and warm cinnamon sugar churros (804kcal)

**🔥 Belgian Chocolate Cookie Dough (v) 7.5**  
Freshly baked in our Kopa oven, with vanilla ice cream, speculoos crumb and drizzled with chocolate toffee sauce (784kcal)

**Trio of Mini Desserts (v) 7**  
Warm triple chocolate brownie, lemon drizzle cake and warm cinnamon sugar churros. Served with vanilla ice cream (680kcal)

**Tiramisu^ 6.5**  
Our boozy tiramisu layered with coffee and brandy-soaked sponge, with a light mascarpone cream (452kcal)

**Chocolate Torte^ (ve) 6.5**  
Decadent chocolate mousse on a chocolate sponge base, topped with freeze-dried raspberries. Served with mixed berries (264kcal)

- + Vanilla Ice Cream (v) 1.00 (67kcal)
- + Vanilla Vegan Ice Cream (ve) 1.00 (79kcal)

**Affogato (v) 4.5**  
Vanilla ice cream served with a freshly ground shot of espresso to pour over (106kcal)  
Vegan option available (ve) (117kcal)

**Mini Pud + Hot Drink (v) 6**  
Mini warm triple chocolate brownie with your choice of hot drink (261kcal without hot drink)

- + Upgrade your hot drink to a cocktail for 4.00
- Choose from: Orange + Maple Whiskey Sour 1.7 units, Choc-a-Block 1.4 units and The Bakewell 1.7 units

**Cheeseboard (v) Single 8 / Sharer 15**  
A selection of five delicious British cheeses. Served with crackers, onion confit, crisp celery and apple. Single (885kcal) / Sharer (1,747kcal) serves 2

## UPGRADE YOUR FRIES

**Beef Dripping Triple-Cooked Chunky Chips +0.50 (400kcal)**

**Baked Potato (v) (227kcal)**

**Loaded Fries + 1.50 (404kcal)**

## WHAT'S ON THE BLOCK

### STEAK SHARING EXPERIENCE

TWO SPECIALTY CUTS OR A CHATEAUBRIAND AND A BOTTLE OF JIM BARRY 'COVER DRIVE' CABERNET SAUVIGNON FOR 90

### 2 FOR 1\$ COCKTAILS

SHAKEN + STIRRED FROM 4-8PM EVERY DAY

### BOTTOMLESS LUNCH

2 COURSES + 2 HOURS OF UNLIMITED PROSECCO OR BEER 36 UPGRADE TO COCKTAILS 5 FROM 12-5PM EVERY DAY

### CHEESE + WINE SHARING EXPERIENCE

CHEESEBOARD + 2 GLASSES OF WINE FOR 25 OR UPGRADE TO THE BOTTLE FOR 35  
Choose from - Mesta Organic Garnacha Uclés or Mesta Organic Verdejo Uclés

be [drinkaware.co.uk](http://drinkaware.co.uk)

Adults need around 2,000 kcal a day

Don't worry, we know there are allergens in our food that we need to tell you about so please let your server know if you have a specific allergy or would like more information about our dishes. The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information. All prices include VAT. © Reg. Trademark used in agreement with the Trademark owner. "v" = suitable for vegetarians, "ve" = suitable for vegans. Our vegan dishes are made to a vegan recipe but we cannot guarantee that they are suitable for those with MILK or EGG allergies. \*Approximate weight uncooked. \*\*May contain bones or shell pieces. ≈ Contains tentacles and rings. \*May contain small traces of alcohol. \*May contain fruit stones. Fish, meat and poultry dishes may contain bones. † Not hand-cut. Dishes do not list every ingredient, please ask for more information. GARDEN GOURMET® - Reg. Trademark used in agreement with the Trademark owner. Enjoy our complimentary beef-seasoned popcorn (117kcal) while browsing through the menu. \*Two for one cocktails. Alcohol served to over 18s only. Proof of age may be required when asked. 2-4-1 cocktails are valid on two of the same cocktail 4pm-8pm every day. This offer is not valid on mocktails, virgin cocktails, softs, beers, wines, spirit mixers, shots and bombs. Management reserves the right to withdraw/change offers (without notice), at any time.